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### Blackwell Job Corps holds May Commencement Ceremony May 30th Three Northwood's Residents among the guests of honor.

The Blackwell Job Corps Center held graduation late last month; among the graduates, three that call Crandon, Rhinelander, and Summit Lake home. Matthew Stahl, Joshua Cady, and Charles Johnson successfully completed all program requirements and are now pursuing career opportunities in their respective fields.



Matthew Stahl completed the Masonry Technical Training Program and earned his HSED. Matt served in multiple Leadership positions to include Dorm Coordinator and Masonry trade Leader. Matt's Instructor Jim Bolenbaugh states, "It was amazing to watch him grow and mature into such a nice young man."

Joshua Cady completed the Electrical Technical Training Program and received multiple Student of the Week awards. Josh earned his high school diploma in 2008. Josh's Instructor, John Houts, states, "Josh is a great example and worked hard to finish his training achievement record." Josh returned home to Rhinelander.





Charles Johnson completed the Welding Technical Training Program and earned his HSED. Chuck served in multiple Leadership positions to include Dorm President and Dorm Coordinator. Chuck's Instructor, Terry Weber, states, "Chuck is a very good student, he took the initiative to help others, he did a great job, and I wish I had a lot more like him." Chuck hails from Summit Lake.

Guest Speaker, Owen Martin, Deputy Forest Supervisor on the Chequamegon-Nicolet, imparted words of wisdom. Mr. Martin encouraged students, "To be the best that you can, be your own safety officer, and enjoy life." Lorie Almazan, Guidance Counselor, and MC for the event had this to say, "The students have faced many challenges, made personal sacrifices, and worked very hard to experience this level of success. I look forward to seeing what the future holds for our graduates."

**Continued on page 19** 

# Artist establishes studio at Marilyn's Greenhouse-Lakewood



Artist Sheri Jo Posselt has set up a studio at Marilyn's Greenhouse on County F, in Lakewood. From the Fox Valley area, "Jo" and her husband Tom relocated to Lakewood in 2010.

She has recently been working on a 28-foot mural at the greenhouse for Lamer's Dairy in Appleton, which celebrates Lamer's 100 years in the dairy business. There will be a celebration at the dairy on June 13, 14, and 15, where she will put the finishing touches on the art work.

Sheri Jo also teaches painting classes for Northeast Technical College. She has been using Marilyn's Greenhouse for quite some time, and will continue to use the greenhouse for a studio, with art work for sale. The studio name is Sincere Harmony, a name she has used since 1997. She is open to take commissions for people, including portraits, homes and cottages, children or anything the customer would like to see painted. She uses a variety of mediums, and you can reach her at 920-379-0345 or 920-582-7659.

You can read this paper online at:
PioneerExpressCrandon.com

# Bicycling Awareness Event on June 22nd in Crandon

Do you ride a bike? Do your kids ride a bike? If the answer is yes, it might be in the best interest of your kids and yourself to attend the Bicycling Awareness Event in Crandon, at Cardinal Park, on June 22nd. The program lasts from 11:00 a.m. until 2:00 p.m.

Wabeno's Justin Piontek, a professional mountain bike racer will be there sharing his knowledge, you can test ride a variety of bikes, get safety tips, gather some bike trails info and learn about the health benefits of biking.

The event is sponsored by Forest County CAN, Ministry Medical Group, Crandon Mayor Rob Jaeger, and the Title Town Flyers.



### Forest County Chamber of Commerce to host 3rd Annual Shank Open Golf Outing

Crandon, WI (June 11, 2013)- The Forest County Chamber of Commerce is gearing up for their 3rd Annual "Shank Open" Golf Outing fundraiser scheduled for Friday, June 21 at Nicolet Country Club in Laona.

Get your foursome together! For only \$79.00 per person. Golfers will enjoy 18 holes of golf with cart, a continental breakfast, lunch and dinner, raffle prizes, hole prizes, and a hole-in-one event where you'll have a shot at a brand new vehicle. This is a great opportunity to get out and network with other members of the community and support the Chamber. Registration forms can be picked up at The Chamber Office located at 116 South Lake Avenue in Crandon.

If you are interested in sponsoring a hole, providing something for the goody bags, or donating a prize for the raffle, please contact the Chamber office at 715.478.3450 or by email at info@visitforestcounty.com.

### Armstrong Creek to celebrate its 23rd annual Polish Heritage Days July 12 & 13

Starting off the weekend, Friday July 12th, you can enjoy dancing to the sounds of The New Generation Polka Band of Pulaski WI from 7:00 p.m. to 11:00 p.m.. The crowning of Miss Armstrong Creek will be at 9:00 p.m., with the raffle drawing to follow. Polish food and beverages will be served. Friday night dance admission is \$3.00 with 10 and under free.

Saturday July 13th is the highlight to the weekend. The day starts at 11:00 a.m. with an authentic Polish Mass at the St Stanislaus Kostka Catholic Church. Visitors will see ornate polish costumes and hear beautiful polish hymns while attending the mass. After the mass, a parade proceeds from the church to the town park where one can enjoy an afternoon of fun.

Continued on page 21

# 2013 Nicolet College graduates from Forest County listed

Numerous individuals from Forest County graduated from Nicolet College this spring with an associate degree, diploma or certificate. The graduates, where they are from, and their field of study include:

Victoria Bocek - Practical Nursing, Technical Diploma; Stephanie Statezny - Associate of Arts, Associate Degree; Carmen Strong - Business Management, Associate Degree;

<u>Argonne</u> - Brooke Strong - Culinary Arts, Associate Degree <u>Crandon</u>

Andrea Anderson - Medical Assistant, Technical Diploma; Carissa Bailey - Medical Assistant, Technical Diploma; Lucas Boss - Automotive Maintenance Technician, Technical Diploma; Danielle Carlson - Early Childhood Education, Associate Degree; Craig Collins - Small Business Accounting, Technical Certificate; Katie Connor - Nursing Assistant, Technical Diploma; Cole Johnson -

Continued on page 5



This moose was photographed recently on Hwy 8 between Monico & Rhinelander by Jaclyn Jezeski

# Roller Drama to Present Original Film in Wabeno

Wabeno High School Drama's 2012-13 original film, Until the Stars All Fall from the Sky, will have its world premiere on Monday, June 17th at 7:00 p.m. in the Wabeno High School Auditorium. Admission will be \$3.00 per adult and \$2.00 per student or child. DVD's autographed by the cast will be available for \$2.00 while supplies last. The screenplay for Until the Stars All Fall from the Sky is adapted from the stage play for which WHS Drama received the Critic's Choice award at the 2007 Wisconsin High School Theatre Festival.

Until the Stars... is a comic adventure story for children and adults alike. The film's narrative is framed as a father telling his skeptical daughter the tale as a bedtime story. "That part will remind parents of a well-loved fairy tale movie from the 1980's," says director Nick Lowery. As the child listens to the story, the audience gets a glimpse into seven-year-old Esmeralda's imagination and sees a whole new world. "This is where things get really different from anything we've done on film before," Lowery says. Roller Drama used a very unique process in creating this film. First the characters' voices were digitally recorded.

film. First, the characters' voices were digitally recorded. Later different actors portrayed the characters' movements. The movie is live action but looks similar to a cartoon. The characters wear colorful masks and the scenes were all filmed in front of a green screen and then digital art created by WHS senior Alyssa Mangold was put in as a background. "It gets kind of crazy," comments Lowery. "We're telling a simple comic fairytale about love, faith and family, but the story frame, the green screening, costumes and masks lead to something that feels like a mash-up of The Princess Bride, Blue's Clues and kabuki theatre."

The cast and crew were led by seniors Stacy Roy, Alyssa Mangold and Brandon Oberleitner. Other WHS Drama performers were Christy Mattern, Samantha Exferd, Desiree Marie Meyer, Samantha Lake, Suzannah Diamond, Ian McKenna, Teagen Bodoh, Kaitlyn Ashbeck, Tanesha Burba and Nick J. Lowery. Guest performers were Mike Dailey and Pfeiffer Bodoh. WHS alum AJ Clay assisted on sets and props. Costumes were made by Mary Ellen Keller.

# 2nd Annual Bicycle Poker Run to benefit the Relay For Life

The Red Hot Chili Steppers invite you to pedal for a purpose. Saturday, June 22nd The "Red Hot Chili Steppers" are hosting their Relay for Life fundraiser for the Relay For Life of Forest County. Registration starts 3:30 p.m. at Pack Em Inn (you must be 21 years of age to participate). Registration fee is \$20.

Poker Run Stops include Best Western, Beachside Bar & Grill, Super Bowl & Bar, Group Therapy, Kegger's Sportsmans Bar, Ducks Bar and back to Pack Em Inn. Best five-card hand will win \$100.00 - there is also a cash prize for best decorated helmet. Food will be for sale at Pack Em Inn during and after the poker run. Music will be provided by Mixin' Matt's DJ Service. Registration is open right up until 4:00 p.m. that day so there is still time to sign up for food, fun and laughter as we join in the fight against cancer.

# Seniors warned to watch for this new scam

Forest County Sheriff John Dennee was made aware of a scam on Senior Citizens and wanted to notify the Citizens of Forest County, especially the Senior Citizens. The scam may have the heading Government Benefits Supplement Policy and may include the wording Senior Final Expense Program.

How the scam works is the scammers have

Continued on page 22

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For more information or to register your team contact: Forest County Chamber Office: 715.478.3450

















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- AA Meetings Back Door Group Open meetings Monday & Thurs. nights @ 7 p.m., Lakewood Lakes Country Library. Call Mary 715-276-2318 or Bill 715-889-3512.
- Forest County Big Book Closed AA Meeting: Thurs.7 p.m., Crandon Library. 478-2598 or 715-889-1829.
- Al-Anon Meetings Courage to Change Group. Every Friday, 7-8 p.m., lower level Crandon Library.
- Forest Cty. Humane Society; Open to public every Sat. from 1-4. Call for more info 715-478-2098.
- FREE Road Construction Class: Starts in January, Mon Thurs. Space limited. For info call 715-478-7633. • AA Meeting - Every Saturday at 9 a.m., Wabeno Fire Station, side door entrance.
- <u>Crandon VFW Post</u> Meets every first Tuesday of the month. 6 p.m. at the VFW building, 104 N. Forest <u>Support Group for Parents of Children with Disabilities</u> Call Chris at 715-784-0058
- Crandon Lions Board Meetings 1st Monday of month at Crandon Library at 7:00 p.m. (downstairs).  $Member\ Meeting\ -\ 3rd\ Monday\ of\ the\ Month\ at\ 5\ p.m.\ May\ Member\ Meeting\ -\ Beachide\ at\ 5:30$
- Bridge Community Dental Health Clinic This project serves people of all ages in Forest County for people who have Badger Care, Medical Assistance & UNINSURED. To schedule an appointment call (715)848-4884. Call the Health Dept. for more information at 715-478-3371
- Good Shepherd Lutheran Church Hwy. 55N, Crandon. Sunday service 9:30 a.m. No Saturday services.
- Christian Motorcyclist Association Spirit Ryders Chapter of Langlade & Forest Co. Invites you to attend our monthly meetings on the 1st Saturday of each month at Goodwill, Antigo at 10 a.m. Ride or activities at Noon. Call George (715) 350-1679.
- Highway 55 Flea & Craft Market Every Wednesday, Nashville Town Hall, Hwys 55 & B, Crandon. Vendors or more info call 715-484-7271
- Crandon PTO 1st Monday of month, 6-7 p.m., Elementary Cafeteria.
- Wellbriety 12 Step Meeting (AA/NA) Monday nights, 6 p.m. ? Lower level of the FCP Museum, Mish • Ko • Swin Lane, Crandon. Call Brooks Boyd for more info at 715-889-4902
- Mole Lake Flea Market & Craft Sale Every Thursday, Mole Lake Casino Bingo Hall. 9-4. Free coffee & soda. \$5 tables. Everyone welcome. Call 715-478-7557 for more information.
- Town of Lincoln Board Meetings 2nd Monday of each month, 6 p.m., Town of Lincoln Hall.
- AA Meeting Antigo Hospital, Saturdays at 7:00 p.m.
- Forest County Humane Society Meeting Every third Monday of the month, 6:30 p.m., Crandon Library.

# FOREST COUNTY **ATV & LMT SNOW CLUB**

**Saturday**, **June 15th**; **11 a.m. - 5 p.m. Wabeno Fair Grounds on the Nicolet State Trail** 



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## Gardening's an Enjoyable Way to Stay Fit

Warmer weather means it's more pleasant to spend time out of doors. By following these tips you can make yard work or gardening a fitness routine and grow things as well.

With summer approaching in the Northern Hemisphere, the days are longer, evenings stay light for hours, and the garden or backyard is the place to be.

As well as barbecuing and entertaining friends and family, think about how your outdoor space can double as a natural gym.

Gardening or yard work are natural physical activities that stretch and strengthen your muscles and relax your mind, according to Kara Smith, special programs coordinator for the Lovola University Health System's Center for Fitness.

"Working in your garden is a great way to exercise. Whether pulling weeds or spreading mulch you are using major muscles all over your body and you're sure to break a sweat," Ms Smith said

There's also the pleasure of seeing vegetables growing, trees and shrubs blooming, and many birds and insects.

### **Cooler Weather Yard Work is Healthy too**

In the Southern Hemisphere, the days are getting shorter, with the evenings drawing in.

But there is still plenty that can be done in the garden to work the muscles and build up a sweat.

Sweeping and raking up leaves, pruning shrubs and trees, mulching plants, turning over the compost, and of course, pulling out the last of weeds - all use major muscles and burn kilojoules/calories.

### Tips to Keep Fit in the Yard as You Work

Ms. Smith warned that it's easy to overdo the exercise in the garden, especially if you haven't done any for a while.

As with any exercise program, check with your physician first, and don't overtax your body.

She offered these gardening exercise tips:

- ·Don't make it a marathon: keep a regular gardening routine. Instead of trying to do everything over the weekend, schedule at least 30-60 minutes of yard work two to three times per week.
- ·Warm up your body by taking a brisk walk around the yard before any vigorous work.
- ·When raking, change the movement and alternate the sides of your body to ensure you are working them both equally.
- ·When digging, switch hands often so you are using both arms. This helps prevent muscle imbalances, repetitive motion injuries and blisters.
- · Bend at your knees and keep your back straight when lifting heavy items.
  - Don't Forget to Stretch after Gardening
- "As with any good exercise program, be sure to cool down with these stretches to help alleviate post yard work aches and pains," she said.

Hamstring stretch: Stand with feet shoulder width apart and slide one foot in front of the other. Gently sit your hips back and support your upper body on the leg you did not move. Hold for 15-30 seconds and switch leas. Lower back stretch: Stand with feet shoulder width apart. Bend knees slightly and bend at the hips. Support your upper body with your hands on your thighs. Gently round your back so it arches like a cat.

Chest opening: Stand tall and relax your shoulders down your back. Reach hands back with thumbs pointing up. If this is uncomfortable, grasp hands behind back and lift your chest.

Upper-back stretch: Stand with your feet shoulder width apart. Bring palms together and reach



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arms away from body. Feel the stretch between your shoulder blades.

### **Remember Basic Precautions when Outdoors**

- · Lastly, don't forget your hat, sun protection and gloves - even in autumn.
- · Wear sunscreen, long-sleeved shirts, pants and a wide-brimmed hat to limit sun exposure.
  - Drink plenty of water to replace the sweat.
  - Use gloves to help prevent blisters and splinters
- Use a kneeling cushion to support your knees. http://suite101.com/article/gardenings-an-enjoyable-way-tostay-fit-a123544



### New Lutheran Pastor to start in Crandon and Laona

St. John's Lutheran Church, Laona, and Good Shepherd Lutheran Church, Crandon, will be welcoming their new pastor, Kyle Verage, On July 7, 2013. He graduated in May, 2013 from Concordia Seminary, Fort Wayne, IN.

He, his wife, Grace, and son Peter, will be moving to Crandon the beginning of July, and will be ordained and inducted on July 7th at 3:30 p.m. at Good Shepherd Lutheran Church.

Kyle stated he is anxious to begin his ministry here in the north woods and meet the people in our community. He is originally from Huburtus, Wisconsin.

### Kimberly Sipple to attend the **National Youth Leadership** Forum in Boston

This summer Kimberly Sipple has the opportunity to attend the National Youth Leadership Forum on Medicine (NYLF/MED). NYLF/MED is an opportunity for high-achieving high school students to discover, practice and sharpen their leadership skills as they explore careers in the field of medicine and examine important medical issues. Kimberly will be attending this forum in Boston.

She will job shadow practicing physicians, visit clinical sites at the nation's top medical centers and meet and interact with faculty from world-renowned medical institutions.

# TRAP CLUB

Friday, June 28, 3-8 p.m. & Saturday, June 29, 9 a.m. - 6 p.m. Jack Lámar Pavilion Elcho, WI (across from Elcho High School watch for signs)

Admission: \$5 - Under 12 Free

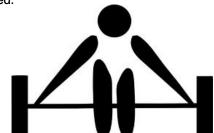
### Alyssa Hitchcock Makes Open World Team and World Games Team

Alyssa Hitchcock, daughter of Mike and LexAnn Hitchcock of Lake Lucerne, has qualified for the IPF (International Powerlifting Federation) Open Worlds Powerlifting Tournament. The event will be held in Stavanger, Norway November 5-10th. Teams from all over the world will be competing in this prestigious event.

She competed at Women's Nationals in Orlando. FL in the 63kg.(138 lb.) weight class winning one of seven spots to represent the United States. Alyssa squatted 212.5 kg. (468.4 lbs), benched 115 kg. (253.5 lbs) and deadlifted 215 kg. (473.9 lbs). Her total was 542.5 kg. or equivalent of 1195.9 lbs! Alyssa broke the National squat record and also took "Best Lifter" award.

Alyssa qualified for the World Games Team and will be competing in Cali~, Columbia the end of July. 5 men and women qualified to represent the USA. This event is held every 4 years just like the Olympics.

Athletes must pay for all expenses for this trip. This includes their team fees, uniform, airfare, lodging and food. We will be hosting four Brat Frys at Schaefer's Brat Wagon- June 14th, June 28th, August 9th and August 30th. Food will be served 11:00 a.m.-5:00 p.m. Come on over and help support Alyssa! Donations gladly accepted.



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Wabeno - 3 BR 2 BA 1 acre of land attached detached garage w/workshop. **\$144,900** 

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large lot! \$145,000 Lakewood-John Lake Area - 3 BR 2 BA attached garage over 4

acres. \$127,900 Silver Lake-4 BR 3 BA 120 of sand frontage-(2) detached garages. \$319,000

Roxy Lake- 3 BR 1 BA- 190' frontage detached garage adjoining Nicolet. \$229,900 Wabeno- 3 BR-2 BA- 17 wooded acres-attached garage-quality

packed. \$199,900 Chute Pond-3 BR 2 BA newly updated- detached garage!

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### THIRD PRICE REDUCTION!



Brand new vacation home on beautiful Crane Lake with boating access to Pickerel Lake. 2720 sq ft half log home with a 960 sq ft 3-car attached garage. Home includes 4 bedrooms, 2 1/2 baths, great room with fireplace. family room with bar,

large deck overlooking the lake, and is loaded with custom woodworking to enhance the northwoods décor. Call for an appointment to see this beauty today: 920-323-9331.

FOR RENT: 2 bdrm. trailer home w/stove & fridge. All enclosed, on Old 139, near Long Lake. References Call 715-674required. 2548. Betc45

### **FOR SALE:**

Good building site - Large hardwoods, good access, electric, private. Call 715-478-3566. Betc5

# **FIND YOUR DREAM HOME TODAY!**

House For Sale: 4 bedroom, two full bath, two story home with full basement and front and rear decks. Attached 2 car garage, one stall storage shed, gas or electric laundry hook-up, very spacious kitchen with an abundance of cupboard space. 5 city lots within walking distance to Forest County Fairgrounds, downtown Crandon, and Cardinal Park, on S. Wisconsin Ave. Asking \$110,000 OBO. Call 715-902-1027 for more information or to set up a viewing. EmpEtc40

Looking for IMMEDIATE home to rent in town of Crandon, town of Nashville or near Pickerel or Pearson area. 3-4 bedroom, price range \$600-\$1,000. Have great references, children, non-smoking and no pets. Also looking for any properties for sale that would consider rent-toown/land contract. Please

call 715-610-2703.

LOOKING TO RENT:

FOR RENT: Two bdrm., one bath house with two car garage in city of Crandon, 1 mile east on Hwv. 8. #8943. Has private well and septic, \$500/mo. plus security deposit. Call 715-649-3655 or 715-889-9034.

COTTAGE FOR RENT ON LAKE LUCERNE: Weekly or monthly. 3BR with lake shore! Call Dick at (913) 558-8931 IOU/etc7

PICKEREL, WI -- (3 LOTS) -- All beautifully secluded Lakefront property located on Crane Lake (341 Acres) in Kasson Bay in Forest County, WI. Lots are adjoining and wooded. Can be sold separately or in one parcel. All lots selling for below appraised value! LOT #2 -.871 Acres, 106 ft. of Lakefront. In this section, only 4 property owners in over 65 acres. \$160,000. LOT #3 -- .63 Acres, 121 ft. of Lakefront. \$145,000 LOT #4 -- 1.049 Acres, 910 ft. of Lakefront with 90 ft. point. A one of a kind lot! \$250,000. 1,137 ft. of total Lake frontage! Crane Lake is connected by a channel to Pickerel Lake (1300 Acres). Swimming, fishing, boating, hunting, & 2 casinos within 20 miles. All prices negotiable. Call 262-862-2769 or 262-331-0752 Betc9

FOR SALE: 1.5 acres with 80 ft. sand frontage on full recreational lake. 5 miles west of Crandon. Electric and perk test. 27' trailer and outbuildings included. \$77,900. Call 920-766-7503 or 920-810-5764.

HOME FOR SALE: As is. Open concept, partially furnished, Crandon \$49,900. Call 715-275-P13 l3214.

### **CRANDON -**

1 bedroom apartments available at Glenview Senior Apartments. Specifically built for persons 62 years of age or older handicapped/ disabled individuals. Rent starts at \$500.00 per month and includes water, sewer, garbage pickup, HEAT, major appliances, off street parking and laundry facilities.

Call 800-938-3229 for an application or more information.

This institution is an Equal Opportunity Provider and Employer. Equal Housing Opportunity.



Betc40

FOR SALE: 2 bdrm 1 bath cottage located between Mountain & Lakewood. Natural gas furnace, near boat landing. 1309. P9

### Real Estate

WABENO - Immediate openings for the two and three bedroom apartments. Rent is based on 30% of income and includes water, sewer, garbage and HEAT!! Major appliances, off street parking and laundry facilities. To receive an application, please call 1-800-938-5648

This institution is an Equal Opportunity Provider and Employer. **Equal Housing** Opportunity.

Betc1

# APARTMENT

We are accepting applications for the Wabeno **Heights Apartments located** in Wabeno, WI. Eligible applicants must be 62 years of age or older, handicapped or disabled and meet Rural **Development income limits.** 

For more information contact: **Housing Management** Services, P.O. Box 257,



Oconto, WI 54153

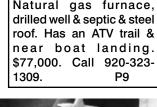
1-888-683-1205

**HOUSE FOR SALE:** 3 bedroom, 1 bath home on multiple wooded city lots in Crandon. Detached garage, new roof, soffits, and gutters. Includes new appliances, new windows, and custom window treatments. Partially finished basement. Walking distance to Main Street and across from Courthouse Square. \$98,000. Call 715-889-1519 for more information or to set up appointment. P10

FOR RENT: 1 bdrm. efficiency apartment in downtown Crandon. For more information please call 715-889-3207. Betc4

FOR SALE: 3 bdrm. 14 x 70 trailer with 10 x 16 shed on Rolling Stone East Shore Resort. Trailer #28. Call 920-387-3725. P9

FOR RENT: 2 BR, 1 BA A-Frame with large loft. Gas fireplace. 1.5 miles east of Lakewood. \$575.00 per month with 1 month security deposit. No pets. 715-850-1616 Bect42





# Vet's Corner **Vietnam Vet's Honor Flight**

After transporting more than 1,500 World War II and Korean War veterans to visit the national memorials built in their honor over the past four years, Old Glory Honor Flight is embarking on a different mission this

As part of the daylong "Salute to Veterans" celebration at EAA's AirVenture, this honor flight is dedicated solely to Vietnam veterans.

"It's definitely going to be special," says Old Glory Honor Flight board member Diane MacDonald.

In an effort to say thank you to all the Vietnam vets who've supported Old Glory Honor Flights in recent years, and to mark the observance of the 40th anniversary of the end of hostilities in Vietnam, the Yellow Ribbon Honor Flight will depart Wittman Field in Oshkosh and transport 100 Vietnam Veterans to Washington D.C. on August 2nd. A welcome home concert will feature actor Gary Sinese and the Lt. Dan Band.

"I would expect there will be a lot of emotion that day, I think for many of our Vietnam veterans they haven't been acknowledged or properly thanked, and to have 100 of them on an airplane and surrounded by people that really appreciate and value what they did I would expect a lot of tears and I would expect a lot of stories," says MacDonald.

Because Old Glory expects many more applications than the plane can hold, a random drawing will determine the 100 veterans selected. Applications must be in prior to July 1st.

 Yellow Ribbon Honor Flight details from EAA AirVenture Old Glory Honor Flight's motto is that 'it's never too late to say thank you' and we are excited to turn those words into action for this very special group of heroes during this onetime-only event on August 2."

Early that morning, a special American Airlines yellow-ribbon 737 aircraft, Flagship Liberty, will fly 100 Vietnam veterans from the AirVenture grounds to Washington, D.C. After a reception greeting them at Reagan National Airport, the veterans will embark on a daylong tour of the Vietnam Veterans Memorial Wall, the Smithsonian American History Museum, and Arlington National Cemetery.

"American Airlines has helped host numerous Honor Flights carrying WW II veterans to our nation's capital. On the 40th anniversary of the end of hostilities in Vietnam, it is an absolute honor for us to partner with Old Glory Honor Flight on this 'historic first' to take 100 Vietnam

War veterans to Washington, D.C., to give them a proper welcome," said Capt. Jim Palmersheim, who leads American's Military and Veterans Initiatives.

The veterans will return to AirVenture on Friday as the finale of the day's air show. Upon arrival on Phillips 66 Plaza they will be greeted by thousands of AirVenture attendees, receiving the welcome home reception they deserved so many years ago. A very special ceremony will be held immediately after the veterans' arrival, and an evening concert by Gary Sinise and the Lt. Dan Band ends the Salute to Veterans daylong celebration. The Lt. Dan Band concert is hosted by the Disabled American Veterans and the EAA Warbirds of America.

"EAA is proud to host the Old Glory Honor Flight for the fourth consecutive year in what has become a vital part of our annual Salute to Veterans at AirVenture Oshkosh," said EAA Chairman Jack Pelton. "We are honored to play a key role in this special Yellow Ribbon Honor Flight for Vietnam veterans.

The Old Glory Honor Flight, Northeast Wisconsin's hub of the Honor Flight Network, recognizes WWII and Korean War veterans for their service and sacrifices by providing a memorable, safe, and rewarding tour of Washington, D.C., memorials at no cost.

Vietnam veterans who wish to participate in the special August 2 Yellow Ribbon Honor Flight need to complete an application. As this is a one-time-only event for Vietnam veterans, applications received by July 1, 2013, will be entered into a random drawing. For privacy purposes, and to allow Old Glory Honor Flight to continue to concentrate on our most senior wartime veterans, all applications received but not selected will be shredded

Old Glory says honor flights for World War II and Korean War vets will resume this fall.

FYI, On June 20, 2013 there is welcome home for Old Glory Honor Flight at Outagamie County Airport (Appleton)

WELCOME HOME INFORMATION: Arrive at 7:30 for the 8:20 return flight. Free parking at the airport, SwingTime band will perform. Please wear your red, white and blue! Make a sign, bring a flag and a friend. T-shirts and Old Glory Honor Flight merchandise will be available for purchase. http://www.wbay.com/story/22409177/2013/05/23/oldglory-to-honor-vietnam-veterans-with-flight-to-dc

Use the above website to get more info and an application.

Buying or Selling? Let our Experience work for you. **Real Estate** (715) 276-6528



Two Cottages on White Potato Lake 12779 S. White Potato Lake Rd Two for one on full recreation White Potato Lake! This amazing property consists of a 3

BR open concept main cottage, 2 BR guest cottage, each with kitchen, bath, wood fireplaces, two garages, two piers, and beautiful kid friendly sandy shoreline. Treed site with room for family and friends. \$319,000 **OFF WATER HOMES** 

Elton-4 BR, 1.5 BA, 2 fireplaces, 2579 sq. ft., 7.22 acres, private location, garden room, workshop. \$180,000

Sawyer Lake Area-5 BR, 3 BA, fireplace, office, full basement, tons of

storage, 1.29 acres, close to lake. \$169,900

White Lake-2 BR, 2 BA, 4 season room, Master suite, 1.5 acres, deck, hardwood floors, close to Wolf River. \$167,500

Mountain - 3 BR, 1 BA, 5.59 wooded acres, cement board siding, detached

garage, finish upper level as you wish. \$149,000 Mountain-34.5 wooded acres with older farmhouse close to Star Lake boat landing. "As is" \$135,000

Maiden Lake Road-2.34 Wooded acres, 3 Bdrm, 2 bath, attached and detached garages, rec room, three season room, walk out. \$125,000 Crivitz-2 BR, 1 ½ BA, open concept, fireplace, family room, partially finished LL, attached and detached garages. \$121,900

White Lake - 2 BR, 1 BA, 3 season room, 4.64 wooded acres, wood stove multiple storage buildings. \$89,000

White Lake- 3 BR, 2 BA, sunroom, double lot, hardwood flooring, 1.32 acres, walk to the beach. \$88.900

White Lake- 3 BR, 2 BA, full unfinished basement, private 5.02 acres,

attached garage, open concept. \$79,900 Crivitz-2 BR mobile w/addition, remodeled kitchen, new flooring, appliances,

water heater, nat gas. Close to Crooked Lake. \$69,900 White Lake-2 BR, new garage, deck, LR addition, windows, wiring, plumbing,

roof, flooring, pellet stove. 3 Acs. \$69,900 Village of White Lake Duplex-2 bedroom units, 725 sq. ft. in each unit, 2 car

garage, laundry in basement, \$75,500 Village of White Lake - 2 BR, 2 BA, full basement, 1420 sq. ft., detached

garage, walk to the lake. \$74,900

White Lake-1 BR, 1 BA, attached garage, radiant heat, 3 acres, maintenance free. \$69,900

Silvercliff-2 BR, 1 BA, 4 season room, A-frame, .65 acres, new windows and doors, near High Falls. \$54,900 White Lake- 3 Bdrm, fireplace, 4 Season room, deck and an extra lot.

Stephenson – 1.61 acres, 576 sq. ft. of open concept living, no well, holding

tank w/privy, close to trails & hunting land. \$55,900 Mountain-2 BR, loft, appliances, garage, 1.61 Acres, well and septic, storage

shed. \$50,000 Suring-3 BR. 1 BA mobile w/3 season room close to Chute Pond includes 3

storage sheds. \$49.900 White Lake - 1 BR, 1 BA w/laundry hook-ups, 4 season room, 2 car garage,

shed, .76 acres. \$35,000 Mountain - 2 BR, 1 BA, screened porch, wood stove, 1.59 acres, remodeled

and well maintained, 2 storage sheds. \$47,900

### **CALL, STOP IN OR VISIT OUR WEBSITE** FOR A COMPLETE LIST OF OUR PROPERTIES



### Nicolet Grads Cont. from pg. 1

Welding, Technical Diploma; Jeffrey Keeble Jr. - Graphic Design, Associate Degree; Raymond Keepers Sr. - IT-Computer Support Specialist, Associate Degree; Coreena Kegley - Business Management, Associate Degree; Dirk Kilbury - Welding, Technical Diploma; Kelli Kilbury -Medical Assistant, Technical Diploma; Deb Mullins -Graphic Design, Associate Degree; Judith Poler -Individualized Technical Studies, Associate Degree; John Schaefer IV - IT-Computer Support Specialist, Associate Degree; Renate Schnappup - Barber/Cosmetologist, Technical Diploma; Ashley Spencer - Nursing, Associate Degree; Chelsea Vahl - Criminal Justice-Law Enforcement, **Associate Degree** 

Hiles

Cassey Bonack - Practical Nursing, Technical Diploma <u>Laona</u>

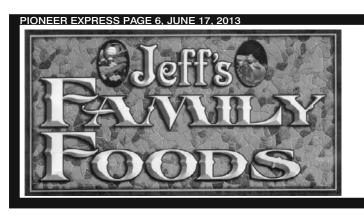
Tonia Babich - Receptionist, Technical Certificate; Timothy Calhoun - Criminal Justice-Corrections Specialist, Technical Diploma; Danielle Casperson - Accounting, Associate Degree; Hillary Connors - Nursing Assistant, Technical Diploma; Samantha Hoffman - Nursing, Associate Degree; Brenda Hopkins - Nursing Assistant, Technical Diploma; Nicole Lazzeroni - Medical Assistant, Technical Diploma; Derek Wilson - Culinary Arts, Associate Degree; Renee Yaeger - Practical Nursing, Technical Diploma

**Monico** 

Alanna Benaszeski - Nursing Assistant, Technical Diploma **Townsend** 

Tyler Cumber - Medical Assistant, Technical Diploma <u>Wabeno</u>

Adam Cleereman - Entrepreneurial, Technical Certificate; Alena Ervay - Criminal Justice-Law Enforcement, Associate Degree; Lisa Higgins - Medical Assistant, Technical Diploma; Michael Hubers - Industrial Maintenance Fundamentals, Technical Certificate; Chelsie Iskowitsch - Receptionist, Technical Certificate; Kathy Jacobson - Supervisory Management, Technical Certificate; Nathan Shepard Sr. - Automotive Technician, Technical Diploma; Janell Wichman - Medical Assistant, **Technical Diploma** 



# **HOURS:**

Mon. - Sat. 8 am - 7 pm Sunday 8 am - 4 pm Laona, WI (715)674-6108

Prices Effective Mon., June 17, 2013						1		
	MON	TUE	WED	THU	FRI	SAT	SUN	
	17	18	19	20	21	22	23	
ν,								,

We reserve the right to correct any printing errors and limit quantities. VISA

# Fresh & Packaged Meat Specials



\$3.29/Lb.

\$4.59/Lb.

\$1.99/Lb.

\$3.99/Lb.

\$4.59

Sugardale - 10 Oz. **Hot Dogs** 

Johnsonville - 12 Oz. Pork Breakfast Links

Oscar Mayer - 16 Oz. Chopped Ham or Ham & Cheese Loaf

TAQUITOS

El Monterey - 24-27 Oz. Taquitos

Oscar Mayer - 16 Oz. Deli Thins Turkey or Ham



**Delifresh** 

89t

\$2.89

\$3.29

\$6.89

\$3.49



**Red or Green Grapes** 

Milwaukee's - Sel. Var. 32 Oz.

Nunn Better - 15 Lb. Dog Food

Naturals or 100% Juice Blends

**Nuggets or Mini Chunks** 

Old Orchard - 64 Oz.

Value-Pak - 10-15 Ct.

Dei Fratelli - 26 Oz.

**Pasta Sauce** 

Shur Fine - 21 Oz.

**Cherry Pie Filling** 

Meurer - 8 Oz. Assorted

Bakery Fresh - 8 Ct.

**Cinnamon Rolls** 

TJ Farms - 24-32 Oz.

**French Fries** 

**Danish Coffee Cakes** 

**Hot Dog or Hamburger Buns** 

33 or 40 Gal. Trash Bags

**Pickles** 

Farm Fresh Produce

**Super Sweet Jumbo Vidalia Onions** 

Fresh Express - 16 Oz. Coleslaw



**\$1.48** 

88¢/Lb.

**Sweet Ripe** 

**Cantaloupe** 

Shur Fine - 6 Oz.

**Snow White** 

Cauliflower

\$2.48

\$2.48

\$1.88



Grocery Shur Fine - 18 Oz.

Shur Fine - 16 Oz. **Salad Dressings** 

Claritin - 5 Ct.

Colgate - 6 Oz.

Good Cook - 10"

Deluxe Tongs 🖤

Blue Bunny - 56 Oz. Ice Cream Square

Shur Fine - 5.5-7.25 Oz Mac & Cheese

**Peanut Butter** 

Shur Fine - 32 Oz. **Spaghetti Noodles** 

24 Hour / 10 MG Claritin

Toothpaste Colgate



LONG SPAGHETTI

GM

\$1.99 Cooking Spray

<sup>2</sup>/\$3.00

**S1.99** 

\$5.99

Shur Fine - 3.4-3.9 Oz. **Instant Pudding** 



**Liquid Laundry Detergent** 

Country Time - 8 Qt.



20 Oz.

\$3.00

Wildwood Soda

8.75-10.25 Oz.

**Cheetos or Fritos** 

8/**\$3.00** <sup>2/</sup>\$6.00

**\$2.99** Gillette - 5 Ct.

Mach 3 Refill

Hormel Deli Ham Deli \$1.99/Lb.

Deli Fresh

**Crescent Valley** 

**Mozzarella Cheese** 

Florida Gold - 64 Oz.

**Orange Juice** 

**Broccoli Cauliflower Salad** 

\$4.99/Lb.

\$3.99<sub>/lb.</sub>

**\$1.99** Frozen & Tombstone - 12"

**S2.59 Original Pizza** Shur Fresh - 12 Oz.

<sup>2/</sup>\$4.00

TOMBSTONE Steamin' Vegetables

Shur Fresh - 16 Oz.

**Butter Quarters** 



(ESUPORESP

\$2.29

8-9 Oz.

4 Count

**Lean or Hot Pockets** 



GHERR

Bakery

Dutch Farms - 8 Oz.

**Shredded or Bar Cheese** 



\$1.89

Westpac - 16 Oz. Sel. Var. Stir Fry

Shur Fresh - 16 Oz.

**Nobody Does It Butter** 

**Deans or Morning Glory Milk** 

# ⇒ ⇒ AUCTIONS € € €

# ANOTHER AUCTION WITH COL. RENE' BRASS

www.colrene.net

MR. REED LATER passed away. Most items like brand new!

SUN. JUNE 16, Starts 10:30 AM, View, 9:30, Lunch. 1 mile North of PHELPS, WI
on Hwy. 17 to Cty. Hwy. A, then 3 ½ miles to Winding Trail Ln., then 1 mile to
Fernwood Dr. #1606.

Auto 2004 Ford F150 ext cab FXR 4x4 excellent condition. 8 sections (60') of like new Dock Rite roll in alum. pier, Dock Rite boat lift, new kayak, nice paddleboat, 30 guns-Winchester, Browning, Ruger, Marlin, S&W, Beretta, Remington, & more! Rifles, pistols, black powder, (o/u & dbl. brl. shotguns), & more! Tools, thousand of dollars of gorgeous home furniture, & furnishings, antiques, expensive guitars, plus much more! Terms: Cash or good check. Credit cards w/ 4% convenience fee. Sales tax on some items. Auction conducted by St. Louis Auctions LLC., 6728 Whitefish Lk. Rd., Three Lakes, WI 54562 PH: 715-367-1668 R W A Col. Reper Brass #450.

**ST. LOUIS AUCTIONS, LLC 715-367-1668** 

# ANOTHER TOTAL AUCTION Saturday, June 22nd 9 a.m.

General Heating Cooling & Refrigeration
Three Lakes, WI

**DIRECTIONS:** From Rhinelander, WI take Hwy.17 N, 10 miles to Right on Cty. A. Then travel approx. 8 ½ miles to Right on Cty.A/Superior St. in Three Lakes to Gogebic St. at intersection of Cty.A & Hwy. 47. Signs will be posted. Lunch wagon on site - Restroom. See website for complete listing & photos.

**VEHICLES:** Service trucks- 2006 Chevy -58,000 miles; 2005 GMC -78,000 miles; 2004 GMC - 116,000 miles. Also: '96 Dodge ¾ ton 4X4; tandem axle trailer with tire rack; 1979 IHC truck w/5 yd. dump box.

**EQUIPMENT-TOOLS & MISC:** (Peck Stow Wilcox) 3' jump shear, 3'metal roller, flanger; Electronic stair walking dolly 'Lectro Truck'; Rigid pipe threader 300-2T; drive cleat notcher; S & Drive Cleat former; acetylene cutting torch sets; Dewalt & Milwaukee sawzalls; Milwaukee Hole Hawgs; Morlin electric hammer; Bosch electric jack hammer; pipe wrenches; reamers; electric pipe cutter; Rigid oilers; electric rotary hammers; air compressor; refrigerant reclaimers; refrigeration compressors; furnace blowers; vacuum pumps; bench vise; Craftsman 8" table saw; chain binders; hole saws; pipe dies & cutters; pressure washer; pipe cutters; gauges; new & used furnaces; (2) New air cleaners; Combicore Bradford White 73 gallon water heater (natural gas); Trane heat exchanger; aluminum pickup tool boxes; fuel oil barrel; pipe rack; 8 ½ ' restaurant hoods w/fans & filters; (2) 3 bowl industrial stainless steel sinks; scaffolding; fiberglass extension ladders; etc.

**INVENTORY & SUPPLIES:** 7Up vending machine; 500# ice machine bin; lockers; preformed duct fittings; stainless duct work; in floor heating panels; chimney liners, piping & flashings; lots of wire; PVC underground gas piping; furnace & air filters; New registers & grills; refrigeration parts; electrical fittings, boxes, fuses & breakers; copper line sets; Bins of copper, brass, plastic & black fittings; shelves of copper, black & PVC piping & conduit; threaded rod; wire storage bins/shelving; used service parts; Room Full of New Parts- Carrier, Bryant, Lennox, Weil McLain - (oil parts, boiler parts, gas furnace parts, air conditioning & humidifier parts, etc.); shoe covers & safety glasses. Much More.

TERMS & CONDITIONS: Cash or good check with Proper ID. Sales tax applies unless exempt. Sales tax applies to all titled vehicles & trailers. All items sold 'As Is' with no warranty or guarantee either expressed or implied. Not responsible for accidents.

Registered Wisconsin Auctioneer - Col. Lynnette Hanson #1398

TOTAL AUCTION SALES TOMAHAWK, WI 54487

Email: totalauctions@frontiernet.net (715)453-1986 • www.anothertotalauction.com

# REAL ESTATE AUCTION!

SAT., JULY 13 10:00 AM. ONSITE TOTAL TURN KEY SINGLE FAMILY LAKE HOME APPROX. 3.25 ACRES W/ 435' of FRONTAGE ON LONG LAKE, WI.

FULLY FURNISHED, NEWER HOME
OPEN HOUSE:



SAT., JUNE 29 10:00 AM.-12:00 Noon 10% BUYERS PREMIUM

For a bidders packet with more info & complete terms & conditions:

Call 715-536-1955 or

800-432-1922 or email us at wscauction@airrun.net Visit our Web Site at www.wausauauctioneers.com

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SALES CORP PHONE: (715) 536-1955 • (800) 432-1922

RWA #26 - Carl Theorin & Chad Glaze - RWA #135, #1934

GOING...
GOING...
GONE!
TO THE
PRETTY
LITTLE
LADY UP
FRONT!

# ANOTHER AUCTION WITH COL. RENE' BRASS

www.colrene.net

WALTER MAAS passed away. Most items excellent!
FRIDAY. JUNE 21, Starts 10:30AM, View, 9:30, Lunch.
MANITOWISH WATERS, WI: Take Cty. Hwy.W 12 miles to Cty.Rd. P, then
2 ½ miles to #7467 Cty Rd. P

Pontoon boat w/ motor & trailer, J.D. GX 255 lawn tractor w/ snowblower, 15 guns- (Remington, Winchester, Ruger, Henry, Baikal, Savage, Charles Daly, Mossberg, Iver Johnson, & SKS). (Rifles, & shotguns.) (See website for full list.), Alum. boat, paddle boat, canoe, 2 lawn tractors, tools, home furnishings, antiques, & more! Terms: Cash or good check. Credit cards w/ 4% convenience fee. Sales tax on some items. Auction conducted by St. Louis Auctions LLC., 6728 Whitefish Lk. Rd., Three Lakes, WI 54562. PH: 715-367-1668. R.W.A. Col. Rene' Brass #424, Col. Robert St. Louis #450.

**ST. LOUIS AUCTIONS. LLC 715-367-1668** 

# ANOTHER AUCTION WITH COL. RENE' BRASS

www.colrene.net

UNIQUE RUSTIC HOMESTEAD TO BE SOLD REGARDLESS OF PRICE!!! Elderly owner is moving. SUN. JUNE 30, 10:30 a.m., Rhinelander, WI, Oneida Co. 4 miles North of RHINELANDER, WI on Hwy. 47 to Harmony Hill Dr. #6185.



This well kept 3 bedroom, 2 bath home includes a loft. There are mature trees throughout the property & a quiet meadow behind the home. Don't allow the home's exterior to fool you! The inside is as neat as can be. PROPERTY IS BEING SOLD ABSOLUTE/REGARDLESS OF PRICE! (Must see!) Terms: \$5,000 down payment (non refundable) cashier's check. Closing upon paper completion. (10% buyer's fee.) Bidders must request bid form by calling St. Louis Auctions LLC. PH: 715-367-1668. (6728 Whitefish Lk. Rd., Three Lakes,WI 54562). R.W.A.: Col. Rene' Brass #424. Col. Robert St. Louis #450.

**ST. LOUIS AUCTIONS, LLC 715-367-1668** 

# COL. RENE' BRASS

www.colrene.net

WYANDOCK LAKE HOME TO BE SOLD REGARDLESS OF PRICE!!!
Sat. July 6, 4:00p.m., Near Minocqua, WI, Vilas Co.
Showings by appointment



8 miles West of Minocqua, WI on Hwy. 70 to Cty. Hwy. F, then 2 miles to (#1383 Cty. Hwy. F). This Wyandock Lake home comes with 100 FEET +/- OF BEAUTIFUL SANDY FRONTAGE! BEING SOLD ABSOLUTE REGARDLESS OF PRICE!! Terms: \$7,500 down (non refundable) cashier's check. Closing upon paper completion. (10% buyer's fee.)Bidders must request bid form by calling St. Louis Auctions LLC. 715-367-1668. (6728 Whitefish Lk. Rd., Three Lakes, WI 54562). R.W.A.: Col. Rene' Brass #424, Col. Robert St. Louis #450.

**ST. LOUIS AUCTIONS. LLC 715-367-1668** 

# COL. RENE' BRASS

57+/- ACRES TO BE SOLD REGARDLESS OF PRICE!!!

Owners passed away. <u>Sat. July 6, 10:00a.m., Newald, WI, Forest Co.</u>
Take Hwy. 8 East from <u>Laona, WI</u> to Hwy. 139, then 6 miles to Broadway St.
5352 & 5380 Broadway St.



Property offers 2 homes & 57+/- acres of open & wooded land.Perfect for horses, hunting, or a weekend get-a-way.**PROPERTY IS BEING SOLD ABSOLUTE/REGARDLESS OF PRICE!** (Must see!) **Terms:** \$5,000 down payment (non refundable) cashier's check. Closing upon paper completion. (10% buyer's fee.) Bidders must request bid form by calling St. Louis Auctions LLC. 715-367-1668. (6728 Whitefish Lk. Rd., Three Lakes, WI 54562). **R.W.A.:** Col. Rene' Brass #424. Col. Robert St. Louis #450.

**ST. LOUIS AUCTIONS, LLC 715-367-1668** 

# COL. RENE' BRASS

BEAUTIFUL LAKE GOGEBIC HOME WITH 420' FRONTAGE +/OPENING BID ONLY \$125,000!

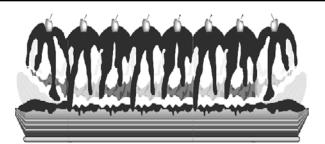
Sun. July 7., 10:30a.m., Marenisco, MI., Gogebic Co.



8 miles North of US 2 on M-64 OR 10 miles South of Bergland, MI on M-64 to #9516 M-64. Showings by appt. This **beautiful 4 bedroom lake home** sits on approx. 6 acres & has 420' of level frontage. Home offers **spectacular views!** Property also has a boat house & 2 out buildings. Located on the west side. **OPENING BID IS ONLY \$125,000! Terms:** \$10,000 down payment (non-refundable) cashier's check. Closing upon paper completion. (10% buyer's fee.) Bidders must request bid form by calling St. Louis Auctions LLC. 715-367-1668. (6728 Whitefish Lk. Rd., Three Lakes, WI 54562). **R.W.A.:** Col. Rene' Brass #424, Col. Robert St. Louis #450.

**ST. LOUIS AUCTIONS, LLC 715-367-1668** 

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with the Pioneer Express Call for more info. 715-478-3640

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# JEWELRY TRUNK SALE

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[M]]]]]]]]]]]]]]]]]]]]] **SUMMER HOURS:** 

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202 N Lake Ave Crandon, WI 54520-1387 (715) 478-3646 8:30 AM to 4:30PM M-F kwinkelm@amfam.com



# RUMMAGE SIGN KIT

INCLUDES: 2 RUMMAGE SALE SIGNS, 2 ARROW SIGNS & YOUR AD UP TO

30 WORDS. \$6.00

table & chairs, end tables, Tupperware, lawn furniture, glassware, antique changing table, Nesco, almost new water conditioner, tools, Coke tray, games, tins, complete pond set up, shelving, large Christmas village, household, lots of Western decor, 15" barrel saddle set, saddle racks & Lots,

**Locally roasted & fresh** coffee. Experience a great coffee taste!



**Call Dave at** 715-649-3414

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INGATA LAGO WATAGOS **CALL ABOUT OUR GREAT** 

306 North Lake Ave., Crandon "Adjacent to Curves" Mon.-Fri. 10 a.m.-6 p.m.

Sat. 10 a.m. - 2 p.m. 715-478-4660

**CELEBRATION SPECIALS!** 

# Rummage

# **LAONA**

**RUMMAGE SALE: Laona** - Saturday, June 15<sup>th</sup> from 8 -2. Ann Kramer Residence Linden St. (Next to post office). 32" bar stools, furniture, household items, picnic table, treadmill, pictures, and much more!

GARAGE SALE: Laona -Fri. & Sat., June 14 & 15 from 9-6 p.m. Rain or shine! 4841 Airport Lane. Nathan and Hilary Thompson residence. Children's and adult clothing, household items, holiday decor, toys and much more!

# **MOLE LAKE**

**RUMMAGE SALE: Mole** Lake - Fri., Sat. & Sun., June 14. 15 & 16th from 9-5 p.m. Furniture, clothes, household items and much much more! 3138 Indian Route 10.

# PINE LK/HILES

TOWN WIDE RUMMAGE SALE: All around Pine Lake and Hiles. Sat., June 15 from 9 a.m. - 4 p.m.

# NEWALD

ESTATE. RUMMAGE. JUNK SALE: Newald Jack Lafferty Estate (follow signs). Sat., June 15 from 9-3 p.m. only! Antique furniture, lots of miscellaneous and 'iunk'. worth the trip!

# **ELCHO**

**GARAGE SALE ELCHO:** Every day through Monday, June 17th. W9379 Cty. K, Elcho. Side by side fridge - 26 cu. ft., gas stove, 61" TV, dining Lots More. P9

# **CRANDON**

**3 FAMILY RUMMAGE** SALE: Crandon - Fri. & Sat., June 14 & 15 from 9-5 p.m. Household items. lots of men and women's clothing, Boyds bears, Bennie bears. McDonald's toys, knick-knacks, movies, CDs, plus much more. Cancel if rain. 4560 State Hwy 55.

**6 PARTY GARAGE SALE:** Crandon - Thurs., June 20 from 5-8 p.m., Fri. & Sat., June 21 & 22 from 9-5 p.m. 100 N Wisconsin Ave. Name brand women's and girls/kids clothing, bedding, 2 full ski sets, brand new printer, golf club set, Precious Moments Collectibles, jewelry, kids toys, furniture, household items, books, kitchen appliances and more!

# WABENO

SELLING ENTIRE **HOUSEHOLD: Wabeno -**June 21 & 22 from 8-4 p.m. & June 23 from 8-?? 65 years of marriage. Selling 65 yr. old bedroom set, dining room set, end tables, lamps, rocking chair, Kirby, twin beds, dishes, bedding, knickknacks, pictures. Garage is Full. 4107 Rogers St., Hwy. C, Wabeno.

# ARGONNE

RUMMAGE SALE: Argonne - Sat., June 15 from 8-5 p.m. Hambone & Ranae Hobbs home, lots of boy clothes, newborn to 9 months, toys, baby items, adult clothes, household items, kitchen cupboards, tools and much more. something for everyone! P9

3 FAMILY RUMMAGE SALE: Fri., June 15 from 8-4 p.m. & Sat., June 16 from 8-1 p.m. Argonne Town Hall.

# PICKEREL

RUMMAGE SALE: Pickerel - Sat. & Sun., June 22 & 23 from 8-5 p.m. Guy Stuff! W5346 Clark Lane. B10



# Death Notices

EVELYN M. SAYLES (NEE SCHEETS), of Waukesha, passed away peacefully on Thursday, June 6, 2013, at Nu-Roc Community Healthcare in Blackwell, WI, at the age of 97 years. Evelyn was born in Waukesha on August 26, 1915, daughter of Frederick and Charlotte Scheets. She married Louis Sayles on March 3, 1934. Evelyn was a long time member of Ascension Lutheran Church. She enjoyed cooking, and in her younger years sewing. Evelyn also enjoyed playing cards and spending time with her husband Louis fishing with her cane pole.

Evelyn will be dearly missed by her daughter, Sandra (William) Pollack, grandchild, Jill (Jesse) Sykora; great-grandchildren, Nia, Nathan & Nina Rivera and Jesse Rosario; great-great grandchildren, Mercedes Kramer and Kailey Juarez; sisters, Lorraine Kline, Dorothy Hammel and Helen Hill. Evelyn is further survived by other relatives and friends. She is preceded in death by her husband, Louis; parents, Frederick Scheets and Charlotte (Babcock) Scheets; daughter, Carol Jean, and sons, Louis David and LeRoy Eugene; brothers, Raymond, Edward, Robert, Joseph and Gordon; and sisters, Virginia Kennelly, Frances Ista and Lillian "Mable" Sayles.

The visitation and service for Evelyn were held on Tuesday, June 11, 2013, at Ascension Lutheran Church. 1415 Dopp St., Waukesha, WI 53188 with The Reverend Chris Marien officiating. The burial followed at Prairie Home Cemetery in Waukesha. In lieu of flowers, memorials in Evelyn's name appreciated to Ascension Lutheran Church (address above) or Nu-Roc Community Healthcare, 3576A Nu Roc Lane, Laona, WI 54541.

his home. He was born on November 22, 1946 in Laona to Donald and Fern (Rasmussen) Newman.

Mr. Newman graduated from Laona High School. He then began his career at Connors in Laona. After the plant closing in 1985, he moved to Marietta, GA where he worked at Cosco as a Maintenance Supervisor. He loved hunting and fishing. He could be found on the mill pond in Laona in pursuit of the elusive 50" northern. Gerald is survived by his son Tony (Renae) of Madison, daughter Tracey Newman of Rhinelander, one sister Mary (boyfriend Gary) Underwood of Wisconsin Rapids, one brother Gordon (Dorothy) of Johnson Creek, two grandchildren and two great grandchildren. He was preceded in death by his parents, brother Arnie, and sister Carol.

A memorial gathering for Gerald was held on Saturday June 15, 2013 from 12:00 noon until 1:00 p.m. at the Weber-Hill Funeral Home. Online condolences www.weberhillfuneralhome.com

DOROTHY BIRMINGHAM, age 93, of Hiles, passed away at the Nu-Roc Community Health Care Center, Blackwell under the care of Ministry Home Care Hospice on Monday, June 10, 2013. Honoring her wishes, no services will be held. Online condolences www.weberhillfuneralhome.com



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Address
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# **PIONEER EXPRESS**

**Published Weekly** 125 N. Lake Ave., P.O. Box 333 Crandon, WI 54520 email: pionexp@newnorth.net

Mike &	Linda	Monte		Publishe	rs/Editors
Laney H	ines	Comp	uter	Graphics/Job	Printing
Corrine	Verkuile	en		Accts.	Payable
Boyd Mo	onte	Ac	l Sal	es/Computer	Graphics
Meagan	Strong	Post	Pres	s/Graphics/Ac	cts. Rec.

### **Breaking Sugar Addiction**

Most people have a sweet tooth and have cravings for sugar. Sugar is as addictive as other drugs. Have you experienced withdrawal symptoms?

Sugar addiction is very common and the manufacturers of sweet foods and drinks cater openly to this demand. There is a huge market created solely to cater for the sweet tooth. We are constantly bombarded with advertisements for high sugar foods and drinks and rarely do we visit a supermarket for the weekly shopping without loading our trolley with sugary treats. Sugar addiction is real and the consequences of it can damage our health. Withdrawal symptoms signal us to reach for another sugar hit to appease the negative sensations we experience with prolonged periods without it. The addiction to sugar has been scientifically studied and the results are thought provoking. This article discusses the negative side effects of sugar addiction, the withdrawal symptoms and how you can break the habit of feeding your body with too much sugar.

### The Side Effects of Sugar Addiction

Sugar activates opioid receptors in the brain in a similar way that illegal street drugs and medicinal opioids do. When opioid receptors in the brain are stimulated it can kill pain like an analgesic does. It is also has been shown to alter the brain chemistry. When we consume a sugary food or drink, it triggers a quick release of insulin from the pancreas. Insulin is required to move sugar molecules in the blood into cells to be used for energy. If you are continuously consuming sugar throughout the day it can GERALD R. NEWMAN, 66, of Laona, died June 10, 2013 at desensitize the cells so that they do not absorb the sugar. It can also overwhelm the pancreas causing it to restrict the amount of insulin being released. When blood sugar levels are high, it is destructive to the blood vessels, nerves and glandular tissue. It also causes fat to be stored which leads to obesity and the associated negative health effects of being obese. Sugar is also acidic which can promote the growth of bacteria, leading to frequent infections. It also reduces the effectiveness of the immune system. Sugar also activates the reward centers in the brain making you feel good temporarily which sets up a pattern of returning to sugar to reward yourself frequently.

### **Withdrawal Symptoms**

Typically if you are craving a sugary treat and it is not available to you, you can experience many withdrawal symptoms. These include headaches, depression, anxiety, anger, sleeplessness and musculoskeletal aches and pains. These withdrawal symptoms can be severe. Sugar addicts typically have frequent cravings for sugar and tend to uncontrollably binge on sugar when they do give in to their craving. Apart from sugar addicts many people reach for a sugar hit in the afternoons when fatigue and tiredness often plagues us. Initially the sugar hit does give a temporary mental boost but it is not sustained and we quickly crash again.

### **How to Break the Sugar Habit**

To avoid the withdrawal symptoms, one needs to slowly cut down on the amount of sugar being consumed each day. You need to admit to yourself that you do have a sugar addiction and that you know it is detrimental to your health. Replacing sugar cravings with fruits can help satisfy your sweet tooth and is a healthier option. Using artificial sweeteners in teas and coffees can offer sweetness without the calories and weight gain. Stevia is a plant based sweetener that is several times sweeter than sugar, is very low in calories, is not acidic and does not cause a spike in blood sugar levels. Switch to diet sodas, sugar free drinks including water, sports drinks and diabetic cordials. Simple carbohydrates can cause sugar cravings also. Avoid white breads, starchy foods, baked goods and potato chips. Even though they don't taste sweet they are packed with

To lessen or avoid the withdrawal symptoms from reducing sugar intake, there are several herbal remedies you can use. These herbal remedies can have a relaxing effect on the body and help alleviate symptoms of anxiety, moodiness, disrupted sleep and nervousness. Try Valerian root, Chamomile, Passion flower or St Johns Wart. These herbal remedies can interact with your current medication and may cause an allergic reaction in some sensitive people. It is therefore recommended to talk to your doctor before commencing on any herbal supplement.

Read the labels on foods that you buy for their sugar content and avoid those with a high amount of sugar. Choose a food that is low in sugar or no sugar that you really enjoy and use this food to reward yourself when you have a sugar craving. Make use of distractions when you have sugar craving like having a massage, a manicure, a bubble bath, any activity which gives you pleasure.

In conclusion, breaking the sugar addiction can be a habit as hard to break as any other drug addiction. It is not easy to break the habit but with time and effort you can change your cravings for sugar. Sugar addiction leads to obesity and diabetes. You will not only reward yourself with better health by breaking the habit, you will also save yourself a lot of money.

Sources: Princeton University Kitta MacPherson Sugar can be addictive, Princeton scientist says Retrieved September 17, 2012 / Psychology Today Kelly McGonigal Ph.D. Sugar Addiction In Your Body, Not Just Your Mind Retrieved September 17, 2012 / University of California Sugar Highs and Lows: The New Science of Sugar Addiction Retrieved September 17, 2012.

**Disclaimer:** The information contained in this article is for educational purposes only and should not be used for diagnosis or to guide treatment without the opinion of a health professional. Any reader who is concerned about his or her health should contact a doctor for advice.

# Tetters to the Editor

We welcome letters to the Editor; however the letters should be legible, in good taste, not libelous, and pertinent to current issues. Names will not be withheld upon request, except for very special circumstances. NAME AND PHONE NUMBER SHOULD BE INCLUDED FOR VERIFICATION PURPOSES. We reserve the right to reject any and all letters.

Dear Editor,

Several veterans and I attended a City Council meeting in May, when we had heard that the city was not going to renew our lease. It expired after ten years. It is the Northwoods Veteran's Memorial located in the old library building at 104 South Lake Avenue.

We have been paying the rent on time and have been keeping the building up to date. Now, it seems that the mayor doesn't approve of us having it anymore.

I can't believe that the City of Crandon would put our veterans out just for a few that are interested in selling it.

Mrs. Hobbs had wrote the city a letter in 2002, saying the city should give the building to the vets. She invested a large amount of money in getting the new library for the city and wanted the vets to have a place to keep their memories too.

I had a son who enlisted at age 17 because he loved this country and wanted to go to Vietnam and keep our country safe. Six months later, the dreaded news came that he was killed in action over there.

We have a special room made from the big vault, and it contains pictures and memorabilia from all wars. It is a K.I.A. and P.O.W. room.

Many people have visited our museum and have enjoyed it, including school children, Red Hatters and the elderly.

Many vets have donated their valuables to be displayed and some are in glass cases and some are plaques on the wall.

When we went into the building in 2002, we painted everything, installed a full carpet, two large ceiling fans, a sink, cupboards and refrigerator so the vets could come in and enjoy it. Not only the vets, but everybody is invited.

I am writing this to let the people know what is taking place between the city and the veterans who have kept all of us safe so we can enjoy it. I think it is necessary for the people of Crandon to let their council members know that this a great thing for Crandon and all towns near by.

The towns have so generously donated each year to keep us going. After all, Crandon is the county seat, and we all support Crandon in all their doings.

It was asked; "Do you pay taxes?" Come on! What do you call it when you put your life on the line so the rest of us can stay free?

Please help us to renew our lease again so everyone (including our children) can see just what our veterans have done and still do for each and everyone of us.

We are asking the city to renew our lease again, and they said they would decide on it. If this doesn't happen, where do we go with all the precious things that have been donated to make this a beautiful memorial for the City of Crandon.

A Gold Star Mother and treasurer of the Northwoods Veteran's Memorial **Betty Houle Hozan** 

# Eastern Star scholarships include Kaylene Dennee

Eagle Chapter #218 Order of the Eastern Star of Eagle River is pleased to be able to sponsor three scholarships to area high schools. through fund raisers and also from memorials received by the Chapter.

Kaylene Dennee from Crandon High School received a scholarship and will be entering Nicolet Technical College in the fall. The Art Bonnee Memorial Scholarship is designated for a Lakeland Union High School Senior and went to Johnathon Wawronowicz who will attend UW-Madison.

The Eva Schmidt Memorial Scholarship is set aside for a Northland Pines Senior who is David Zyhowski and will be attending Fox Valley Technical College.

# Recycling bins available for events at the courthouse

Forest County has a new tool for event recycling. Fifty corrugated plastic recycling bins have just been delivered to the courthouse. These bins are intended to make event recycling cleaner and easier. They are 38 inches tall and can accommodate a 50-gallon bag securely.

Any town or organization can borrow these bins for their events by calling Pam LaBine at the zoning office or by calling 715-478-1387.

# CRANDON INT'L OFF-ROAD **RACEWAY WORKERS MEETING**

FIRE & RESCUE PERSONNEL AND KEY PERSONNEL FROM THE **VOLUNTEER ORGANIZATIONS** 

=PLEASE=

ATTEND THE THURSDAY NIGHT MEETING JUNE 27, AT 7PM IN THE BRUSH RUN BARN \*THIS MEETING IS MANDATORY

FOR ALL SPOTTERS, CORNER & TRACK WORKERS,

### **School District of Crandon IMPORTANT SUMMER DATES**

Elementary Summer School: June 17-July 3 (8:30 a.m. 1:00 p.m.) Middle/High School Summer School: June 17-July 26 (8:00 a.m. 11:30 a.m.) Breakfast is at 8:00 a.m. and lunch is from 11:00 a.m.-Noon daily and is offered to all students.

> Cardinal Grill: Located on the Courthouse Square June 19th, July 17th & August 14th

Card-Fit Weight Room Facility: June 12-August 9 (Closed July 4 & August 5-6)

Open to the public from 6 a.m. to 8 a.m. and from 11 a.m. to 9 p.m. The weight room is open to all public members of the School District of Crandon and is supervised by responsible upper classmen from the Crandon High School. The weight room is used at your own risk, so please consult your physician before

engaging in any exercise regimen. Liability waivers are required to be completed at the first time of usage. In order for the District to defray costs, free will donation and the selling of bottled water will be offered.

### **TOWN OF NASHVILLE NOTICE OF PROPOSAL**



The Town of Nashville has the following real estate for sale located at 360 County Road DD, Pickerel, WI 54465. The town will accept sealed "Proposals to Purchase" which must be submitted to the Town Clerk's Office located at the Nashville Community Center & Town Offices Building at 1038 County Road Q, Pickerel or mailed to the Town Clerk at P.O. Box 106, Pickerel, WI 54465. All proposals must be in by 10:00 o'clock a.m. on June 26th 2013. The sealed "Proposals to Purchase" must be delivered in a sealed envelope with "360 County Road DD Proposal" printed on the outside of the envelope. The sealed "Proposals to Purchase" will be opened at a Town Meeting held at the Nashville Community Center & Town Offices Building located at 1038 County Road Q, Pickerel, WI 54465 on June 26th 2013 at 10:00 o'clock a.m. The property will be sold "AS IS, WHERE IS." Ten percent (10%) down in certified funds must accompany the proposal. The balance of the purchase price is to be paid within thirty (30) days upon approval of the sale by the Nashville Town Board. A full legal description, easement agreement, quit claim deed, survey and conditions of sale are available at the Nashville Community Center & Town Offices Building. A title policy for the full purchase price will be provided. In the event that there are two (2) identical proposals, the Town Board will hold a private auction between the two (2) proposals at the time of the proposal opening. The town reserves the right to reject any and all proposals and to accept the proposal most advantageous to the Town of Nashville.

Description: 2.5 acres, 20-50 parking spaces, 3252 square foot metal storage/shop, 876 square foot wood frame building and a 160 square foot attached office trailer.

# **Public Library Hours**

Lakes Country Public Library - Lakewood - Monday, Tuesday & Thursday 9:00 a.m. - 5:00 p.m.; Wednesday and Friday 2:00 p.m. - 8:00 p.m.; Saturday 9:00 a.m. 2:00 p.m. • 715-276-9020.

Wabeno Public Library - Tues & Fri. 10 a.m. - 5 p.m.; Wed. & Thurs. Noon - 5; Sat. 9 - Noon. Closed MONDAYS & SUNDAYS, Wifi signal: 8 a.m.-9 p.m.. 7 days/week. 715-473-4131

Crandon Public Library - Monday, Tuesday & Friday 9:00 a.m. - 5:00 p.m.; Wednesday 9:00 a.m. - 7:00 p.m.; Thursday 9:00 a.m. - 7:00 p.m.; Saturday 9:00 a.m. -Noon • 715-478-3784.

Laona Edith Evans Community Library - SUMMER HOURS: Monday - Friday 8:00 a.m. - 2:00 p.m. & extended hours on Tuesday 5:00 - 7:00 p.m. CLOSED Saturday & Sunday • 715-674-4751

### Museum Hours

Forest County Museum- Closed for winter. opening in May 2013.

Forest County Potawatomi Cultural Center & Museum - Monday -Thursday 7 a.m. - 5 p.m. If you have special research needs or want to inquire about collection, please call 715-478-4841.

Wabeno Museum - Memorial Day - Through Labor Day Monday-Thursday: 11:00 a.m.- 4:00 p.m.; Friday-Saturday: 10:00 a.m.- 5:00 p.m.; Sunday: 10:00 a.m.

### Nicolet College tax levy dollars to remain the same

The Nicolet College Board of Trustees has approved a budget for 2013-14 that keeps the total tax levy for the college the same as the previous year.

The amount levied for the upcoming academic year will again total \$20,884,373.

The new budget also reflects a slight reduction in

# Liquor Licenses

The following liquor licenses have been applied for with the Town of Wabeno for the July 2013 to June 30th, 2014, with the Town Clerk. The licenses will be approved at a June 2013 meeting.

### CLASS A

Ryan Diemel Diemel's Bait & Tackle LLC 1880 Hilltop Lane

### CLASS B

Ryan Diemel Diemel's Bait & Tackle LLC 1880 Hilltop Lane

### CLASS C

Steven John Ashbeck Flowers Galore 4533 N. Branch St.

/s/ Brenda St. Peter, Town Clerk

### **CALLING ALL MARINES - WE WANT** YOU!

The Forest County Detachment of the Marine Corps League is looking for new regular members and associate members to come join us the first Wednesday of every month at the VFW Hall in Crandon. Food & Door Prizes. For more information please call Micah Dewing at 715-889-0371 OU/50



# Saturday - 7 a.m. to 3 p.m. Sunday - 9 a.m. to 3 p.m.

Laona Library Lore

TOWN OF LAONA

**CHANGE IN RECYCLING** 

**CENTER HOURS** 

**EFFECTIVE JUNE 20TH, 2013** 

Thursday - Noon to 6 p.m.

The Edith Evans Community Library is pleased to report that the following new items have been added to their growing collection for your viewing and/or reading pleasure:

Adult Fiction: "And the mountains echoed" by Khaled Hosseini; "Apple orchard" by Susan Wiggs; "Best kept secret" by Jeffrey Archer; "Blossom sisters" by Fern Michaels; "Fly away" by Kristin Hannah; "12th of never" by James Patterson; "Wedding night" by Sophie Kinsella; and "Whiskey beach" by Nora Roberts

"Django unchained"; "Following her heart"; Movies: "Forgiven"; Left to die"; "Love's everlasting courage"; "Outsiders"; "Save the date"; "Smooch"; and "Working miracles"

Young-Adult Non-Fiction: "Insects" by Kari Schuetz; "Life under the pirate code" by Cindy Jenson-Elliott; "Most famous pirates" by Cindy Jenson-Elliott; "Pirate ships ahoy!" by Cindy Jenson-Elliott; and "Pirates' tools for life at sea" by Cindy Jenson-Elliott

### Notice **Crandon Lakeside Cemetery Spring Clean-Up**

**VISITORS TO LAKESIDE CEMETERY: PLEASE FOLLOW** THE RULES POSTED AT THE CEMETERY.

Please do not place decorations on the grass. Secure decorations to foundation or stone marker. No glass please. Any glass and all decorations placed in the ground or on the grass will be removed. Decorations in or on grass will be removed starting June 24, 2013.

No trees or shrubs should be planted without prior permission from the cemetery committee. For any other information you may call City Hall at 715-478-2400 during regular business hours.

### Thank you, Crandon Cemetery Committee

staffing, with a decrease of 1.4 full time positions. Since 2010-11, the college has reduced staffing by the equivalent of 22.2 full-time positions while at the same time making advances in several key academic areas, said Nicolet College President Elizabeth Burmaster.

"Nicolet has been especially competitive in securing new private, federal and state grant funding which has helped fund new initiatives at a time of levy freezes and state general aid reductions," Burmaster reported to the board.

The most significant of these were grants totaling more than \$1.3 million to boost manufacturing training. Nicolet is using this money to expand its Welding program by 30 percent and also create a series of academic credentials in manufacturing that culminates in the new, two-year Industrial Mechanical Technician associate degree, Burmaster reported.

"Even in these continued tight economic times the college has been able to find ways to expand key academic programs," she said. "The advanced training these graduates bring to the workplace will contribute to the overall economic development of the region."

She also noted that the college's occupational/technical programs posted an average job placement rate of 90 percent in 2012-13.

Another highlight of the past budget year was the historic partnership the college formed with the Lac du Flambeau tribe to deliver dental instruction at the new Peter Christianson Dental Clinic in Lac du Flambeau.

"This partnership was the first of its kind in the nation and one that will have long-lasting benefits to Northwoods residents," Burmaster said.

### Forest County Crime Report From the Office of Sheriff John Dennee

**Activity Report for May 2013** 

### Nature of Complaint Total **Complaints Total Arrests**

Assault 9	)	1
Burglary 1	7	1
Conservation 5	5	0
Crimes Against a P	erson 1	0
Damage Property	12	0
Dangerous Drugs	6	0
Family Offenses	30	1
Forgery/Counterfei	ting 1	0
Fraudulent Activitie	es 9	0
Health-Safety	247	7
<b>Invasion of Privacy</b>	6	0
Jail Violation	9	0
Larceny	22	2
Liquor	2	0
Lock Out	25	0
<b>Obstructing Govern</b>	nment 15	9
Other	41	1
<b>Property Crimes</b>	4	0
Public Peace	96	6
Sex Assault	1	0
Sex Offenses	1	0
Stolen Property	1	0
Stolen Vehicle	3	0
Threats	1	0
Traffic Offense	87	11
<b>Weapons Offenses</b>	1	0
Totals:	652	39

**MEAT** 

**PRODUCE** 

SCHAEFER'S IGA PULL - OUT SECTION

SCHAEFER'S MEAT DEPT. SELLS USDA ANGUS **CHOICE BEEF & USDA INSPECTED PORK** 

Premium Angus Choice Boneless Beef

SIRLOIN TIP ROAST \$2.99<sub>Lb.</sub>



Premium Angus Choice Boneless Beef

SIRLOIN TIP STEAKS

S3.59 lb.

Premium Angus Choice Fresh

GROUND SIRLOIN

\$3.59*lb.* 



Hormel Natural Choice Boneless

PORK CHOPS

Hormel Natural Choice Boneless **PORK LOIN** ROAST

\$2.59<sub>Lb.</sub>

Hormel Natural **Choice Boneless** BABY BACK RIBS

\$2.79<sub>Lb.</sub>

Tyson USDA Inspected Boneless, Skinless CHICKEN BREAST

\$2.59<sub>Lb.</sub>

Delifresh

John Morrell SLICED BACON

12 Oz.



2/\$6.00

Oscar Mayer LUNCH MEAT

16 Oz. Chopped Ham. Ham & Cheese, Smoked White Turkey, & Oven Roasted White Turkey

ShurFresh

DOGS

16 Oz.

JUMBO HOT



Oscar Maver

\$2.99

PEPPERONI

**IGA** 

SLICED

CHICKEN BREAST

Deli Fresh

Johnsonville PORK



Fresh VINE TOMATOES



99¢ Lb.

Summeripe Yellow

PEACHES OR NECTARINES



.49 LB.

Fresh, White



Jumbo ONIONS

99¢*lb.* 

Roasted In Shell



\$1.69 Lb.

Red, Orange, Yellow



2/\$3.00

FIELD GREEN SALAD

8 Oz. Bag

2/\$4.00

Seedless

**WATERMELONS** 

12 Lb. Avg.



**39¢** *Lb.* 

**AVOCADOS** 



**PULL - OUT SECTION** 



Schaefers.iga.com **Pioneer Plaza Highway 8 E., Crandon** 

HOURS: Mon. - Sat. 7AM - 8PM Sun. 7AM - 7PM

478-2558 FAX 478-2545

SUN MON TUE WED THU FRI SAT 20 17 18 19 21 22 23

Prices Effective Mon. June 10, 2013

We reserve the right to correct any printing errors in the ad We reserve the right to limit quantities

SCHAEFER'S IGA PULL-OUT SECTION

SCHAEFER'S IGA PULL-OUT SECTION

SCHAEFER'S IGA PULL-OUT SECTION

SCHAEFER'S FOOD MART PULL - OUT SECTION

PULL SCHAEFER'S

SCHAEFER'S FOOD MART PULL - OU

Folgers Select 8 Kinds, 27.8 - 33.9 Oz.



reamette

Select Creamette

4 Kinds 16 Oz.

\$7.99

Select DAWN DISH 20-24 Oz., 6 Kinds

S2.49



**Old Orchard** APPLE JUICE

S1.99

**ShurFine** TWIST & STORE CONTAINERS 16 & 32 Oz.



**IGA** SUGAR 4Lbs.

\$2.19



Peter Pan PEANUT BUTTER



**Shurfine** FLOUR 5Lb.

S1.69



Select MOM BAG CEREAL 17.5-21.5 Oz. 4 Kinds

STRAWBERRY TWIZZLERS

Select M.O.M BAG CEREALS 10-12 Oz.,4 Kinds

50¢ with a Separate \$10 Purchase SCHAEFER'S FOOD MART PULL -

S1.49

TOMATO JUICE

FRITOS & CHEETOS Reg. \$3.49

2/\$5.00

Glaceau



S1.79 AQUAFINA SPLASH

WITH MORE CARD LIPTON

PRICE GOOD





S1.29



12 Oz/12 Pack Cans

OR

12 Oz/8 Pack Bottles

3.00

COKE BRAND

7.5 Oz./8 Pack OR .5 Liter/6 Pack



16.9 Oz OR GOLD **PEAK** 18.5 0z

OR FUZE

10/\$10.00

POWERADE





PEPSI BRAND

6 Pk/24 Oz. Bottles

ER'S FOOD MART PULL - OUT SECTION



PEPSI 1.5 Ltr. Bottle

SCHAEFER'S FOOD MART PULL-OUT SECTION

SCHAEFER'S FOOD MART PULL-OUT SECTION

**SCHAEFER'S FOOD MART** 

SCHAEFER'S IGA PULL - OUT SECTION

## **Computerized PICTURE CAKES** at Schaefer's **Bakery**

Bring in any photograph, picture, or drawing and we will put it on vour next party cake



BIRTHDAY **ANNIVERSARY TEAM PARTY HOLIDAYS FAVORITE PETS** RETIREMENT GRADUATION DRAWING **PHOTOGRAPH** 

**BAKERY** 

All cake orders MUST be placed with a 24 hour notice! All weekend orders must be placed by 10:00 am Thursday!

CARROT PICNIC CAKES





OUT SECTION

SCHAEFER'S IGA PULL -



**Assorted** MINI TUB DONUTS 13 Oz.







\$1.69

Shurfine, Garlic NNER ROLLS

1.99

Reg. \$2.49







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T.J. Farms, Shredded HASH BROWN POTATOES

24 Oz. Bag Reg. \$2.43





Mrs. Gerry's

TAPIOCA OR RICE **PUDDING** 



\$2.99<sub>Lb.</sub>

DELI

SCHAEFER'S IGA PULL - OUT SECTION

SCHAEFER'S IGA

Mrs. Gerry's 3-BEAN SALAD



S2.69<sub>lb.</sub>

**NEW Kretschmar Classic** OVEN ROASTED TURKEY BREAST

50% Less Sodium

# HAPPY FATHER'S DAY

24 Hour Notice On Party/Deli Tray Orders Please

FLAG With Pole

\$10.99





GENERAL MERCHANDISE **Plastic** PATRIOTIC

Plastic

**36**" WINDSOCK

S1.59

Assorted REDDI WHIP 6.5 Oz. Save 80¢

FROZEN

**\$2.09** 

Land O' Lakes

With Chives

16 Oz.

SOUR CREAM

S1.75

**Pillsbury** 

ROLLS

**SAVE \$1.66** 

on Two

8 Ct. Assorted

CRESCENT



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**Assorted** 10 Oz. Save \$1.00



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Beauty

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Sheer Powder for Women Cool Rush for Men Extreme Blast for Men Reg. \$2.43

> S1.49 With More Card

Dial Gold

BATH

3 Bars,

Round the

clock odor

protection

Reg. \$3.15





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# ALLERGY CAPSULES

24 Count Compare to Benadryl Reg. \$3.83



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# For Cuts, Scraps & Burns

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0.5 Oz., Cream, **Ointment** Reg. \$5.99



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**TopCare** 

**EPSOM SALT** 

16 Oz. Reg. \$2.67



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# **24 EXP** CAMERA

Rea. \$7.53



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# General Merchandise

**Domestix** 

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# **ShurFine** COFFEE

FILTERS



# **Electrix** SOFT WHITE BULBS

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Crandon

Grocery

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64 Oz. Smooth or Tangy Style

COKE

BRAND

12 Oz/20 Packs





Summy

With More Card

# Maxwell House ORIGINAL ROAST COFFEE

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More Card

BELLATORA PIZZA



2/\$10.00

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13.3 to 14.5 Oz. **Varieties** 



### DASANI WATER 24 Packs



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Gedney BABY DILLS

3 Kinds 32 Oz.



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SCHAEFER'S IGA PULL-OUT

SCHAEFER'S IGA PULL-OUT SECTION

SCHAEFER'S IGA PULL-OUT SECTION

### What is Aloe Good For?



For thousands of years, aloe vera has been used as a natural medicine. No other natural product contains such a large number of properties useful to humans. Though the aloe vera

plant looks like a cactus, it is actually a member of the lily family. There are more than five hundred different species of this commonly known household plant. Known by many other scientific-sounding names, such as Curação aloe. Barbados aloe, and even lily of the desert, most of us just call it aloe. Below are some of the more common uses for aloe vera:

- · Soothes skin injured by burns, irritations, cuts and insect bites.
- Relieves itching, swelling, and irritated skin.
- Improves the effectiveness of sunscreen products.
- Eases digestive complaints.
- · Heals skin conditions such as eczema, psoriasis, or acne.
- · Aids musculoskeletal conditions such as arthritis or rheumatism.

Many of the skin care products containing aloe vera are also fortified with Vitamin E and collagen to keep the moisture in and help maintain the skin's elasticity and suppleness. Today, aloe vera and skin care products seem to go hand in hand. Commercial products containing aloe vera are used by millions of people worldwide.

### **How to Grow Your Own**

Aloe plants make for great houseplants. If you live in a warm climate, you could put them on a deck or even plant them, however they are extremely frost tender.

For outside: Plant in full sun or light shade.

Inside: Keep the plant in its own container and place near a sunny window.

Watering: Remember Aloe Vera is a succulent, which means it doesn't need a lot of water. It actually stores water in its leaves and roots. In the winter, Aloes go through a dormant stage and won't require a lot of water. In the summer, wait until the soil is dry, then completely soak the plant. Allow it to dry out before you water it again.

### **How to Use It**

When you find yourself in need for some aloe, break off a lower leaf and apply the gel to the affected area. If necessary, use a knife to cut the leaf open.

http://www.farmersalmanac.com/health/2008/05/12/what-is-aloegood-for/

### **Forest County Commission on Aging DOT Bus Schedule**

MONDAY June 17 - Alvin and Nelma to Iron Mountain \*Crandon, Laona and Argonne Standby Bus Driver: Hal Weisnicht

TUESDAY June 18 - \*NEW\* Short Route - Laona, Wabeno and Crandon (local) to Rhinelander by 9 a.m. Wal-Mart Complex/ Aldis only. NO lunch. Depart Rhinelander at 11:45 a.m. Bus Driver: Bob Shepherd

WEDNESDAY June 19 - Cavour and Armstrong Creek to Iron Mountain \*Crandon and Laona Standby Bus Driver: **Hal Weisnicht** 

THURSDAY June 20 - Argonne, Hiles and Crandon to Rhinelander Bus Driver: Bob Shepherd For Reservations Please Call the Bus Driver For That

Hal Weisnicht: 715-478-2961

**Bob Shepherd: 715-478-2683** 

### **TOPIC OF THE MONTH** "Casserole" **MEAL SCHEDULE**

### CRANDON, WABENO, LAONA

MONDAY - June 17 - Baked chicken, 1/2 baked potato with sour cream, beets, dinner roll, dutch apple square

MONDAY - June 24 - Swiss steak, mashed potato, green beans, dinner roll, marble cake w/frosting

### CRANDON, WABENO, LAONA

TUESDAY - June 18 - Meatloaf, mashed potato, herbed carrots, dill bread, ice cream

TUESDAY - June 25 - Baked ham, sweet potato, california blend, wheat sourdough bread, chocolate mousse

### **CRANDON**

WEDNESDAY - June 19 - Pulled pork sandwich on a bun, 3 bean salad, fruit, lemon bars

WEDNESDAY - June 26 - Chicken ala king, brown rice, tossed salad, biscuit, peanut butter cookies

### **LAONA**

THURSDAY - June 20 - Pulled pork sandwich on a bun, 3 bean salad, fruit, lemon bars

THURSDAY - June 27 - Chicken ala king, brown rice, tossed salad, biscuit, peanut butter cookies

### **ARMSTRONG CREEK**

TUESDAY - June 18 - Beef & macaroni hot dish, corn, peaches, bread, bars

TUESDAY - June 25 - Pork & kraut, boiled potatoes, carrots, bread, cake

### **ALVIN**

THURSDAY - June 20 - Chicken pot pie, mixed

# Help Wanted

# Help Wanted

Our team of caring, compassionate and professional care givers need your help.

**JOB OPPORTUNITIES** 

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**Sheron Quesinberry Human Resource Manager** ARIZCONSIN GROUP, INC. P.O. Box 400, Crandon, WI 54520 715-478-3324



# Help Wanted Waitresses ·

Experience helpful but not necessary Stop for an application Open at 4:30 p.m.

715-484-3211 or 715-484-2100

vegetables, peaches, bars, rolls

THURSDAY - June 27 - Scalloped potatoes and ham, salad, pears, bread, birthday cake

**WABENO HOME DELIVERED MENU MONDAY, TUESDAY same as Crandon THURSDAY** same as Laona

Please register with Commission on Aging - 715-478-3256 Crandon site manager Pat Raml is at 715-478-0742 (home) or 715-478-3040 (site). Serving at 12:00 p.m. on Monday, Tuesday and Wednesday.

Alvin site manager Florence Kostka at 715-545-4063 (home) or 715-545-3323 (site). Meal served at 4:30 p.m. on Thursday.

Laona site manager Peggy Dann at 715-674-2191 (Home) or 715-889-3321 (Cell). Meal served at 12:00 p.m. Monday, Tuesday and Thursday,

Wabeno site manager Diana Reed at 715-850-0626 (home) or 715-473-4333 (site). Meal served at 11:30 a.m. on Monday and Tuesday. Home delivered on Monday, Tuesday and Thursday.

Armstrong Creek site manager Shirlev Maruszczak at 715-336-2622 (home) or 715-336-2218 (site). Meal served at 11:15 a.m. on Tuesday.

### WABENO JR/SR HIGH SCHOOL 4th QUARTER HONOR ROLL

**HIGHEST HONORS 4.00 GPA** 

SENIORS: Brielle Bodoh, Hali Nygard

JUNIORS: Savannah Hennessy-Luther, Christy Mattern SOPHOMORES: Zachary Burki, Holly Spaude FRESHMEN: Ryan Brauer, Alexis Christianson, Alissa

8th GRADE: Lindsey Dinkelman

7th GRADE: Hannah Christianson, Ellena Donaldson HIGH HONORS 3.50 3.99 GPA

SENIORS: Nicholas Chickey, Haley Christianson, Maddie Costanza, Keith Fryar, Stone Koenig, Alyssa Mangold, Breanna McLaughlin, Frederick Mermuys, Jeremy Norris, Brandon Oberleitner, Alisa Piontek, Kacy Piontek, Stacy Roy, Ty Stephanie Prasser, Robert Rocole, Saunders, Amanda Stefanski, Gloriann Waube

JUNIORS: Andrew Boor, Delphine Frank, Tokio Kobayashi, Jacob Pakulski, Miranda Vogel, Melissa Waube

SOPHOMORES: Suzannah Diamond, Anton Kerscher, Jacob Kroll

FRESHMEN: Abigail Ashbeck, Kaitlyn Ashbeck, Teagen Bodoh, Nacie Calarco, Claire Carpenter, Brian Connor Jr., Mandi Jameson, Presley Keeble, Courtney Schaefer, Jordan Schuhart, Alex Webb

8TH GRADE: Hope Barfknecht, Allison Bartels, Rachel Calarco, Cooper Chrisman, Sheila Deverney, Michael Gilpin, Jasmine Hanson, Ashlyn Hooper, Spencer Huettl, Lake Koenig, Olivia Kralovetz, Brandon Moravec, Allisen Novak, Jenna Skarlupka, Margaret Warrner

7th GRADE: Kassidy Ashbeck, Emma Barfknecht, Tyler Harris, Hailee Powers

### HONOR ROLL 3.00 3.499 GPA

SENIORS: Lei Vaughna Aaron, Lydia Bath, Annie Champine, Bradley Grant, Tyler Piontek, Andrew Shepard, Jonathon Smits

JUNIORS: Aria Demerath, Jared Demmith, Paula Doyle, Samantha Exferd, Mesa Geiter, Alexis Harris, Jordan Higgins, Ryan LaFond, Australiana Peterson, Brinda Spencer, Hunter St. Peter, Lukas Tallier

SOPHOMORES: Austin Andrews, Austin Bauer, Justin Cassidy, Autumn Huettl, Samantha Lake, Desiree Meyer, Dennis Ponton

FRESHMEN: Tanesha Burba-Pospichal, Zachary Dinkelman, Noah Exferd, Tressa Lange, Maxwell Milkie, Blake Roberts, Audra Tarlton

8TH GRADE: Heather Bath, Samantha Bath, Nicole Eggert, Dylan Garrison, Riley Hoffmann, Taylor Neitzer, Casey Riebe, Kelly Spaude

7th GRADE: Courtney Brooks, Jordan Burki, Caitlin Cassidy, Margaret Chickey, Brenden Dorner, Tanner Dorner, Evan Eggert, Dylan Houts, McKenzy Mischo, **Tallion Shutte** 

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Betc 5

# Work Wanted

# **SEEKING EMPLOYMENT**

Looking to do cleaning services for commercial or private businesses or home. Looking for opportunity within City of Crandon. I am interested in full or part time. Call 715-367-3298. Can offer references



### **WORK WANTED:**

Lawn mowing and trimming in the Argonne, Hiles, Crandon and Mole Lake areas. Free estimates! Call 715-889-0926. P11

ARE YOU LOOKING FOR **DAYCARE?** Contact Ashley Matuszewski at 715-649-3852. P10

### Forest County CAN! Announces Summer's Season of Health: make your move!

Have you seen these signs and stickers around the county? That's because the Seasons of Health campaign is continuing! This is the fourth of a series of county-wide quarterly campaigns are focused on providing YOU with more opportunities to be healthy. Summer's campaign, "make your move!" is focused on getting all ages more involved in physical activity.

These campaigns are guided by our community health plan's health priorities for 2011-2015. One of these priorities is increasing physical activity levels of Forest County residents by 2015. Why do we need to be active? Physical Activity strengthens your bones and muscles, provides energy balance and weight control, improves your mental health and mood, lowers risk of heart disease, diabetes, and high blood pressure and increases your chances of living longer. Children and adolescents need 60 or more minutes of physical activity per day and adults should have at least 150 minutes per week.

You don't need to join a gym to be physically Start slowly to prevent injuries if you have not been active for a while. For example, take a brisk 10minute walk twice a week to begin. Join a softball or bowling team. Grab some friends and go walking a few days/week. Take the stairs instead of the elevator at work. Walk down the hall to talk to a co-worker instead of sending an e-mail. Add a 10- or 20-minute walk during lunch.

Some activities are already planned. June 22nd there will be a bicycling awareness event at Cardinal Park. July 6th is the Run for the Paws 5K. July 27th is the Moonshine Run. August 4th is the Laona Souper Run. Stay tuned for more community events focusing on increasing activity. Check out the new community calendar at www.goforestcounty.com for family friendly events. Interested in hiking, biking and canoeing? Check out www.forestcountywi.com for maps and information on trails. You can also print a brochure of the commonly used trails at our website

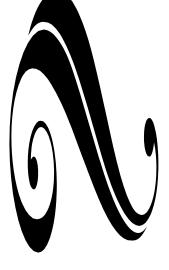
Get excited about "make your move!" this summer, and keep an eye out for a new season of health this fall! Check our website for more information and contact us if you would like to host an event or volunteer. www.forestcountycan.org or 715-478-3371

### **Still Smoking** Try our revolutionary

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**P29** 

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PIONEER EXPRESS PAGE 17, JUNE 17, 2013

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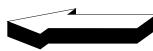
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### Crandon Library news

### **Summer Reading Kick-Off Concert**

Join us on Monday, June 17th for a family-friendly concert featuring Wisconsin's own Tom Pease. With movement, sign language, and humor, Tom leaves audiences laughing and singing and best of all having fun! This free concert will be held at the School District of Crandon's auditorium and begins at 6:30 p.m. All ages are invited to attend.

Registration for the Crandon Public Library's summer reading program "Dig Into Reading" will also begin on Monday, June 17th. Registration packets and reading logs will be available at the library desk or in the school auditorium before the concert begins. This summer, in collaboration with the Crandon School District, participants can earn Cardinal Cash for reading and visiting the library. The Cardinal Cash can then be used to purchase prizes all summer long.

Our summer reading program is open to all residents and visitors to the Crandon area. Please visit the library for a program flyer, our website at www.crandonpl.org or our Facebook page for all the

### **Lego League this Saturday**

Join us on Saturday, June 15th at 10:30 a.m. for our monthly Lego League program. Lego League is for children of all ages and their families. Participants are

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invited to use their imaginations and build creative projects using LEGO and DUPLO® blocks! We provide the Legos, you provide the fun!

### Story Hour and Friday Free-For-All's

Story Hour, designed for preschool and early elementary aged children, will continue to meet on Wednesday mornings all summer long at 10:30 a.m. Our first summer story hour session will be held on Wednesday, June 19th. Our drop-in story hour program includes stories, songs and art projects and lasts approximately 45

On Friday mornings at 10:30 a.m. beginning June 21st, children ages 7+ are invited to stop at the library for our Friday free-for-alls! The Friday free-for-alls will offer a variety of different projects for kids. Each week we will be doing something new and creative and lots of fun! There is no registration required.

### Display Case features ceramic collection

graduating CHS seniors, Ron T. Krueger, has a collection of ceramics to share with the community. Ron completed the

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majority of these pieces throughout his high school career. The collection includes an attractive set of nesting bowls as well as a blue ribbon piece that includes a teapot with cover and a cup to match decorated with a serpentine style of design. Many of the ceramics are colored in deep umber tones which are rich in color and lend to these ceramic pieces. There are a few bowls and some of Ron's earliest works which were given as gifts to his Grandparents. These gift-pieces consist of a rich green, stamped pot and a mauve colored rose. The group also contains a small serpent holding a mouse, which is quite unique, so you don't want to miss this month's collection. We thank Ron for sharing his work with us and wish him good luck in his future endeavors

### **New Fiction Titles**

New fiction titles added to our new bookshelf include The Quarryman's Bride by Tracie Peterson, The Asylum by John Harwood, Dead Insider by Victoria Houston, Unintended Consequences by Stuart Woods, Storm Front by Richard Castle, Triumph by Janet Dailey, Looking for Me by Beth Hoffman, Deeply Odd by Dean Koontz, Zero Hour by Clive Cussler, The Redeemer by Jo Nesbo, and Classified by Fern Michaels.

### **Library Hours**

The Crandon Public Library is open Mondays 9-5, Tuesdays 9-5, Wednesdays 9-7, Thursdays 9-7, Fridays 9-5 Here we are in the middle of 2013 and one of our and Saturdays 9-Noon. Learn more about what your library has to offer at our website at www.crandonpl.org.

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478-3765.



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# Laona School 4th, 2012-2013 Quarter Honor Students

**Top Honor Roll - 4.00** 

12th Grade: Nicole Babich, Alanna Benaszeski, Charles Bey, Kimberly Mentz.

11th Grade: Hunter Babich. 7th Grade: Josie McHugh.

High Honor Roll - 3.5-3.99

**12th Grade:** Jake Ambrosius, Brea Bandt, Danielle Flannery, Erick Henkel, Catherine Krawze, Morgan Krawze, Megan Milan, Zachary Reeves, Azalia Shears, Stephanie Slimmer, Samantha Trebtoske.

11th Grade: Heide Radey, Anna Marie Savard.

10th Grade: Dalton Bellamy.

**9th Grade:** Heaven Adkins, Jordan Belland, Alex Benaszeski, Leslie Lukas, Austin Townsend.

8th Grade: Kaylee Babich, Danielle Johnson, Kayla McHugh, Kyle Tinsman.

**7th Grade:** Hailey Aschinger, Trevor Carter, Kaylin Chitko, McKenna Murray, Amber Process, Megan Radey.

### Honor Roll - 3.00-3.49

**12th Grade:** Jessa Belland, Logan Chrisman, Thomas Cleereman, Tyler Enders, Shania Simonis, Emily Terry, Molly Thornton.

11th Grade: Elycia Baker, Shelby Cleereman, Kiresten Falci, April Hackey, Jenna Jobelius, Michael Lempel.

 $\textbf{10th Grade:} \ Jonathan \ Ashbeck, A aron \ Enders.$ 

**9th Grade:** Josh Chitko, Brittany Kevilus, Gage Tallier, Mason Wamego, Amelia Weber.

8th Grade: Kelci Godin, Chloe Krawze, Madelyn (rawze.

**7th Grade:** Damian Adkins, Jacob Chitko, Kaylea Clark, Kasi Enders, Cody Laatsch.



# Job Corps Grads Cont. from pg. 1

If you are interested in hiring any of the above graduates please contact the Center's Vocational Development Specialist, Steve Peloquin at: 715-674-7670. For more information about enrollment please contact Admission's Counselor Joe Kovach at: 920-435-1543 and to schedule a tour please contact our Business Community Liaison, William Lachey at: 715-674-7675.

Administered by the U.S. Department of Labor, Job Corps is the nation's largest career technical training and education program for low-income young people ages 16 through 24. Job Corps is a U.S. Department of Labor Equal Opportunity Employer Program. Auxiliary aids and services are available upon request to individuals with disabilities. TDD/TTY telephone number is (877) 889-5627. Like us at facebook.com/doljobcorps

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KIDS DINNER & SANDWICH MENU

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# Thank Yous & Personals

June & her children would like to thank 'all who made her 80th BIRTHDAY a SPECIAL one." I would like to thank all my friends who came & for the gifts, flowers, cards & money. I am glad you were able to celebrate with me and my family.

To my family, my nieces, nephews, sisters & brother, I was glad I had you there, to celebrate with me.

I appreciate that some of you came from out of town. Thank you for your gifts, cards & monies, most of all, the GIFT of being there for me. I love you all. A special thank you to my sister Frances' family for helping, Tom & Ella Sheldon (video), Mike Huelskamp (Chicago)Randy Fisher, Sally Maxon, Wisconsin Rapids girls, sister Marcella - Mike from Houston, Very, very special thank you to Teena Thiel of Monico for helping from start to end, cooking & helping throughout the party. Thank you niece, Carolyn See, for helping Mare, I can't thank my children enough for giving me a party filled with family & friends & a lot of love. Son, Norman - Tracy; son, Wayne - Gaye; son Teddy - Karen & daughter Mare Houle. My grandchildren, they are why I am here, they are my life. Clifford, Lisa, Michael - Beth, Kristephe, Kevin - Sammi & Kyle Houle, great grandchildren, Wyatt Houle, Myia, Lexis & Trevor. I had a blast at my 80th with all of you. God Bless! Hope to have a 90th with all of you!

Thank you all, I love you, June Houle

# **Shout Out**

To Jason & Derek at Beachside Resort on Lake Metonga. Thank you for making our special day so wonderful. Food was excellent, staff was great, and cabins are beautiful! We had nothing but compliments!

> Thank you so much!!!! Luci & Paul VanVonderen

# Thank You A BIG thank you to all who set up, tore down, baked, donated & shopped at the Community K-9 Memorial Day െ Rummage Sale. Save Labor Day ട Weekend for more fun!

### Polish Heritage Cont. from pg. 1

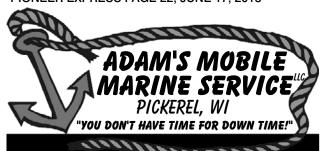
Polka music will fill the park all day, starting off with Family Tradition Polka Band of Stevens Point from 12:30 p.m. till 5:30 p.m. If your feet are still willing, you can dance the night away to The Maroszek Brothers Polka Band of Pulaski, from 6:00 p.m. till 11:00 p.m. Throughout the day the park will bustle with activities for the young and old alike, including games for the kids, horse drawn wagon rides, craft tables, a silent auction, car show and petting zoo. The smell of homemade polish foods will fill the air, making it irresistible for you to sample the foods which will include pierogi, polska kielbasa, kraut, Golabki, Kluski z Kapusta and mouth watering bakery. Saturday Park admission is \$5.00 with 10 and under free.

If the last two days haven't tired you out and you want to enjoy the countryside of Armstrong Creek on foot, the committee will hold a 4k Walk/Run at 8am on Sunday July 14th. Preregistration is suggested but not mandatory. Sign in is at 7:30 a.m., and registration forms will be available at the park on the two days prior. There is a \$10

If you have questions or wish to participate in the parade, car show or walk/run please email karamillan@centurytel.net

Polish Heritage Days is sponsored by Citizens for Armstrong Creek, Inc., proceeds go to the betterment of the community.





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### Senior Scam Cont. from pg. 1

designed post cards or letters informing the recipient that "an approved senior final expense program is now available, to help pay for the senior's final expenses." (aka funeral expenses)

The card also mentions that the program could get the qualifying seniors up to \$15,000.00. The mailing will then tell you that it is your legal right to get this money and asks you to complete the request form and return it within 5 days.

What Sheriff Dennee states is the most dangerous part of this is that it not only requests a "small application fee", but also that the seniors give their personal information.

Sheriff Dennee wants to again warn the public that, this like many other scams are, occurring more and more each day. He reminds everyone that when they receive this or other requests for their personal information, that it is a scam and should be ignored. The Sheriff also wants to remind anyone that has questions about mailings or phone calls that they feel could be a scam not to hesitate and contact Law Enforcement

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FOR SALE: 1995 26' Sunnybrook Travel Trailer. Very clean, stored inside, sleeps 6. Ready for camping. \$4,200 or make offer. Bobby Carter. Call 715-478-3608 or 715-889-1092.

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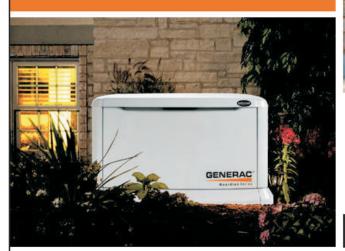
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Ryan Kelley receives teaching award-Laona



The Wabeno Rain Garden



By: Aria Demerath

This years Environmental Science class went to the school board and proposed a new idea of a rain garden that would be located in front middle of the Wabeno High School. A rain garden is a hole that allows rainwater runoff from driveways, walkways, and parking lots, the opportunity to be absorbed. This reduces rain runoff by allowing storm water to soak into the ground. We want a rain garden so we can stop pollution getting into the Oconto River. Stopping runoff would help clean up our river. Going to the school board was a success; they voted that Wabeno High School would benefit from a rain garden and realize we have a problem with run off.



Ryan Kelley of the Laona School District received the Educator in Excellence Award from the Laona Educational Association. It was presented by Alice Sturzl on behalf of the Nicolet Octonto Retired Teachers Association.

### McCaslin Lioness contribute



The McCaslin Lioness are pleased to contribute \$1000.00 to the Townsend Festival Committee.

Cindy Bronold, Committee chairperson, said the donation will be used to fund the new playground climber.

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2009 FORD FUSION SEL - 49k, leather, moon roof	\$13,995
<b>2009 PONTIAC G6 GT -</b> V6, 4 dr., fully loaded	\$9,995
<b>2008 CHEVY COBALT LT -</b> 67k, 4 dr., loaded	\$9,995
2006 BUICK LUCERNE CXS - Heated leather, loaded	\$9,995
<b>2006 CHEVY COBALT LS -</b> 73k, 2 dr., auto	\$7,495
2005 PONTIAC G6 GT - V6, leather, loaded	\$7,995
<b>2005 CHEVY MALIBU MAXX -</b> V6, 4 dr., auto	\$6,995
2004 CHEVY MALIBU - 4 dr., auto, loaded	\$6,995
<b>2002 GRAND AM GT -</b> 2 dr., V6, loaded	\$4,995
<b>2001 CHEVY MALIBU -</b> 79k, V6, 4 dr., auto	\$4,995
2001 PONTIAC GRAND AM GT - V6, 4 dr., loaded	
<b>1997 CHEVY LUMINA -</b> V6, 4 dr., automatic	\$2,995

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2006 CHEVY UPLANDER LS - V6, rear heat, loaded	.\$7,995
2006 CHRYSLER TOWN & COUNTRY LX- V6, Stow 'N Go.	.\$7,495
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<b>2001 DODGE CARAVAN -</b> 113k, V6, 4 door, loaded	
1999 PLYMOUTH GRAND VOYAGER - V6, 4 doors	.\$3,995

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2008 SATURN OUTLOOK XE - 4x4, 8 passenger seating	\$15,995
<b>2004 CHEVY BLAZER LS -</b> 87k, 4x4, new tires	
<b>2004 CHEVY TRAILBLAZER LS</b> - 6 cyl, 4x4	
2002 GMC ENVOY SLT - Heated leather, loaded	
<b>2000 GMC JIMMY SLE</b> - V-6,4X4,4 dr., loaded	\$4,995