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Volume 35, No. 37, December 21, 2020 (715) 478-3640 or 1-800-234-2152 Fax: (715) 478-3540 email: pionexp@newnorth.net

McCaslin Lions donate to the Wabeno Middle School



Lion Tim Barthel of the McCaslin Lions recently presented a check to principle Tim Brauer of Wabeno Middle School representing their support of the school's Christmas activities for the students of the district.

The Lions have traditionally held a Christmas Party for the youth of our communities. This year, because of restrictions, they will be supporting the efforts of the PBIS (Positive Behaviors Intervention & Supports) to provide treats, prizes, spread kindness and provide safe activities.

The McCaslin Lions are also proud partners of the adopt a family program.

Conservation Corner

Conservation Corner is a weekly article produced by the Forest County Land &Water Conservation Department. For more information contact Steve Kircher, County Conservationist-Land Information/GIS Director at 715-478-1387 or by e-mail at lcc@co.forest.wi.us.

As we head into the holiday season, I'd like to highlight the Twelve Gifts of Conservation that we get when we conserve natural resources. Each breath of air, sip of water and bite of food you will ever take exists because of natural resources and how we protect them.

1. Food

Conservation secures our food supply by providing nutrient-rich soils to nourish the foods we eat. Landowners across the nation also implement conservation

practices to reduce pollutants in an effort to keep our water clean. Innovative growing systems, such as high tunnels, can extend growing seasons providing healthy, fresh fruits and vegetables throughout the year.

Healthy soil is the foundation of agriculture. Farmers across the nation see improvement to their soil's physical and biological properties through the use of cover crops. In addition to supplying nutrients, suppressing weeds, preventing erosion and improving the availability of water in the soil, utilizing cover crops can have an impact on your bottom line. Healthy soils are also resilient after natural disasters.

3. Wildlife

Agricultural working lands can provide great habitat for wildlife. Partnering with landowners is critical to protecting wildlife, while also keeping working lands working for the millions of people in the United States and around the world that depend on U.S. agriculture.

a Duna i 4 Plante

Plants offer a natural solution for addressing many conservation challenges. From wildfire restoration and invasive species control to forage production, wildlife habitat, erosion prevention, nutrient filtering, stream bank protection, and sources of biofuels, plants are a sustainable resource that help protect and heal our landscapes. Well-managed grazing systems improve the health and vigor of plants.

5. People

Conservation rewards the people who practice it. The USDA offers voluntary programs to landowners and agricultural producers to provide financial and technical assistance to help manage natural resources in a sustainable manner and improve their operations while also impacting their profitability.

6. Health

Conservation is not only beneficial to your financial heath, but to your mental and spiritual health as well. Conservation restores balance to natural systems. By using soil health principles and systems that include no-till, cover cropping and diverse rotations, more farmers

8 things to know about vaccine planning

The Federal Government, through Operation Warp Speed, has been working since the pandemic started to make one or more Covid-19 vaccines as soon as possible. Although the CDC does not have a role in developing Covid-19 vaccines, the CDC has been working closely with health departments and partners to develop vaccination plans for when a vaccine is available.

Here are 8 things you need to know about where those plans currently stand:

- The safety of Covid-19 vaccines is a top priority.
 The U.S vaccine safety system ensures that all vaccines are as safe as possible.
- 2. Many vaccines are being developed and tested, but some might be ready before others- the CDC is planning for many possibilities. The CDC has been in contact with your state public health department to help with your state's planning. State, tribal, local and territorial health departments are critical to making sure vaccines are available to communities.
- 3. At least at first, COVID-19 vaccines might be used under an Emergency Use Authorization (EUA) from the U.S Food and Drug Administration (FDA).
- 4. There will be a limited supply of COVID-19 vaccines available in December 2020, but supply will continually increase in the weeks and months to follow. The goal is for everyone to be able to get a COVID-19 vaccination as soon as large quantities are available. The plan is to have several thousand vaccination providers available, including doctor's offices, retail pharmacies, hospitals, and federally qualified health centers.
- 5. Because of limited supply, some groups will be recommended to get a COVID-19 vaccine first. Healthcare personnel and long-term care facility residents should be offered COVID-19 vaccination in the initial phase of the U.S COVID-19 vaccination program while there is a limited vaccine supply. The CDC officially made this recommendation on December 2, 2020, based on recommendations from the Advisory Committee on Immunization Practices (ACIP). Expecting that a limited supply was likely at first, experts began working during the summer on a strategy for distributing these limited vaccines in a fair, ethical, and transparent way.
- 6. At first, COVID-19 vaccines may not be recommended for children. In early clinical trials for various COVID-19 vaccines, only non-pregnant adults participated. However, clinical trials continue to expand those recruited to participate. The groups recommended to receive the vaccines could change in the future.
- 7. Cost will not be an obstacle to getting vaccinated against COVID-19. Vaccine doses purchased with U.S. taxpayer dollars will be given to American people at no cost. However, vaccine providers will be able to charge administration fees for giving or administering the shot to someone. Vaccine providers can get this fee reimbursed by the patient's public or private insurance company or, for uninsured patients by the Health Resources and Services Administrations Provider Relief Fund.
- 8. COVID-19 vaccine planning is being updated as new information becomes available. Updates will be made public as plans develop.

We understand that some people may be concerned about getting vaccinated once a COVID-19 vaccine is available in the United States. While these vaccines are being developed as quickly as possible, routine processes and procedures remain in place to ensure the safety of any vaccine that is authorized for use. Safety is a top priority, and there are many reasons to get vaccinated.

The COVID-19 vaccination will help keep you from getting COVID-19, and protect people around you, particularly people at risk for severe illness from COVID-19.

COVID-19 vaccination will be a safer way to help build protection. We know that COVID-19 can cause serious, life threatening complications, and there is no way to know how COVID-19 will affect you. If you get sick, you could spread the disease to friends, family and others around you. Getting COVID-19 may offer some natural protection, known as immunity. But experts are not sure how long this immunity lasts, and the risk of severe illness and death from COVID-19 far outweigh any benefits of natural immunity. COVID-19 vaccination will help protect you by creating an antibody response without having to experience illness.

Continued on page 04

See us online at pioneerexpresscrandon.com

Flannery Contracting matches Zoey's Christmas Fund Raiser total



The Crew of Flannery Contracting present the check to Zoey Weso at the Crandon International Offroad Raceway.

Zoey Weso, a 13 year old from Crandon set out to make sure children in Forest County had as normal a Christmas this year during the pandemic as possible. Jamey and Pam Flannery heard of Zoey's mission and decided to match the amount Zoey was able to raise by December 14. The final total Zoey raised was \$14,900. On December 15, a matching check was presented to Zoey at the Crandon International Offroad Raceway on behalf of Flannery Contracting, Jamey Flannery Trucking and the racetrack. The toys purchased with this money will be donated to the Forest County Social Services Department.

Congratulations to Zoey and everyone at Flannery's Contracting, Trucking and the Crandon International Raceway on this wonderful Christmas achievement.

786 cases of covid-19 (31 active) confirmed in Forest County

Forest County Public Health officials have confirmed additional persons have been diagnosed with novel coronavirus infection (COVID-19) for a total of 786 cases in Forest County. County health officials and local partners are contacting others with whom the individuals who tested positive had close contact with. As of today, Forest County has 3,712 negative test results. There are currently 31 active cases in isolation, 731 released from isolation, 2 hospitalized, and 22 deaths.

The Forest County Health Department encourages community members to minimize their contact with others by staying home when possible, practice physical distancing and good personal hygiene, wear a mask or cloth face covering, and stay alert for symptoms of COVID-19. If you are experiencing any symptoms or have been exposed to someone with COVID-19, please contact your health care provider and ask to be tested.

In an effort to keep our community members up to date on COVID-19, the Forest County Health Department will continue to update our Facebook page daily and local newspapers weekly with current COVID-19 case counts. This will include the number of negative and positive cases in Forest County. Please call our office at 715-478-3371 with any questions or concerns.

Donation Drive in Armstrong Creek for the Humane Society

There are donation bins at the Corner Store and Gudowicz's Marathon in Armstrong Creek where you can support the Forest County Humane Society with gifts that help the Society.

On the list are dog and cat food, laundry detergent and bleach, collars and leashes, dog and cat brushes and toys, gift cards, antibacterial dishwashing soap, cotton balls and swabes, plastic grocery bags, cat litter, blankets, towels, sheets, etc,

You can also donate online at www.forestcountyhumanesociety.org.

The drive goes on until December 22nd, but you can always help out the Society with a donation!

Free Covid testing at the Doty Town Hall on December 22

There will be free covid testing in the Town of Doty at the Doty Town Hall on County T on December 22, 2020. The testing will run from 10 a.m. until 6 p.m.

If you are age 5 or over with symptoms or have been exposed to someone with covid you are eligible to be tested

See the add in this issue for more details.

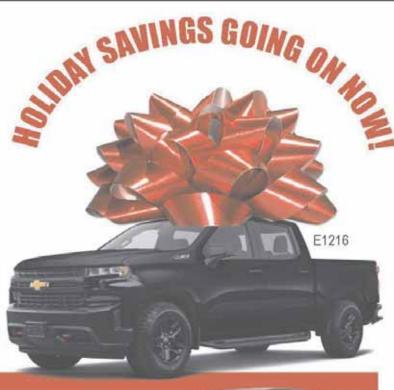


NEW 2021 CHEVROLET SILVERADO 1500, Crew Cab, Custom Trail Boss MSRP \$47,455

Employee Discount for Everyone* Rhinelander GM Holiday Bonus Cash

OUR SALE PRICE

SAVINGS





NEW 2020 CHEVROLET TRAVERSE AWD 1LZ Premier

MSRP	\$51,390
Employee Discount for Everyone*	\$47,389
Rhinelander GM Holiday Bonus Cash+ Customer Cash*	-\$500 -\$3,000
SAVINGS	\$7,501

 New 20 Chevy Trax AWD LT (C1631)
 \$20,205

 New 21 Chevy Colorado LT Ext Cab (E1252)
 \$31,397

 New 21 Chevy Silverado LT Crew (E1081)
 \$43,796

 New 21 Chevy Silverado Crew TrailBoss (E1168)
 \$50,831

 New 21 Chevy Tahoe Premier (E1020)
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\$43,658

-\$500

-\$2,500

\$6,797

\$40,658



Like our Facebook page 715-365-8100

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SAVINGS

OUR SALE PRICE

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-\$4,250

\$7,252

\$25,833

170+ NEW

AND MORE

DAILY!





Laurie Pries retires from Wabeno School

Laurie Pries began her employment at Wabeno Area School District over 29 years ago. Initially, she worked in the cafeteria baking fresh bread for our students. Over the years, Laurie's job transitioned into Maintenance/Custodial Director. In that role, Laurie wore many hats: maintaining our school buildings and grounds, doing repairs, and scheduling projects. She was also responsible for the custodial schedule, making sure our buildings were safe and clean. When needed, she also drove school bus. Laurie's knowledge and dedication will be truly missed at our District. We would like to wish Laurie the best of luck in her retirement!



Local Tavern League donates to Sheriff Department



Denise Lornson of Final Lap presents a check for \$500.00 to Sheriff John Dennee, for the K-9 department.

The state Tavern League will match the local donation.



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AREA EVENTS





5 BUCKS 5 BUCKS 5 BUCKS

KIDS SHOPPING DAY SATURDAY, DEC. 19th at

Happy Tails Resale Shop

Drop your kids off and we will help them shop for Mom and Dad

That's all it takes to buy a present for Mom and Dad and something for a Sister or Brother. 5 Bucks. We will even help them gift wrap it.

An excellent way to start your kids off with learning how to share.

10:00 to 4:00. 715.889.2699



Congratulations to the 2020 Lake Lucerne Ice-in contest winners:

1st Place - Robin VanGrinsven (\$50) 2nd Place - Curt Reitz (\$25) 3rd Place - Grant Johnson (\$15) 4th Place - Victoria Voigt (\$10)

Watch for the 19th Annual Ice-out contest coming spring 2021

knottlane.com

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Christmas Merchandise open sunday dec 20 9 to 2 open christmas eve 9 to 2

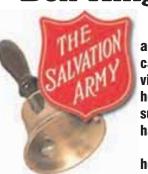


Downtown Crandon (715) 478-1160

*Some Exclusions Apply.
previously purchased
markdown merchandise.
combined with any other sale

Sale not good on merchandise or Discount cannot be or promotion.

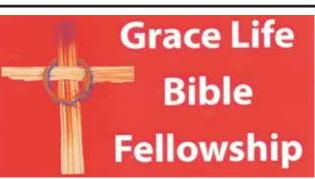
Salvation Army Bell Ringers needed



It's time to ring the bells again for our Salvation Army campaign. Due to the Covid 19 virus, our community needs mor help than ever before. We will supply the face masks, aprons hand sanitizer, and gloves.

So please volunteer an hour or two to help our neighbors.

To reserve a time, call 715-478-2683 or send your donations to: Salvation Army, P.O. Box 251 Crandon WI 54520



A new church in Crandon We welcome you to come and learn more about God's Grace!

Sundays at 10 a.m. Wednesday Bible Study at 6:45 p.m. at 104 W. Madison St.

715-784-6140 or gracelifecrandonwi@yahoo.com

Canaan & Fraser Christmas Trees, Wreaths, Crosses & Candy Canes,

Packard's Farm
5838 Haney Hill Road
3/4 mile north of the Crandon

<u>Open Daily 10 a.m.-6 p.m.</u>

Our tree & wreath sale will be SELF SERVE and precut in the yard

Trees & Wreaths are priced in increments of Five Dollars

Please try to bring the correct change or write checks payable to Barb Packard. There will be a drop box by the house.

Plan to load and secure your own tree!

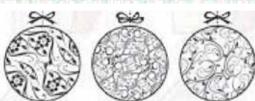
Contact us for special orders at 715-478-2341 or call/text 715-889-4032

THANK YOU & MERRY CHRISTMAS!



ART & BARB





REAL ESTATE





Kathy Flannery
Broker-Owner
715-889-0330
kathyflanneryl@gmail.com



Hunter Flannery Realtor 715-889-0323 hunterflannery16@gmail.com



Josh Vollmar Realtor 920-619-2170 joshvollmar@yahoo.com

100W Washington, PO Box 82, Crandon, WI 54520, Office: 715449-5022, Fax: 715-449-4422

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Kristi Gensler REALTOR® Cell 715-891-7610 integrity.kristi@gmail.com



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Recreational

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Cars & Docks, LLC 8227 County Hwy. DD, Pickerel

Dan 715-889-1068 Bob- 715-484-2277 or 715-219-4434

★Boat Floater Lifts ★ LSP Lifts
★ Lakeview Docks ★ Lift Tech
★ Shore Station ★ EZ Dock ★ Titan Deck

FOR SALE: Heavy duty wooden work bench 4' w x 6'L x 3' H - \$100.00. New Ski-Doo XL Dual Sport Helmet - \$50.00. 2 XL Helmets \$25.00 each. 715-889-3388

B37

FOR SALE: Russian made tree and pole climbing spikes and harness. New, never used. \$175.00 OBO. Call 715-4874181 or 715-777-5360 P38

MUST SELL: Massive amount of supplies to make fishing supplies value \$700 asking \$100. Call 715-478-5588 P37



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Amy Paikowski Broker/Owner



Heidi Krusensterna Broker Associate (715) 889-4230

Wabeno- Beat the cold! 2 and 3 bedroom apartments available

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Apartments). Rent is

based on 30% of your

gross adjusted income or

\$545.00 for a 2 bedroom

and \$575.00 for a 3

bedroom. Rent includes

water, sewer, garbage and heat. Major appliances, off

street parking and laundry

facilities. To receive an

application, please call 1-

800-938-5648. This

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opportunity provider and

employer.



Broker Associate (715) 216-1063



Realtor Associate (715) 219-2345



Realter Associate (702) 635-0871



Broker Associate (772) 559-8053

1 bedroom apartments available at the Glenview Senior Apartments. Specifically built for persons 62 years of age or older, handicapped/disabled individuals regardless of age. Rent is based on 30% of your gross adjusted income or \$520.00 if rental assistance is not available and includes water, sewer, garbage pickup, HEAT, major appliances, off street parking and laundry facilities. We accept vouchers. Call 1-800-938-3229 for an application or more information. This institution is an equal opportunity provider and employer.

CRANDON: Settle in

before the cold settles in.



Betc28



FOR RENT: Office space /classroom/conference space available for rent. Located in downtown Crandon. Includes heat and electric. \$375/mo. Contact Amanda Packard 715-891-4519. **B 39**



LOOKING TO PURCHASE HOME IN CRANDON AREA Approved for \$90,000 Prefer ranch style with laundry on 1st floor. Would consider 2 story with at least 1 bedroom, bathroom and laundry on 1st floor. Would need garage or basement for storage. Willing to rent as an option.

Call 715-889-0152 P37

FOR RENT: Small 2 story home, 2 bedroom, all appliances included. Large yard, NO PETS, NO SMOKING. \$700 a month plus 1 month security deposit, plus utilities. Call 715-5506768. **B38**



Covid Vaccine Cont. from pg. 1

COVID-19 vaccination will be an important tool to help stop the pandemic. Wearing masks and social distancing help reduce your chance of being exposed to the virus or spreading it to others, but this is not enough. Vaccines will work with your immune system so it will be ready to fight the virus if you are exposed. The combination of getting vaccinated and following CDC's recommendations to protect yourself and others will offer the best protection from COVID-19. Stopping the pandemic requires using all the tools we have available. As experts learn more about how COVID-19 vaccination may help reduce the spread of the disease in communities, the CDC will continue to update the recommendations to protect our communities using the latest science.

MirroCraft Boats, Sea-Legs & American Docks & Lifts

For the latest information on how vaccination planning is going in our community please call the Forest County Health Department, or visit us on our website, or Facebook page. You can also go to www.cdc.gov/coronavirus/2019-ncov/vaccines-benefits.html to see what is new with the CDC planning.

Death Notices



Bruce F. Rummel, age 74 of Wabeno passed away Monday, December 7, 2020. He was born on April 14, 1946 in Laona the son of Edwin and Evelyn (Walker) Rummel.

Bruce graduated from Wabeno High School in 1964. He worked on the family dairy farm as a child and young adult. He ventured to Florida in the early 1970's and spent several months there

working. In his late 20's Bruce moved to South Dakota for several years and worked in the woods logging. He then returned home where he and his brother Cecil worked the dairy farm, harvested the crops and raised beef cattle.

Bruce was a lifelong member of Trinity Lutheran Church in Wabeno and devoted to his faith. He was an avid hunter and loved his hunting trips to Michigan, South Dakota, Colorado and Wyoming.

Bruce is survived by a brother, Martin (Gail) Rummel of Wabeno: sister-in-law Kathleen Rummel of Omaha, NE; sister-in-law Kathy Rummel of Suring. Further survived by 3 nieces and 6 nephews.

Bruce was preceded in death by his parents, Edwin and Evelyn; brothers, Phillip, Cecil and Clifford; and half-brother, Louis.

Visitation will be held on Wednesday, December 16 from 10-11:00 am at Trinity Lutheran Church in Wabeno. Funeral service will follow at 11:00 am with Pastor Cody Hauch officiating. Interment will be in the Trinity Lutheran Cemetery in Wabeno.

Any donations can be in memory to one of your favorite Charities or Animal Shelter.

Online condolences may be left for the family at www.weberhillfuneralhome.com



Carol Evon Stewart, 82, of Crandon, Wisconsin, was peacefully received by God's angels on Sunday, December 13, 2020. Born on May 6, 1938 to Harold and Bertha Wood, she lived her life in Crandon until recently moving to enjoy the warm winters in Florida.

Carol married the love of her life, Richard, on May 4th, 1957. She worked at Schaefer's Grocery

store for 23 years. Carol was a kind soul who put other's needs ahead of her own and was always willing to lend a helping hand. Everyone she knew, she considered a friend. Carol enjoyed playing cards, taking rides in the car, going out to eat, talking on the phone, and keeping in touch with her family and friends with her iPad. She was a loving mother, grandmother, great grandmother (GiGi), sister, aunt and friend.

Carol is survived by four daughters, Donna Stewart; Cheryl Stewart; Barbara (David) Wolff; Lisa (Jaime) Phillips; one son, Kevin Stewart; six grandchildren, Kyle Stewart; Justin Wolff; Bruce Moore; Kelsey Wolff; Richard Webb; and Skyler Stewart; seven great grandchildren, Kaliyah Stewart; Salena Moore; Preston Moore; Aspen Stewart; Kordell Stewart; Jordan Moore; and Natalie Moore; four sisters, Lois (Harold) Wickham; Kathy (Charles) Cross; Virginia (Gary) Lee; Betty Faust; brother, Richard "Dick" Wood; and numerous nieces and nephews. Carol was preceded in death by her husband of 59 years and her parents.

A special thank you to Dr. Koeppl of Ascension in Rhinelander and Freedom Village of Bradenton for their loving care and support.

The family will be conducting a celebration of life and graveside service later this spring. Weber Hill Funeral Home is assisting the family during this time. Online condolences may be left for the family at www.weberhillfuneralhome.com.



Grief, loss and new traditions during the holidays

As the holiday season approaches and the weather gets colder, it may be more difficult to connect with people we care about. With the COVID-19 pandemic, this holiday season will look different for many Wisconsin families and we may experience grief and loss. Whether we've lost a loved one, we're missing out on seeing family members, or we miss the normalcy or traditions, coping with these feelings can be challenging.

Grief is a normal and natural response to the loss of someone or something important to us. We all experience and express our grief differently. Some common reactions include feeling empty and numb; physical responses such as nausea, change in sleep or eating patterns; crying or anger; or withdrawing from family, friends and common activities.

UW-Madison Division of Extension provides information about grief, including these suggestions from a tip sheet on their website:

- Express your needs. It's alright to let people know what is and isn't helpful right now.
- Help someone else. It may be helpful to volunteer or make a donation to a favorite cause in memory of what you have lost.
- Give yourself time. There is no set time to be done grieving, but grief usually softens and changes with time. With time, the holidays will become easier to manage.
- Be aware of your feelings. Allow yourself to mourn or feel sadness. Identify what you have lost.
- Name your strengths and coping skills. Consider other times of loss you've gone through. What did you do to help get through it? What skills can you draw upon now?
- Stay connected. Social distancing doesn't have to prevent you from getting support. Use phone calls, text messages, video chats and social media to stay in touch with family and friends who are positive and supportive.
- Limit your news intake. Spending too much time reading or listening to news about the COVID-19 pandemic can cause you to focus heavily on what you've lost, as well as increase anxiety. Find a balance to stay informed without being consumed by it.
- Reflect on the journey. Your loss doesn't define your whole experience. Consider some of the good memories and the big picture.
- Reach out to others for support. Counseling and support services can be a guide through some of the challenges of grieving.

The COVID-19 pandemic may prevent us from practicing some of our holiday traditions this year. Creating new holiday traditions can help us in our healing and increase our mental well-being. Think about what was important about the holiday traditions you aren't able to do this year. Then be creative in coming up with new ways to accomplish this while keeping everyone safe and healthy. For ideas and more information, visit our website at forest.extension.wisc.edu.

Call Terri Kolb @ 715-365-2756 to request a copy of materials be mailed to you.

FOREST COUNTY COMMISSION ON AGING TRANSPORTATION

Due to COVID 19

We will only have bus transportation on Tuesdays and Thursdays. The bus is only transporting within Forest County. Thank You and sorry of any inconvenience.



Letters to the Editor

We welcome letters to the Editor; however the letters should be legible, in good taste, not libelous and pertinent to current issues. Names will not be withheld upon request, except for very special circumstances. NAME AND PHONE NUMBER SHOULD BE INCLUDED FOR VERIFICATION PURPOSES. We reserve the right to reject any and all letters.

Senior Chatter

Important Time for Medicare Advantage Members

If you have a Medicare Advantage Plan, this is an important time for you! As you start the new year, if you are not completely happy with your current Medicare Advantage Plan you may be able to make a change. The Medicare Advantage Open Enrollment Period (MA OEP) begins January 1 and ends March 31st each year and is only available to people who are currently enrolled in a Medicare Advantage Plan.

Are you unhappy with your plan's network doctors or pharmacies? Are you concerned that you may be stuck in a plan that isn't suitable to you for another whole year? If you already have a Medicare Advantage Plan, this may be the perfect time to take another look at your 2021 options.

From now until March 31st,

- Current Medicare Advantage Plan members can switch to a different Medicare Advantage Plan, or
- You can drop your Medicare Advantage Plan and return to Original Medicare, and sign up for a standalone Medicare Part D (prescription drug) plan.

You may only make one change during this period and if you do so, it will automatically disenroll you from your previous Medicare Advantage Plan. A change made during this period will be effective the first of the following month.

Again, it is important to note that this enrollment period is only for people who already have a Medicare Advantage Plan. If you have Original Medicare, (Part A and Part B), this enrollment period does not apply to you. For more information or assistance with Medicare Advantage Plan comparisons, contact your local Aging and Disability Resource Center. In Forest County contact ADRC of the Northwoods at 800-699-6704.

Forest County Commission on Aging



Nutrition Program
SENIOR
MEALS

CRANDON, WABENO, LAONA

Monday - Dec. 21 - Chefs salad w/ turkey, egg, tomato, cucumber, vegetable barley soup, apple cake. **CRANDON, WABENO, LAONA, ARMSTRONG CREEK**

Tuesday - Dec. 22 - Christmas Meal BBQ pork ribs, baked potato, sour cream, broccoli salad, fruit, wheat bread, cream puff.

CRANDON, LAONA, ARMSTRONG CREEK

Wednesday - Dec. 23 - Beef Lasagna, green beans, fruit, garlic bread, jello w/ fruit.

WABENO CONGREGATE & HOME DELIVERED
Thursday - Dec. 24 - CLOSED

ALVIN - No Meals in the Month of December

The local number for the ADRC: 478-

The local number for the ADRC: 478-2162 is no longer in service. The only number for the ADRC is the 800-699-6704.

Please register with Commission on Aging - 478-3256.

Crandon site manager Pat Raml is at 715-478-0742 (home) or 715-478-3040 (site). Serving at 12:00 p.m. on Monday, Tuesday and Wednesday.

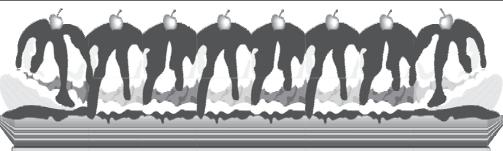
Alvin site manager Florence Kostka at 715-545-4063 (home) or 715-545-3323 (site). Meals canceled until further notice.

Laona site manager Peggy Alderton at 715-889-3116 (cell). Meal served at 12:00 p.m. Monday, Tuesday and Wednesday.

Wabeno site manager Linda McEwen at 715-889-0123 (cell). Meal served at 11:30 a.m. on Monday, Tuesday and Thursday. Home delivered on Monday, Tuesday and Thursday.

Armstrong Creek site manager Sharon Giles at 715-674-3532 (home) or 715-336-2218 (site). Meal served at 11:30 a.m. on Tuesday and Wednesday.

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Bids & Notices

Co-Op Meeting

Laona Board of Education and the Wabeno Board of Education
Wednesday, November 11, 2020 - 5:45 PM
Laona High School Gymnasium
-Moved to Laona Cafeteria

The Special Meeting was Called to Order at 5:45 p.m. Present: Scott Reeves, Melissa McLaughlin, Frank Shepard Jr., Jim Bradley, and Katie Shepard to take notes. Samantha Hoffman and Jim Aschinger were absent. Wabeno board members present: Janet Opiela, Dawn Jakubiec, Dave Seeber, Dan Christianson, and Katryna VanEperen. Wabeno Administration present: Jeffrey Walsh. Notice has been posted in accordance with Wis. Stat. 19.84.

Motion by Shepard, seconded by McLaughlin to approve the Agenda. All in favor, motion carried. Jim Aschinger arrived at 5:46 PM.

Items for Discussion and/or Action:

Michelle Boor shared the Winter Sports Updates. Discussion on the move of Junior High Sports to the same season as the high school sports.

Winter/Spring Coaches Report was given by Michelle Boor. Discussion held on Football, Volleyball, and Cross Country seasons. Varsity Football was 4-1 in conference, they are also the #1 seed against Elkhart Lake. Junior High Football only were able to play 2 games due to Covid, they won both games. Varsity Volleyball was 6-2 in conference and 16-3 overall. They were the Regional Champions and had a sectional final appearance. JV Volleyball was 6-3 overall. Cross Country had a good season, only disappointing losses were to Phleps. The Girls Cross Country team won conference and 1st team all conference went to Grace Novak and Natalie Newton. The Boys Cross Country team had Matt Seeber advance to state and placed 27th. 1st all conference went to Matt Seeber and Korrigann Northrup. Matt Seeber was Player of the Year.

Coaching Contracts:

Motion by Aschinger, seconded by Shepard to approve Pete Liptack for JV/Assistant Head Coach, Zach Reeves for Assistant Head Coach, and Craig Collins for Junior High Football Coach. All in favor, motion carried. Motion by Aschinger, seconded by McLaughlin to approve Raletta Ashbeck for JV Volleyball Coach, Kim Winkelman for Junior High Volleyball Coach, and Michelle Boor, recommended for Varsity Volleyball Coach by Jeff Walsh. All in favor, motion carried.

Motion by Shepard, seconded by Aschinger to approve Rich Sorenson as the Varsity Cross Country Coach. All in favor, motion carried.

Motion by Shepard, seconded by Aschinger to approve the resignation of Dan Moravec as Varsity Head Football Coach, Kendric Allen as Assistant Baseball Coach and John Twardowski as the Cross Country Assistant Coach. All in favor, motion carried. Many thanks to guys for coaching all the years that they have and the time they have put into the district.

Motion by Shepard, seconded by McLaughlin to approve the **Renewal of the 8 Man Football Co-op** through 2021-2023. All in favor, motion carried.

Mrs. Boor presented a **Co-op plan for the 2020-2021 Wrestling Season**. The WIAA is allowing for a 1 year co-op to proceed due to COVID-19. Motion by Shepard, seconded by Aschinger to approve the 2020-2021 Wrestling Co-op with Three Lakes High School wrestling team. All in favor, motion carried. Motion by Aschinger, seconded by Shepard to approve the following Coaching Contracts for Winter/Spring Sports. Colin Schubert as the Assistant Wrestling Coach, Paige Ganser as the 7th grade Junior High Girls Basketball Coach for a 1 year position, Kendric Allen as the 8th grade Junior High Girls Basketball Coach, and Brock Reisler as the Head Baseball Coach. All in favor, motion carried. Discussion held on the **Northern Lakes Conference Winter Sports Proposal.** Discussion held on the options of spectators, masks, admission, concessions, and locker rooms. The following was mutually

agreed upon:
Spectators will be allowed, up to 4 tickets for the home roster and will match what the opposing team is allowing for their visiting tickets. Masks will be worn by all spectators and will be required by all athletes until further notice. If we are playing at an opposing school where masks are not mandated, our athletes are required to wear masks, this is for the best interest of our athletes. This will be revisited at the district's December board meetings.

There will be no admission into events. No concession stands at any event. Locker rooms can be used, they will be disinfected before and after they are used.

Not Necessary for Closed session.

Motion by Aschinger, seconded by Shepard to Adjourn. All in favor, motion carried. (7:16 PM)

Regular Meeting Laona Board of Education Monday, November 9, 2020 – 5:30 p.m. C. L. Robinson Elementary - Room 24

President Scott Reeves **Called the Regular Meeting to Order** at 5:30 p.m. Present: Scott Reeves, Jim Aschinger, Melissa McLaughlin, Samantha Hoffman, Frank Shepard Jr, Jim Bradley, Melissa Chrisman, Tiffany Pakulski, and Katie Shepard to take the minutes. There were no (0) guests in attendance. Notice has been posted in accordance with Wis. Stat. 19.84.

Frank Shepard Jr. led the **Pledge of Allegiance**.

Motion by Shepard, seconded by Hoffman to approve the **Agenda**. All in favor, motion carried.

PUBLIC FORUM (10 minutes): None

Consent Agenda - Open and Closed Regular Meeting Minutes dated Monday, October 12, 2020 and Special Meeting Minutes dated October 26, 2020.

School Disbursements and Wires paid from 10/1/20-10/31/20 = \$199,229.86

Purchase Orders for period 10/10/20-11/05/20 = \$6,896.96

Cash Receipts for period 10/1/20-10/31/20 = \$9,223.03

Motion by Aschinger, seconded by Shepard to approve the Consent Agenda. All in favor, motion carried.

OPEN ACTION ITEMS:

This will be the first reading of **Neola Policy Updates** for the Board on 29-2, and Policies for the Board, 29-2 Technical Corrections. Will be on the December agenda for approval. Motion by Shepard, seconded by Aschinger to approve Sharla Kitchmaster for the position of **District Special Education Aide**. All in favor, motion carried.

Discussion held on additions to the **2019-2022 Strategic Plan Update**. Motion by Aschinger, seconded by Hoffman. Jim Winkelman was added as a team member replacing Scott Scifres, as he moved out of the district. All in favor, motion carried.

The Building Usage Discussion will remain the same as in the past. At this time the school and playground will remain closed to the public. Vendors or a special meeting with parents will be allowed. Only essential employees and board members will be allowed in the building at this time. The public may join the School Board meeting via Zoom. This information will be listed on the school board agenda for December.

Mr. Reeves shared the **Goodman/Armstrong School District Discussion**. INFORMATIONAL ITEMS:

Tiffany Pakulski submitted a written **Business Manager's Report** that can be found on the school website under the District, School Board, Board Agendas, Boarddocs link.

Melissa Chrisman submitted a written **Elementary Principal's Report** that can be found on the school website under the District, School Board, Board Agendas, Boarddocs link.

Jim Bradley submitted a written **Administrator/High School Principal's Report** that can be found on the

Jim Bradley submitted a written **Administrator/High School Principal's Report** that can be found on the school website under the District, School Board, Board Agendas, Boarddocs link. Mr. Bradley added:

- The high school has 20 students that are still virtual. Students can come back after three weeks at grade point check. Parents can pull kids at any time. The high school will continue to offer virtual learning.
- Kudos to Mr. Dewey and Mrs. Perry for making a video for the veterans. The elementary students sang songs, the band performed and three students performed the National Anthem. On Veteran's Day students will play Taps and will present information on Veteran's Day over the intercom.
- Congratulations to the Laona/Wabeno Rebel Football Team on being the overall pick for the tournament. Place will be determined for their first tournament game.

Board Member Reports

Jim Aschinger congratulated the Volleyball and football team.

Scott Reeves felt that the administration and staff deserved a thank you. He also thanked the board for making hard decisions. He stated that we will get through these hard times.

No need for **Closed Session**.

Motion to adjourn by Shepard, seconded by Aschinger to Adjourn the Meeting. All in favor, motion carried. (7:46 p.m.)

Notice of Timber Sale Town of Laona

The Town of Laona is accepting bids for
Timber Sale located off
Klasna Ln. in Laona.
For more information and a full bid packet

please contact:
Erin Lane 715-674-4071

Or

Paul Mueller 715-632-1170
Bids will be accepted until January 11th at 6:00pm, Bids will be opened on January 11th at 6:00pm at the Laona Community Building, 5233 Beech Street, Laona WI 54541.

Erin Lane, Clerk/Treasurer

Wabeno School Breakfast Menu DEC. 21-25

Monday - Breakfast sandwich, hash brown patties, pears, fruit juice, milk

Tuesday - Breakfast pizza, pineapple chunks, fruit juice, milk **Wednesday** - Delivered

meals
Thursday - No School

Friday - No School

Wabeno School Lunch Menu DEC. 21-25

Monday -Assorted pizza, bread stick, cheesy broccoli, strawberries, garden bar, milk

Tuesday - Hot dogs, potato wedges, peas & carrots, tropical fruit, garden bar, milk

Wednesday - Delivered meals

Thursday - No School Friday - No School



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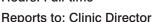
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PIONEER EXPRESS PAGE 11, DECEMBER 21, 2020

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Conservation Corner Cont. from pg. 1

are increasing their soil's organic matter and improving microbial activity. As a result, farmers are sequestering more carbon, increasing water infiltration, improving wildlife and pollinator habitat while harvesting better profits and often better yields.

7. Protection

Overgrown forests pose a wildfire risk. Through timber stand improvement, trees are thinned out allowing forests to thrive and protect the public from the risk of fire. Conservation practices protect our landscapes while also providing valuable protection to our homes and communities with flood protection. This includes maintaining aging infrastructure including dams and levees. USDA works with local partners to safeguard those who depend upon these structures.

8. Recreation

Conservation also creates unique opportunities for recreation. From introducing plants that attract pollinators like butterflies and bees, to creating wildlife habitat for woodland creatures, conservation provides benefits to those who cherish the outdoors. Additionally, healthy landscapes need healthy wetlands.

While providing habitat, they also filter the air and water. Wetlands clean and recharge our groundwater.

9. Air

Conservation cleans and renews our air. Conservation programs give landowners the tools and resources to protect environmentally sensitive land and restore grasslands and forests, which leads to cleaner water and air, healthier soil and enhanced wildlife habitat. 10. Water

One of our precious resources is water. Soil quality is a key water quality determinant because soils regulate and partition water flow and buffer against human NRCS provides use and environmental changes. targeted funding for financial and technical assistance in small watersheds most in need and where farmers can use conservation practices to make a difference.

11. Technology

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P02

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DNR OFFERS NEW RESOURCES FOR PUBLIC INTERESTED IN AIR QUALITY **MONITORING**

MADISON, Wis. - Whether it's respiratory concerns, wildfire smoke tracking or just sheer curiosity, the public is interested in air quality monitoring. New tools from the Wisconsin Department of Natural Resources (DNR) allow the public to get involved in the tracking and reporting this information using low-cost air quality

To understand how to best use sensor data, the public can now access a myriad of resources on the DNR's Air Monitoring Sensors webpage, including a comprehensive roadmap for setting up an air monitoring project, data evaluation and interpretation tools.

The air sensor technology market is expanding as more companies make lower-cost portable sensors available to the public. The information provided online provides the public with best practices for the use of lowcost, portable air sensors and may be used to assist with the setup of low-cost sensors, evaluation of the data collected and the interpretation of the results.

"With public interest in air sensors growing, the DNR is excited to provide useful tools to citizen scientists interested in understanding their local air quality," said Gail Good, DNR Air Program Director. "Sensors offer a handson experience and a great opportunity for Wisconsin citizens to learn about the importance of air quality in our

One of these tools looks to correct known limitations in data comparability between air quality sensors and regulatory air monitors. One commonly used particulate sensor, PurpleAir, provides consistently higher (or more elevated) and less accurate readings than regulatory monitors but produces consistent results.

The DNR conducted a yearlong comparison study and developed a PurpleAir correction factor to better pair sensor data with regulatory air quality monitor data. Applying the newly released mathematical correction factor developed by the DNR for PurpleAir sensors used in Wisconsin dramatically improves the data discrepancy between the sensor and regulatory monitors.

Good air quality is essential for human health and the environment. The DNR both monitors the state's air quality and implements regulations to improve and protect it. Learn more about our efforts here.



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DNR SECRETARY APPOINTS TODD AMBS DEPUTY SECRETARY; STEVEN LITTLE ASSISTANT DEPUTY **SECRETARY**

MADISON, Wis. - The Wisconsin Department of Natural Resources (DNR) Secretary Preston D. Cole announced that DNR Assistant Deputy Secretary Todd Ambs will serve as DNR Deputy Secretary beginning Dec. 21, 2020, filling the role for Beth Bier who is leaving state service to become a full-time caregiver to her two young children.

"Beth has had a 15-year career in Wisconsin state government effecting change on policies that positively impact Wisconsinites," Cole said. "Beth will certainly be missed by her DNR Family. We wish her and her family well. Our doors are always open."

Prior to his return to the DNR in 2019 as Assistant Deputy Secretary, Todd was the DNR's Water Division administrator from 2003-2010, where he was lead negotiator for the State of Wisconsin during the development of the Great Lakes Compact. Todd has worked in the environmental policy field for more than 30 years, most recently as the campaign director for Healing Our Waters-Great Lakes Coalition.

His extensive experience in both state government and nonprofit organizations includes serving as executive director of two statewide river organizations, policy director for the Ohio Attorney General and senior policy analyst for the Wisconsin Department of Justice. Todd graduated from Eastern Michigan University in 1980 with a Bachelor of Science in Political Science/Speech.

Secretary Cole also announced that Steven C. Little, the DNR's Director of Management and Budget, will serve as DNR Assistant Deputy Secretary. Prior to being appointed Director of Management and Budget in 2019, Steven was a Senior Vice President of Government Relations for Citigroup Inc., with a focus on state government relations in the Upper Midwest.

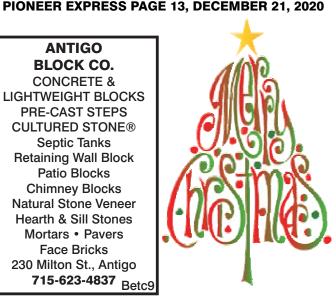
Steven holds a Master's Degree from the Robert M. La Follette School of Public Affairs at the University of Wisconsin-Madison and received his undergraduate degree in Government from Beloit College.



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HELP WILDLIFE BY PLANTING **NATIVE LANDSCAPING**

MADISON, Wis. - Now is the time to start planning native landscaping to help birds, pollinators and other wildlife next year. Adding just a few native plants can not only help

provide food and shelter for pollinators, birds and other wildlife but can increase your chances of watching wildlife. Rain gardens with specialized native wetland plants can also help handle stormwater on a property and help keep lakes, rivers and groundwater clean. "Late fall and winter are a good time to get started

planning for your native landscaping next year," said Amy Staffen, a DNR conservation biologist who shares several tips for native landscaping she even practices in her yard

Visit the DNR's Native Plants webpage for a stepby-step native landscaping guide, a video showing tips for landscaping through fall and winter and an expanded list of resources.

"Planting seeds in later fall or winter, including on top of the snow, will help them have a higher germination rate come spring," Staffen said. "Ordering native plants or seeds now will give you the greatest selection to help meet your landscaping goals."

Staffen's "Native Plants for Beginners" list and a plant list for birds from bird expert and DNR Conservation Biologist Ryan Brady are featured in Wisconsin Natural Resources magazine's winter issue, along with a list of plants for monarch butterflies by the Wisconsin Monarch Collaborative and Madison Audubon.

These colorful plant lists are available for download from DNR's Native Plants webpage. Subscribing to the magazine now through Feb. 1, 2021, will deliver the guides right to your mailbox, where you'll also find other great features such as recommendations for winter hikes and snowshoe trails.

The annual Field Notes publication is also included in the Winter issue. It is packed with short stories and photos of DNR Natural Heritage Conservation staff, partners and volunteers protecting endangered species and state natural areas.

Why Native Landscaping?

Native plants that evolved in Wisconsin have by far a greater ability to fuel life up the food chain than nonnative plants like ornamental trees and flowers, which are common in many yards. That's because native plants have evolved along with the insects that eat them, and the insects are better able to digest the native plants.

Providing more native habitat for birds is particularly important. A landmark 2019 study by seven leading bird conservation organizations, including the Smithsonian Migratory Bird Center and Cornell University's Lab of Ornithology, confirmed a nearly 30% loss in the number of breeding birds in North America since 1970.

Other research has pointed to habitat loss and degradation as two key drivers of the declines. One study showed, for example, that East Coast suburban neighborhoods where less than 70% of native vegetation remains — and that means most neighborhoods — the birds do not have the insects and seeds they need to eat and are having trouble reproducing.

And it's not just birds. Steep declines over the past 20 years in the eastern and western U.S. monarch butterfly populations and populations of many pollinators and other insects have put a premium on adding habitat to private land, which constitutes 85% of Wisconsin's 34.8 million land acres.

Learn more about why a growing number of Wisconsinites are digging into native landscaping in "All in to Boost Birds," in the Fall 2020 issue of Wisconsin Natural Resources magazine.



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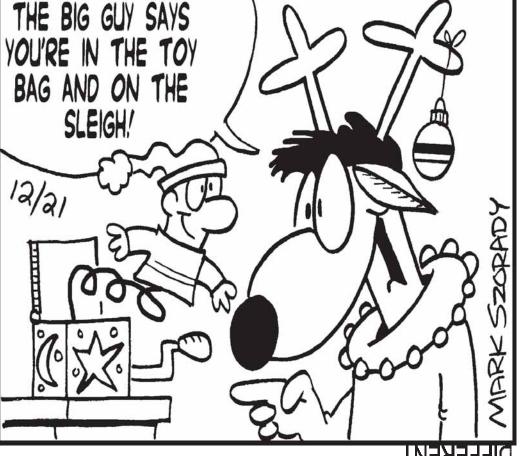
COMBINE THE LETTERS TO MAKE 17 WORDS.

By Mark Szorady

PETS, SET, SETS, STEPS, STEPS ANSWERS: PEST, PESTS, PET,

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Wabeno Women's Bowling League

(December 9, 10 2020) **TEAM STANDINGS - WEEK 13** "R" Place, 53 Rusty's, 48 Splits N Giggles, 46 Bruce's Misteaks, 44 Prospect Lodge, 39 Whitetail Logging, 39 IND HIGH GAME Penny Carter, 200 Kris Anderson, 183 Lena Delopst, 176 IND HANDICAP GAME Penny Carter, 219 Kathy Hilbert, 216 Lena Delopst, 214 IND HIGH SERIES Penny Carter, 536 Kris Anderson, 472 Lena Delopst, 442 IND HANDICAP SERIES Penny Carter, 593 Kathy Hilbert, 583 Kris Anderson, 562 TEAM HIGH GAME Bruce's Misteaks, 616 Whitetail Logging, 608 Splits N Giggles, 581 TEAM HANDICAP GAME Bruce's Misteaks, 770 Whitetail Logging, 752 Splits N Giggles, 746 TEAM HIGH SERIES Whitetail Logging, 1735 Bruce's Misteaks, 1677 Splits N Giggles, 1573 TEAM HANDICAP SERIES Whitetail Logging, 2167 Bruce's Misteaks, 2139

Rusty's, 2138 6Pack: Penny Carter, 219 6Pack: Penny Carter, 593 Pizza: Whitetail Logging, 2167

HIGH AVERAGES Penny Carter, 160 Chris Geske, 153 Kris Anderson, 147 Agnes Brown, 147

Wabeno Men's Bowling League

Week 9 12/7 & 12/8 Rapids Resort Tony's Redi Mix 31 Big T 30 Wildcat 28 Cassidys Café 23 Laona State Bank 2 21 Hillcrest Lodge Wabeno Bowl 2 Laona State Bank 1 5 Wabeno Bowl 1 High Game: Dan Exferd 245 High Series: Dan Exferd 647 **HDCP Game: Bradley Poling HDCP Series: Bradley Poling** 744 Pizza Winner Rapids Resortv High Average Mike Exferd 193 Dave Seeber 185

Terry Vertz

184



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Nicolet College set to launch Outdoor Adventure winter classes

An abundance of fresh air and quality outdoor experiences await individuals interested in taking any of the numerous offerings in Nicolet College's upcoming Outdoor Adventure winter

"Ever since the pandemic started more and more people have been heading outdoors for exercise and recreation," said Terry Rutlin, Outdoor Adventure program coordinator.

"Time outside is great for both the body and mind, and we're offering a full slate of winter outdoor activities where people can learn the skills they need to enjoy a variety of outdoor activities."

In light of the pandemic, the college is following COVID-19 safety guidelines issued by local, state, and federal health experts. These include requiring face coverings when indoors, wearing them as much as practicable when outdoors, and requiring at least six feet of physical distancing at all times.

These guidelines were in place for Outdoor Adventure classes this past summer and Rutlin said he was impressed at how well people followed the parameters.

"There was this sense of 'we're all in this together.' We all enjoy the outdoors and everybody realized that this is what we have to do in order to participate safely in activities like this.'

Along with several long-time favorites, the college will also offer several new skiing and snowshoeing offerings this winter.

Beginning- and intermediate-level skiing classes will include Nordic cross-country classic and skate in Rhinelander and Minocqua, alpine downhill, Telemark, skijoring, backcountry skiing, and a cross-country team coaches clinic for anyone looking to help out with their local school team.

If snowshoeing is more your thing, interpretive nature hikes will take place in the Blackjack Springs Wilderness in the Chequamegon-Nicolet National Forest just east of Eagle River and at the Yukon Springs Watershed at Minocqua Winter Park.

To register for any class, visit nicoletcollege.edu/outdooradventure or call the college at (715) 365-4544.

Class details are as follows:

Experience the grace and elegance of skijoring through the winter woods with your dog with these two classes, which will teach all the basics you'll need to know to get started in this exciting sport. Skijoring is really a partnership between you and your dog, with the dog learning how to pull you through the woods and you assisting that effort with proper skiing technique. Depending on conditions, there may be an opportunity for you and your dog to try skijoring after the Skijor class. Participants are invited to sign up for just one or both classes. Register for both classes at the discounted rate of \$50.

Skate Skiing

Dan Clausen

Noon to 2 p.m.

Friday, Jan. 8 Minocqua Winter Park

7588 Squirrel Hill Road, Minocqua

\$30 - Includes All-Day Trail Pass

Strenuosity Rating: 2-3 - Slightly strenuous, requires some endurance.

Skijoring Niina Baum 2 to 4 p.m.

Friday, Jan. 8 Minocqua Winter Park.

7588 Squirrel Hill Road, Minocqua

\$30 - Includes All-Day Trail Pass

Strenuosity Rating: 1 for demonstration class. Not strenuous.

Note that if you stay after class to skijor with your dog, you'll need to purchase a Winter Park \$3 "paws" pass and a trail pass for yourself. Some skijoring equipment will be available to

Continued in Next Column

Classic Cross-Country Skiing Technique - Rhinelander

Classic skiing is the traditional cross-country technique that involves skiing in groomed tracks. From youngster to senior, everybody can pick up this technique quickly and enjoy the beauty of the trails in the Northwoods. Designed for both beginners and those with some skiing experience, topics covered will include the range of equipment available today, how to kick and glide, maintain balance, turn, proper technique for skiing up and down hills, and how to stop. The class runs two consecutive Saturdays.

Brian Hegge 9:30 to 11:30 a.m.

Saturdays, Jan. 9 and 16

Ced A. Vig Outdoor Classroom - CAVOC, 4321 S Shore Dr.,

some endurance and physical conditioning.

Skate Cross-Country Technique - Rhinelander

The deceptively effortless glide and grace of skate skiing is only possible when you know proper technique. Starting on flat terrain, we'll cover the essential elements of proper skate skiing form to get both the skis and poles working in sync for that perfect alide. From there we'll head to the masterfully groomed trails at CAVOC to learn how to climb and descend hills and make turns

on skate skis. The class runs two consecutive Saturdays. Brian Hegge 1 to 3 p.m.

Saturdays, Jan. 9 and 16

Ced A. Vig Outdoor Classroom - CAVOC, 4321 S Shore Dr., Rhinelander

Strenuosity Rating: 3 - Some physically demanding aspects, requires endurance and physical conditioning.

Beginning Cross-Country Skiing - Classic Technique - Minocqua Up north the woods take on a special serenity when they become snow covered in winter. And one of the best ways to experience this scenic natural quietude is to

cruise through the forest on cross-country skis. Designed for beginners looking to try the sport for the first time as well as for those who have some skiing experience, this class will give you all of the skills necessary to gracefully and confidently ski the many groomed and tracked beginner trails located throughout the Northwoods. Class runs two consecutive Fridays.

Dan Clausen

9 to 11 a.m.

Fridays, Jan. 8 and 15

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua

\$60 - Includes All-Day Trail Passes for both days

Ski rentals available through Minocqua Winter Park Ski Shop. 715.356.1099

Strenuosity Rating: 2 - Slightly strenuous, does not require prior physical conditioning

Intermediate Cross-Country Skiing - Classic Technique

Join Minocqua Winter Park Ski School Founder and Director Dan Clausen for this skills-filled class designed to build on your previous classic-style cross-country skiing experience. With the goal of improving ability and gaining the greater sense of confidence that follows, instruction will include proper stance for optimum balance in a variety of conditions, the right rhythm for kicking and poling for satisfying glide, the best techniques for going up and down hills, how to turn, and how to stop.

Dan Clausen

9 a.m. to noon

Four Thursdays, Jan. 14, 21, 28 and Feb. 4

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua \$110 - Includes All-Day Trail Passes for all four days

Strenuosity rating: 3 - Some physically demanding aspects, requires some endurance.

Intermediate/Advanced Cross-Country Skiing - Skate Technique

The grace, style and speed of the skate skiing technique will be the focus of this class geared for those who have some previous skate skiing experience. By poling and pushing with the legs in various sequences and rhythms, you'll refine and perfect your skills with at least three different skate skiing techniques. northwest of Land O' Lakes. Class will meet on two consecutive Thursdays

Dan Clausen

6:30 to 8:30 p.m. - Under the Lights

Thursdays, Jan. 14 and 21

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua

\$60 - Includes All-Day Trail Passes for both days

Strenuosity Rating: 3 - Some physically demanding aspects, requires some endurance.

Cross-Country Ski Team Coaches Training

safe, fun, and quality ski practice that is rewarding for both you and your athletes. We will share how to choose and lead activities, drills, games, and workouts to get your team loving winter and skiing fast. All experience levels are welcome, including current coaches and parents of athletes interested in assisting with team practices for kids of all ages. Dan Clausen

Zeke Fashingbauer

10 am to 12:30 p.m.

Sunday, Jan. 10

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua

\$40 - Includes All-Day Trail Pass

Strenuosity Rating: 2-3 - Slightly strenuous, requires some endurance

Mastering Nordic Downhills

Every Nordic skier should have a big bag of tricks to negotiate many different types of the ski trails. Even experienced skiers are eager to learn tactics to turn more accurately on crosscountry skis. This session is designed to build more confidence and relaxation in descending hills as individuals will progress through a variety of techniques that include the straight run, wedge turns, and step turns.

Dan Clausen 10 a.m. to noon

Friday, Jan. 22

some endurance

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua \$40 - Includes All-Day Trail Pass

Strenuosity rating: 2-3 - Slightly strenuous, require

Continued in Next Column

PIONEER EXPRESS PAGE 15, DECEMBER 25, 2020

Free the Heel: Telemark Skiing

Arguably one of the most elegant of skiing styles, you'll expand your skiing skills repertoire with this class designed to teach all the basics of quintessential Telemark skiing for those free-theheel, smooth-as-butter turns. We'll cover the basics such as how to enter and exit turns, how to link turns, transition from one lead ski to the other, and proper body position and weight distribution. A blend of both downhill and cross-country skiing, participants should have experience in at least one of these styles of skiing.

Dan Clausen 10 a.m. to 2 p.m. Monday, Jan. 25

\$60 Big Powderhorn Mountain Resort, 11375 Powderhorn Rd., Bessemer, Mich.

Students will also need to purchase a lift ticket. Check the Strenuosity Rating: 2-3 - Slightly strenuous, requires resort's website at bigpowderhorn.net for potential discounted lift

> Strenuosity Rating: 3 - Some physically demanding aspects Requires some endurance and physical conditioning.

Some Telemark equipment might be available to rent. Call 715.365.4681 to inquire.

Intro to Downhill Skiing

A great day on the slopes carving graceful and confident turns comes down to learning a few basic techniques to make your skis go where you want them to. In this class designed for both beginning skiers and those seeking to sharpen existing skills, you'll learn the tips and tricks needed to ski forward while controlling speed, turn right and left with confidence, and perhaps most importantly, how to stop on a dime. This highly-affordable class features a one-day or a discounted two-day package that includes a lift ticket, instruction, and the use of skis, if needed.

Camp 10 Ski Area PSIA-certified Instructors

10 a.m. to noon

Saturday, Jan. 9

Sunday, Feb. 14

Camp 10 Ski Area, 1604 Ski Hill Rd, Rhinelander

\$59 One-day Package

\$79 Two-day Package Strenuosity Rating: 2 - Slightly strenuous, does not require

prior physical conditioning Intermediate Downhill Skiing Have some downhill skiing experience and looking to take

your skills to the next level? You've come to the right place. In this class we'll build on your existing skills and set you on your way to advance from a beginning-level to an intermediate-level skier. Skills taught will include more detailed instruction on how to use your ski edges to enter and exit a parallel turn, how to link together and

transition gracefully from one turn to the next, and show you the best

body position at each point throughout each turn. Camp 10 PSIA-Certified Instructors

10 a.m. to noon

Saturday, Jan. 30

Sunday, Feb. 21

Camp 10 Ski Area, 1604 Ski Hill Rd, Rhinelander

\$69 One-day Package

\$89 Two-day Package Strenuosity Rating: 2-3 - Slightly strenuous, requires some endurance and physical conditioning.

Sylvania Wilderness Backcountry Ski Outing The Sylvania Wilderness located just across the Wisconsin border in the UP of Michigan is home to one of the largest stands of old growth forests in the upper Midwest. We'll explore this tranquil wilderness via backcountry skiing to Deer Island Lake, one of the 34 named lakes in this 18,327-acre landscape gem. Local naturalist Troy Walters will guide this six-mile round trip backcountry adventure over an ungroomed surface to Deer Island Lake. Along the way we will discuss the history of the area and how it was able to escape the widespread logging that took place in nearly all of the Northwoods. Note that our route is commonly skied by others, leaving rudimentary tracks so backcountry skis are not a necessity and regular crosscountry skis will work fine. There are a few rolling hills and the distance is such that some previous ski experience is necessary.

Troy Walters

9 a.m. to noon Friday, Feb. 12

Meet at the trailhead at the end of Fisher Road, about a mile

Strenuosity rating: 3 - Some physically demanding aspects, requires

some endurance and physical conditioning. Blackjack Springs Wilderness Snowshoe Tour

Blackjack Springs Wilderness, a 5,886-acre area nestled amongst the Nicolet National Forest located 7 miles northeast of Eagle River, was designed as a Wilderness in 1978. Explore this tranquil wilderness via snowshoeing around Whispering Lake and towards the spring ponds along Blackjack Creek. This area is home Why do we coach and teach skiing? Because we love it! to deer, bear, fisher, snowshoe hare, fox, coyote, bobcat, and a variety But, at times it's hard to know exactly what to do out there. Join us of species of birds. Join local naturalist, Troy Walters, on a guided 3for this on-snow training to learn the fundamentals of leading a mile snowshoe hike; some of which involves rolling topography and possibly off trail wandering. Along the way, we will discuss the history of the area and the many signs that animals leave behind in the Northwoods winter wonderland. Note that this area is quite remote with poor cell service and snowshoeing is a bit challenging, so good fitness is recommended.

> Troy Walters Friday, Feb. 19

9 a.m. to noon

Meet at the parking area along FR2178k just off of FR2178.

Strenuosity rating: 3 - Some physically demanding aspects. Requires some endurance and physical conditioning. Yukon Creek Watershed Snowshoe Hike

Situated on over 6,000 acres of beautiful Northwoods

forests and wetlands, Minocqua Winter Park is a treasure for winter enthusiasts. Join us for an exploration of The Heights, one of Winter Park's newest snowshoe trails. From bogs and beaver dams to high ridges and glacial erratics, we will follow along the Yukon Creek watershed and discover a uniquely diverse community of plants and animals. During our two-mile adventure, we stop frequently to discuss the many different aspects of the natural world around us. The hike is over mostly rolling terrain with one moderate climb up to a scenic vista.

Barb and Erin Blow

1 to 3 p.m. Friday, Jan. 22

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua

We'll meet outside of the Chalet.

\$35 – Includes All-Day Snowshoe Trail Pass

Strenuosity rating: 2-3 - Slightly strenuous, requires some

endurance.

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February 2, 2021 February 16, 2021 March 2, 2021

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It's A Wonderful Life!



During these COVID holiday times, where everyone's safety and well -being is top of mind, nonprofits are seeking creative ways to hold fundraisers. NorthLakes Community Clinic Lakewood and White Lake hosted a fundraiser through a Facebook Live concert and raised \$1075 for its local clinics.

NorthLakes vision is "Healthy, prosperous, engaged communities where everybody thrives ". In keeping true to its vision of prosperity where everybody thrives, there was an agreement to split the donations with the local band Cheri and Paul, who played rock, country and holidays songs for the Facebook Live fundraiser. "It's been a crazy, crazy year and our appreciation to all the health care workers who do their best to keep us healthy", said Cheri and Paul Kuske. The musical couple donated back their portion to NorthLakes.

The goodwill of Cheri and Paul, a very generous donation from Laona State Bank, several community members and NorthLakes Staff's donations brought out that timeless holiday spirit that happens when neighbors help neighbors.

Interested in watching the event? Go to Friends of NorthLakes Community Clinic Facebook Page.



DECEMBER 21,2020



graduates this December

Colburn

Kenyan I Colburn, a 2020 graduate of Crandon High School, has completed his Basic Combat Training this past September at Fort Benning Georgia- Home of the infantry.

He then went on to Advanced Individual Training, where he graduated an Infantryman on December 14, 2020. He was awarded Expert Marksman, Squad Leader, Fire Watch Leader and SAW Gunner Position. After Holiday Block leave, Colburn will return to Fort Benning to further his career with the US Army and begin the Ranger Assessment and Selection process and Airborne training.

Keyan is the son of Kim Colburn.

