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Volume 38, No. 42 January 22, 2024 (715) 478-3640 or 1-800-234-2152 Fax: (715) 478-3540 email: pionexp@newnorth.net

## The Shopping Spree at Mike's Supermarket-Townsend Hosted by NorthLakes Community Clinic

NorthLakes Community Clinic Lakewood will host a wacky fundraiser called The Shopping Spree to raise money for its Farm to Patient Program. The fundraiser event is similar to the television show Grocery Grab, where select shoppers race through a grocery store, grabbing as many food items into their cart as the time constraints allow. The Shopping Spree is an enjoyable spectacle where the two pulled ticket winners will run through Mike's Supermarket in Townsend and grab up to \$500 of food in 60 seconds. The event will take place on Sunday, June 2, 2024.

The Farm to Patient program recognizes that families in poverty have shorter life spans due to chronic illnesses such as strokes, diabetes, and obesity. This health issue may be preventable through increasing access to fresh, nutritious vegetables while understanding and working on the underlying reasons for poor food choices. NorthLakes distributes Community Supported Agriculture (CSA) boxes to low-income patients nominated by one of our providers. The patients must have a willingness to create a change in their overall health. At the exchange of CSA boxes to the patients, there is education and an introduction to the vegetables in the box along with a discussion of any barriers such as cooking preparation, family adjustment to fresh food, adjustment of recipes, transportation challenges, and discussion of child care. This program is at the heart of NorthLakes Community Clinic's mission of responding to the community's health care needs with an integrated array of quality services and actively removing barriers to wellness.

To support this worthwhile program and a chance to win one of the two opportunities of a lifetime running through Mike's Supermarket, raffle tickets will be available for \$10 each or 3 for \$25 from January 26 to May 24 at NorthLakes Community Clinic in Lakewood, the Krist Station in Wabeno and Mike's Supermarket in Townsend during business hours. In addition, a NorthLakes Community Health Worker will sell tickets each Friday afternoon until May 24, when the drawing takes place and two lucky winners are announced.

## Conservation Corner

Conservation Corner is a weekly article produced by the Forest County Land & Water Conservation Department. For more information, contact Steve Kircher, County Conservationist-Land Information/GIS Director, at 715-478-1387 or by e-mail at lcc@co.forest.wi.us.

#### What Happens to Soil in Winter?

The soil under your feet is still teeming with life, even in the frozen temperatures of winter. Soil is essential to life. One reason is that soil protects plant roots, animals, and microbes from freezing in the winter. As air temperatures drop below 32° F, water within the top layers of the soil will eventually freeze. This is commonly known as the frost layer. So, while you think that once the ground is frozen, life stops in the soil, that's very untrue.

Snow can be appreciated for more than its good looks. It also plays a crucial role in maintaining healthy soils throughout the winter months. One of snow's major jobs is to serve as a natural blanket, or insulator. Its effectiveness depends on the amount that collects before the weather gets too cold. Early winter snowfalls insulate the ground by preventing heat from escaping into the atmosphere and by blocking cold air from moving into the soil. A blanket of snow traps heat energy, snow restricts the depth of the frost layer, or area of soil containing ice. In other words, soils with deep snow cover often have thinner frost layers than those without snow. The area below the frost layer serves as a refuge for animal and plant life that call it home. In turn, thinner frost layers provide more room for organisms to live during the winter months. Soils that are well insulated tend to thaw more quickly in the spring than their bare counterparts. Thawed soils are far better at taking in and storing meltwater. If snow melts before the soil has thawed, the soil cannot absorb the water. Instead, ponds of water will form, or it will run off the surface of the land, leading to water erosion.

## **Donations sought for Mark Pitts Benefit**

A benefit is being held on February 25 for Mark Pitts, a Crandon resident, 44 years old, who is fighting stage IV colon cancer. He has undergone one surgery and will be receiving chemotherapy for the next several months.

While Mark has insurance to cover most of his medical costs, he will be off work indefinitely, and can use help.

Mark and his young family, wife, Melanie; daughters, Megan and Makenzi; and sons, Richard and Kolton, will need financial assistance to get through this illness and loss of Mark's income.

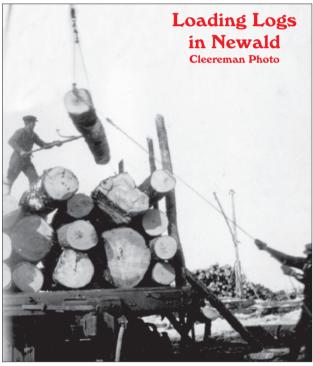
Donations of any kind are greatly appreciated, and greatly help a member of the community.

To make a donation call: Barb Wolff, 715-490-2296; Dave Wolff, 715-490-2295; Darcy Wolff, 715-219-0969; Justin Bula, 715-889-0666; Carmen & Cameron Barnes, 715-777-5458; or Dawn Volz at Pack Em Inn.

Drop off locations are: Wolff's River Inn Post Lake, LMS-Crandon, Pack Em Inn Crandon.

Basket sponsors are welcome, and any all donations are appreciated.

#### **Rhinelander District Library Presents** If These Woods Could Talk: an oral history of Wisconsin's Northwoods



The Rhinelander District Library is announcing the release of its new podcast, If These Woods Could Talk. This ongoing oral history project is open to anyone in the area who has a story to tell about the Northwoods.

This podcast is a part of the WXPR Community Podcast Project, an initiative to amplify community voices.

The first episodes will be available for listening Thursday, Jan. 18, at WXPR.org under the podcasts tab and anywhere else you find podcasts.

"Every day more history is lost to time," said Matt Persike, project lead. "Rhinelander District Library wants to facilitate the preservation of local history and give area

## Sokaogon Chippewa donate \$2,000 to Crandon Library



The Sokaogon Chippewa Community invited the Crandon Public Library to the Annual Check Presentation where they were presented with a check for \$2,000. The presentation was held at the Mole Lake Casino Lodge and Conference Center. This revenue-sharing partnership program was hosted for local area governments and organizations which the library is proud to be a part of. Their request for monies will assist the library in maintaining the Indigenous Cultural Educational Materials.

These Tribal Gaming Revenue Sharing Compacts include provisions giving the tribes the ability to deduct payments made to local governments from the annual revenue sharing payments to the state. The specific provisions vary by tribe, but generally include payments for public works projects and projects involving education, transportation and public safety that benefit both the tribes and the residents of the State of Wisconsin. The tribes' payments under these provisions totaled more than \$24 million during 2018-2022.

### Free Fishing Weekend Jan. 20-21

The Wisconsin Department of Natural Resources (DNR) is hosting Free Fishing Weekend Jan. 20 - 21 to share the fun and excitement of winter fishing. No fishing license or trout and salmon stamps are required.

Anglers can fish in state waters where there is an open fishing season. All other fishing regulations apply, including limits on the size and number of fish that can be kept and any seasons when anglers must release certain fish species.

As a reminder, anglers cannot fish spring trout ponds during the winter Free Fishing Weekend. Please review the trout regulations and the 2023-2024 Hook and Line regulations for more information.

Crandon Drama Dept. presents **Once Upon a Crime** By Flip Cobler and Cindy Marcus and

**BIG BAD By Alec Strum** 

Performance Dates: Friday, January 26th at 6:00 p.m. & Saturday, January 27th at 6:00 p.m.

Exciting school productions are about to be

Snow is known as poor man's fertilizer. As snow falls through the atmosphere, nitrogen attaches to the snowflakes, providing a gentle natural fertilizer boost to plants.

Snow can provide the natural moist cooling period that many of our native seeds require in order to

## **Continued on page 12**

residents the opportunity to record and share memories. stories and knowledge before it's forgotten."

Library director Virginia Roberts noted the timeliness of the project. "As the largest generation the earth has ever known-people who have lived through some of the most interesting times in modern history-grow older, it is so important to preserve the stories of their lives, here, in this place, so future generations may hear the stories of who has come before and what they experienced. It is in these shared stories of place that one might feel less alone."

On top of archiving these histories, RDL is offering a recording kit for loan, allowing anyone with a library card to make quality audio recordings.

If These Woods Could Talk is accepting stories and releasing episodes as the library receives them.

Take a listen to hear what your neighbors have to say. To learn how to record your Northwoods story, stop by the Rhinelander District Library or call 715-365-1070 and ask for Matt. We all have stories. Share yours.

For more information, visit www.rhinelanderlibrary.org

underway at the Crandon School District next Friday, January 26th, and Saturday the 27th! 5th grade, Middle, and High school students of the Crandon School District will be presenting two one-act plays.

Embark on a spellbinding journey through the gripping world of the courtroom in "Once Upon a Crime" and "Big Bad." Directed by Sam Puffer, Lindsey Jaeger, and Katie Pritzl, these captivating plays promise to unfold legal drama with a unique twist to classic tales. Don't miss the drama and enchantment on stage!

#### Post 44 Gunless Poultry Shoot

Don't miss the next American Legion Gunless Poultry Shoot on Saturday, January 20, 2024 at Kelly's Thirsty Buck Saloon, Mountain, starting at 1 p.m.

Bring along your friends, they will be raffling off packages of meat, poultry, sausages, bacon, beverages and items donated by local businesses. There will also be 50/50 raffles. Come on in, win a prize and help a veteran. Everyone is welcome.

The American Legion Sylvan Post 44 of Wabeno is composed of veterans who are committed to helping veterans, their families and the community.





## Wabeno Post 44 American Legion Social

WE'LL PICK

Enjoy the start of the New Year celebrating with good friends and the fellowship of your comrades at Old Town Hall Restaurant, Townsend, for the Social on February 5, 2024 hosted by Don & Karen Ashbaugh. Cocktails 4:30 p.m. and dinner at 6:00 p.m. Reservation, food choice and payment with check payable to Old Town Hall Restaurant in the amount of \$19.50 includes tax and tip should be sent to Don & Karen Ashbaugh, 18484 Memory Lane, Townsend, WI 54175. For information, contact Don and Karen Ashbaugh 715-276-9937.

Reminder postcards are being mailed to persons attending at least one of the 2023-2024 socials. All that is required to receive notice by postcard is to attend one of the socials. Dates of socials are listed in the Bugler Newsletter, submitted to the newspapers and posted at the Legion Hall.

## Important tips in cervical cancer prevention

January is Cervical Cancer Awareness Month, providing an opportunity to highlight the significance of screenings and preventive measures in combating this potentially life-threatening disease. Natalie Weeks, MD, a Family Medicine Resident Physician at Aspirus Wausau Family Medicine, emphasizes that cervical cancer screenings play a vital role in saving lives, aiming to prevent cancer.

"Cervical cancer screening involves testing the cytology, or the cell types, of the cervix. The goal is to catch the cells before they turn into cancer, in the precancerous stage," says Dr. Weeks. "Cervical cancer is asymptomatic until it's fairly progressed. So, if we can catch it earlier, it's easier to treat.'

Cervical cancer screenings should begin at age 21, with the following frequency recommendations based on age:

Age 21-29: screenings every three years without human papillomavirus (HPV) testing

Age 30-65: screenings every five years with HPV testing

Early detection is crucial, but prevention remains a key focus for primary care clinicians.

Dr. Weeks underscores the effectiveness of the HPV vaccine, stating, "You can prevent over 90 percent of cervical cancer by getting the HPV vaccine."

Since HPV can be spread through sexual contact, she advises, "the goal is to get vaccinated before coming in contact with HPV, so sooner in life is better than later. We recommend it for both boys and girls, starting at the age of 11 and 12, although you can get it as early as nine and as late as 45."

The vaccine's impact extends beyond cervical cancer prevention. According to the Centers for Disease Control and Prevention (CDC), HPV causes 70 percent of head and neck cancers in both men and women, making it essential for both genders to receive the vaccine.

Individual cancer prevention recommendations may vary based on health histories and risk factors.

Therefore, regular communication with your healthcare provider is crucial for determining the best course of action for your well-being.

Both primary care clinicians and OB/GYNs can administer pap smears and cervical screenings. To find someone in your area, i s i t https://www.aspirus.org/fi nd-a-provider.

**DNR** to host public meetings on fisheries

management in Northeast Wisconsin

The Wisconsin Department of Natural Resources (DNR) today announced it will host a series of informational meetings across the state's northeast region to educate anglers on various fisheries management topics.

This is your chance to learn how the DNR manages game species and protects and restores their habitat.

The meetings are part of a spotlight series highlighting various fisheries in Green Bay and inland waters in northeast Wisconsin. The sessions will be held in person and via Zoom from 6 to 8 p.m. over the next few months, giving the public a chance to meet and learn from their local DNR fisherv resource specialists. More information on these meetings, including Zoom login info, can be found on the DNR's meetings & hearings calendar. Inland Trout And Lake Management In Florence And Forest Counties Presenter: Greg Matzke, **DNR Fisheries Biologist** When: Jan. 29, 2024 Where: Wild Rivers Interpretive Center 5628 Forestry Drive Florence, WI 54121

# When Winter Bites... **Bite Back**



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\*Candidate Dawn Jakubiec filed a Declaration of Candidacy prior to the 5:00 p.m., January 2, 2024 deadline for two positions representing the Forest County area, which includes parts of Forest, Langlade, and Marinette Counties.

\*Candidate Andrea Brugger filed a Declaration of Candidacy prior to the 5:00 p.m., January 2, 2024 deadline for two positions representing the Forest County area, which includes parts of Forest, Langlade, and Marinette Counties.

\*Candidate Benjamin Larson filed a Declaration of Candidacy prior to the 5:00 p.m., January 2, 2024 deadline for two positions representing the Forest County area, which includes parts of Forest, Langlade, and Marinette Counties.

\*Candidate Penny McLaughlin filed a Declaration of Candidacy prior to the 5:00 p.m., January 2, 2024 deadline for two positions representing the Forest County area, which includes parts of Forest, Langlade, and Marinette Counties.

\*Candidate Raletta Shampo-Ashbeck filed a Declaration of Candidacy prior to the 5:00 p.m., January 2, 2024 deadline for two positions representing the Forest County area, which includes parts of Forest, Langlade, and Marinette Counties. \*Candidate Jason Boor filed a Declaration of Candidacy prior to the 5:00 p.m., January 2, 2024 deadline for one position representing the Oconto County area. All positions are for three-year terms and will be on the ballot for the April 2, 2024 election. Residents of the School District of Wabeno Area are reminded that they can vote for all of the above candidates, regardless of the township or county they live in. Residents are able to vote for any candidates that are on the ballot that is provided at their polling place. This particular race will have a Primary Election on Tuesday, February 20, 2024 with the top four ballot candidates advancing to the April 2, 2024 ballot.

# **AREA EVENTS**

Good Shepherd Lutheran Church 1 CMS Making Disciples for Life Thru Grace Alone, Faith Alone, and Scripture Alone

1507 N Lake Ave, Worship Service Crandon, WI 54520 Sundays at 10:30 am Phone (715)478-3555 or (715)889-4610 All are welcome

## Valentines for Veterans

The Wabeno Area Elementary School is working on a special project to send Valentines to Veterans. If you are a veteran or know of any veterans, please contact the Wabeno Area Elementary School 715.473.3633, ext.1205 to leave the veteran's name and address. Or, if you prefer, write it down and send it in with a student or mail it to us at PO Box 460, Wabeno, WI 54566. We would like the names and addresses of all veterans that would like to receive valentines by Friday, January

ARGONNE COMMUNITY

CHURCH

7495 Pine St. Argonne

Argonne Community Church@gmail.com

Sunday Worship

9:00 A.M.

All Welcome

Vehicles &



#### PIONEER EXPRESS PAGE 3, JANUARY 22, 2024



A note from the four busmen (Mike, Christ, Bob & Kevin) ...

Happy Valentine's Day! This month we will be taking a special trip to see a matinee at the Rouman Cinema in Rhinelander. Grab your sweetie or a friend and join us. Seniors age 60+ are \$6.00 per ticket (before noon). After noon the price goes up to \$8.00.

Please let us know if there are any special trips on your bucket list and we will see if we can make it happen.

Please call 715-784-1497 if you would like to join us for these trips or for any other rides you'd like to attend.

#### **Tuesday and Thursday Trips**

Forest County to Rhinelander, Antigo and Iron Mountain. We will pick you up at your home sometime between 8 and 9 a.m. and typically arrive at the destination town around 9:45. Walmart is a popular stop but we will attempt to take you wherever you wish. Then...LUNCH !!! (Optional) We talk about where to eat and all riders are encouraged to voice their opinion. Then return home, arriving between 1:00 and 2:00 most days.

Thursday, January 18: Rhinelander Tuesday, January 23: Antigo Thursday, January 25: Iron Mountain Tuesday, January 30: Rhinelander Thursday, February 1: Antigo Tuesday, February 6: Iron Mountain Thursday, February 8: Rhinelander Tuesday, February 13: Antigo Wednesday, February 14: Rhinelander Rouman Cinema Thursday, February 15: Iron Mountain Tuesday, February 20: Rhinelander Thursday, February 22: Antigo

Tuesday, February 27: Iron Mountain

**Forest County Commission on Aging** 



#### **CRANDON, WABENO, LAONA**

Monday - Jan. 22 - Chicken broccoli casserole, Pacific veggie blend, whole wheat bread, grape juice, strawberries and yogurt

Monday - Jan. 29 - Denver egg bake, country sauce, seasoned American potatoes, mini fruit muffin, banana

#### CRANDON, WABENO, LAONA, ARMSTRONG CREEK

Tuesday - Jan. 23 - Ham and marble rye with romaine leaf and tomato slice, mayo, minestrone soup, crackers, peach slices

Tuesday - Jan. 30 - Spaghetti and meat sauce, mixed greens, dressing, garlic breadstick, mandarin oranges, pineapple cake

CRANDON, LAONA, ARMSTRONG CREEK, WABENO Wednesday - Jan. 24 - Seasoned baked fish, parsley buttered potatoes, tartar sauce, carrots, rye bread, beetnik cake

Wednesday - Jan. 31 - Roast beef, mashed potatoes, gravy, peas and carrots, whole wheat roll, fresh grapes ALVIN (Alvin now serving at 12:00 p.m.)

Thursday - Jan. 18 - Hamburger on a bun, winter squash, applesauce, baked beans, cupcake

Thursday - Jan. 25 - Lasagna, green beans, salad with tomatoes and carrots, breadstick, banana pudding Please register with Commission on Aging - 478-

3256. Crandon site is at 715-478-3040. Serving at 12:00

When you talk, you repeat what you already know; when you listen, you often learn something. - Jaren Sparks

Country Store

Sun 6 a.m. - 7 p.m.

## GAS-GROCERIES-BEER-LIQUOR-BAIT TACKEL-DNR LICENSES-ATM-LOTTERY PROPANE CYLINDER EXCHANGE



A fool may ask more question in an hour than a wise man can answer in seven years. - English proverb

p.m. on Monday, Tuesday and Wednesday.

Alvin nutrition site manager Tammy Wolfe is at 715-545-3323.

Laona site manager Peggy Alderton at 715-889-3116 (cell). Meal served at 12:00 p.m. Monday, Tuesday and Wednesday.

Wabeno site manager Linda McEwen at 715-889-0123 (cell). Meal served at 11:30 a.m. on Monday, Tuesday and Wednesday.

Armstrong Creek site manager Sharon Giles at 715-674-3532 (home). Meal served at 11:30 a.m. on Tuesday and Wednesday.

## News of Area College Students **UW-Superior Fall Dean's List**

Argonne, Kaitlyn Spencer Crandon, Lynzee McGeshick, Abby Pease, Jessie Schreiner

Wabeno, Ethan Westimayer

## UW-Stout Fall Dean's List

Laona, Trevor Cleereman, BS Engineering Technology



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Parmesan Shrimp \$16.95 Shrimp and Pasta \$14.95 Shrimp Basket \$11.95 Special Pricing only on Wednesday Night. Please call for reservations at 715-649-3810

Battered Jumbo Shrimp \$16.95

Breaded Jumbo Shrimp \$16.95

Shrimp Skewers and Pasta \$15.95

Shrimp Boil 1lb shrimp \$14.95

Coconut Shrimp \$16.95

Garlic Shrimp **\$16.95** 

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## Wild Rivers Quilt Guild to hold meeting

Wild Rivers is pleased to announce its Tuesday, January 23, 2024 meeting beginning at 5:30 p.m. to be held at Bethlehem Lutheran Church, 900 Central Avenue, Florence, Wisconsin. We'll each share something about quilting followed by a relaxed show and tell time - perhaps you might want to bring the first quilt you ever made, your most currently completed quilt, or your most favorite quilt. For more information about the Wild Rivers Quilt

Guild or to contact us, visit our website at www.wildriversquiltguild.org. Guests and new members are always welcome.





SCHAEFER'S FOOD MART PULL-OUT SECTION



SCHAEFER'S FOOD MART PULL-OUT SECTION

**PIONEER EXPRESS JANUARY 22, 2024** 

SCHAEFER'S FOOD MART PULL-OUT SECTION

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## **Death Notices**

Lisa Marie Engel (nee: Statezny) 52, born in Racine on October 21, 1971, passed away peacefully surrounded by her loved ones after her battle with cancer at nightfall on December 4, 2023, in Racine, WI.

Lisa was a wild, beautiful, and sassy soul. Raised in Franksville, WI. She often shared beautiful and fond memories about time spent in Crandon, WI as a child with her grandparents, Dottie Mae and Kenneth Fraley, on their farm.



Her love and appreciation for animals, nature and adventure undoubtedly began there and continued throughout her entire life. She worked at Infusino's restaurant as a teen with her mother and her Aunt Sheila (she returned in 2021 to work at Infusino's Banquet Hall).

Lisa spent a lot of time with her family, who she cherished so much, including her daughters, Emily Mae and Abby Marie Niesen; granddaughter, Evelynn Ann Niesen-Humble; and of course, her loving husband Michael, who she married on June 24, 2018.

Lisa loved having adventures with her husband. She would often share photos from all of their travels on the Harley. The newest chapter of her life was filled with love, success, adventure, creativity, and fun. Lisa had the unique ability to heal those around her and she touched so many lives during her time with us all. She taught those who knew her how to look at the world with full appreciation for all the small moments we shared.

She was always thinking of others, especially her family, and gave us so much so we could live a wonderful life.

Lisa will be dearly missed by those who loved her including her two kittens, Luna and Milo.

Lisa is survived by her husband, Michael; daughters, Emily Mae Niesen (Deven Taber) and Abby Marie Niesen (Jordan Humble); granddaughter, Evelynn Humble; her step-son, Jeremiah Knudsen; parents, Bruce and Nancy (nee: Fraley) Statezny; her in-laws, Riene (nee: Mastos) and Dean Herriges of Eagle, WI; brother and sister-in-law, Mark and Jackie Engel; and close family friend, Rose Gerow of Crandon, WI. Lisa is further survived by nieces, nephews, other relatives, and friends.

Lisa was laid to rest in Crandon privately with her close family and friends.

# Thank Yous and Personals 2023 Red Kettle Campaign

Forest County Salvation Army recently concluded a successful Red Kettle Campaign. I would like to extend my heartfelt thanks to the entire community for your support.

With the help of businesses, organizations, churches and individuals who donated time and resources, together we raised over \$10,000. Another great year!

Many thanks to those who faithfully gave of their time to "ring the bells." Approximately 65% of our donations comes through the kettles. Without you this wouldn't be possible.

Thank you again and I look forward to working with you on our 2024 campaign. Sincerely,

Jackie Shepherd, Bell Coordinator

Reach over 8,500 (summer circulation) homes in the Forest and Northern Oconto county area with a classified ad through our mailings and set outs. <u>RATES ARE PER WEEK</u>

Personal Classified \$4.00 With border \$4.50 Business Classified \$5.00 With border \$5.50 UP TO 30 WORDS ONLY.

#### Gordon D. Wunrow December 24, 2023

Gordon Dale "Gordy" Wunrow, 63, of Pearson, Wisconsin passed away on December 24, 2023, in Milwaukee. He was born to James and Ruth Wunrow and survived by sister Janet Wunrow, brother Douglas Wunrow, nephew Rob Wunrow and close family and friends.



Gordy attended South Division High School in Milwaukee and graduated from there. After completing his education, he embarked on a successful career as a Transmission Repair Specialist. For 37 years, Gordy dedicated his expertise to Aamco/Accurate Transmissions in the Milwaukee area. In the latter part of his career, he joined Charlie's Automotive and Transmissions in the Antigo, Wisconsin area where he continued to excel in his field.

Outside of work, Gordy had many passions and hobbies. He possessed incredible skills in small engine repair and was always willing to lend a helping hand to others. Gordy found solace in fishing and restoring vintage outboard motors. These activities brought him great joy and allowed him to showcase his mechanical talents.

A Celebration of Life Service for Gordy will be held on Saturday, January 27, 2024, at 1 p.m. at Arbutus Lutheran Church located on Hwy 55 in Pearson, WI 54462. Internment to take place directly after the service.

Gordy will be deeply missed by his family, friends, and all those whose lives he touched. His legacy as a skilled mechanic and his generosity towards others will be remembered fondly by all who knew him. Donations to the family to be designated later.

Ronald B. Cracraft, age 84, of Argonne, passed away peacefully on January 10, 2024 at home with family by his side. He was born on September 4, 1939 in Crandon, a son of Mason and Zora (Spencer) Cracraft. He married Pat Campbell on December 28, 1979 in Antigo.

He was a graduate of Crandon High School. Ron went to

Michigan Tech for Lumber Grading and worked in Laona until his retirement.

He is survived by his wife of 44 years, Pat; four children, his pride and joy, James (Betty) Cracraft of Athens, Cheri (Daniel) Bocek of Crandon, Chad (Christine) Cracraft of Lake Nebagamon, and Heather (Dustin) Flannery of Elcho; 11 grandchildren, Kaleb, Kolten, Sadie, Lexie, Adler, Noelle, Charlotte, Autumn, Jase, Hoyt and Ryker; two sisters, Phyllis Jones of Oak Creek and Betty Edmondson of Neenah; brother, Wendall (Shirley) Cracraft of Two Rivers; and many nieces and nephews.

He was preceded in death by his parents, Mason and Zora Cracraft.

A funeral service was held on Tuesday, January 16, at 11:30 a.m. at Bradley Funeral Home with his son, Pastor Chad Cracraft, officiating. Visitation was held on Tuesday at the funeral home from 10 a.m. until the time of service.

Burial will take place in Lakeside Cemetery in Crandon.

Online condolences at www.bradleyfh.com.

#### Call for Artists: WI Regional Art Program Exhibition Nicolet College Art Gallery

Nicolet College Art Gallery Non-professional, student, and emerging artists are invited to submit their artwork to the Wisconsin

Regional Art Program (WRAP) Exhibition by Monday, January 22nd. WRAP entries will be displayed February 12 – March 23 at the Nicolet College Art Gallery.

The \$30 entry fee allows artists to three pieces of art to be exhibited at the Nicolet College Art Gallery and includes a day-long workshop on Saturday, March 23. The workshop, hosted by Nicolet College Ceramics Adjunct Instructor Adam Stuart, will feature sgraffito as a ceramics technique used to create dynamic imagery by carving clay with a contrasting-colored slip. This workshop will be exclusive to exhibiting artists only. Although the show is non-juried and anyone who submits artwork will be featured during the WRAP exhibit, Stuart will also judge the submissions to select meritorious work to be displayed at the Annual State Art Exhibit September 27-28 at the Pyle Center in Madison. Winners at the state level are also eligible for monetary awards. Artwork of all sizes, dimensions, and mediums is welcome for submissions. Artists are invited to join alongside friends, family, and community members during the opening reception on Thursday, Feb. 15 from 5 to 7 p.m. Artists interested in submitting their work should visit https://wiscartists.wildapricot.org/WRAP for more information. For more information about WRAP at the Nicolet College Art Gallery, contact Arts & Events Manager Jenny Bonardelli by phone at (715) 365-4556 or email at artgallery@nicoletcollege.edu.

#### PIONEER EXPRESS PAGE 9, JANUARY 22, 2024

**Paul F. Kulinski**, 86, of Genesee Depot and previously of Crandon, WI passed away peacefully on Tuesday, January 2, 2024.

Paul was born on January 11, 1937 in Green Bay, WI. He grew up in Whitewater area and was a 1956 graduate of Whitewater High School. Paul had a few different jobs during his life. He spent the majority of his working career as a sales representative in the manufacturing



industry, retiring in 2003. He lived in the Whitewater area for most of his life and upon retirement, moved to Crandon to enjoy the peace and beauty of Northern Wisconsin.

Paul was blessed with four children, Lynette, Kathy, Ken and David. He was a loving dad and happiest spending time with his kids and grandkids. He had an outgoing personality and loved to laugh and joke. He enjoyed line dancing and being out on the lake and golf course with his kids. Paul was a good man and he will be sincerely missed by those he leaves behind.

He is survived by his children, Lynette Petitte of Avalon, WI, Kathy (Steve) Peardon of Genesee Depot, WI, Ken (Carrie) Kulinski of Janesville, WI, and David Kulinski of Pewaukee, WI; his grandchildren, Jessica (Dave) Hefty of Janesville, WI, Daniel (Liz) Petitte of Pleasant Prairie, WI, Jon Peardon of Oconomowoc, WI, Megan Kulinski of Stoughton, WI, TJ Kulinski of Janesville, WI and Kassandra Kulinski of Palmyra, WI; his greatgrandchildren, Nathan, Gracen, Fletcher, Olivia, Owen and Ember; and his sister, Ginny Craven of Oak Creek, WI. He is also survived by a number of other relatives and friends.

A private family service will be held at a later date.

## Free Fishing Weekend Jan. 20-21

The Wisconsin Department of Natural Resources (DNR) is hosting Free Fishing Weekend Jan. 20 – 21 to share the fun and excitement of winter fishing. No fishing license or trout and salmon stamps are required.

Anglers can fish in state waters where there is an open fishing season. All other fishing regulations apply, including limits on the size and number of fish that can be kept and any seasons when anglers must release certain fish species.

As a reminder, anglers cannot fish spring trout ponds during the winter Free Fishing Weekend. Please review the trout regulations and the 2023-2024 Hook and Line regulations for more information.

If you plan to keep fish, review the DNR's Safe Eating Guidelines to stay informed of potential consumption advisories impacting some waterbodies throughout the state. **Winter Fishing Reminders** 

Remember, no ice is 100% safe. Always tell someone where you are fishing and when you'll return before heading out on the ice. Also, check in with local bait shops for current ice conditions. If conditions are questionable, opt to cast to open water from shore.

Dress appropriately for the weather, and remember safety gear:

Warm layers that are water-resistant

Sturdy waterproof boots with spike-style creepers for traction
Extra hat and gloves

•Rescue throw rope

Ice claws

Please remember to practice responsible catch and release if you aren't keeping fish to eat. Some tips for proper release include:

•Reduce reel time with fish Keep fish in the water as much as possible

•Use a rubber net and wet hands or gloves (if possible) •Keep handling time to 60 seconds or less and keep unhooking tools readily available

• Cut the line if a fish is deeply hooked

• Treat fish gently – use both hands when handling fish and place them in the water to recover before releasing **Prepare To Fish** 

Visit the DNR's Fish Equipment for Loan webpage to find a loaner site with ice fishing equipment. Locations with ice fishing equipment will have an "IF" next to their name. Essential gear is available; however, sites do not offer ice augers. Hours and available equipment vary, so contact the site in advance and create a plan to pick up the gear. Host A Community Clinic



Additional words, add 10¢ per word.

To display your ad, fill out form and send form and check to: PIONEER EXPRESS P.O. BOX 333 CRANDON, WI 54520 (715) 478-3640 OR 1-800-234-2152 FAX (715) 478-3540 AD DEADLINE 4 PM. TUESDAY Amount of weeks to run \_\_\_\_\_ Name \_\_\_\_\_\_ Address \_\_\_\_\_\_ Phone \_\_\_\_\_\_ Ad \_\_\_\_\_\_

Organizations planning a community clinic should complete a planning form to register their clinics with the DNR. The deadline to submit these forms is Jan. 11.

#### **Continue The Fishing Fun**

Continue the fishing fun after Free Fishing Weekend by purchasing a fishing license. The next Free Fishing Weekend will take place June 1-2,2024.





B20ETC

## Help Wanted - Laona School District

The School District of Laona is looking to update their substitute teacher list for the 2023-2024 school year. Any person holding an Associate's Degree or a 4 year Bachelor's Degree is eligible for a substitute teacher license through the Wisconsin Department of Public Instruction. The current pay is \$120 per day, which also includes free lunch. We are also updating our teacher aide, kitchen aide and daycare substitute lists. There are no degree requirements for these substitute position.

If you are interested in being added to any of our substitute lists, please call Larry Palubicki/District Administrator at 715-674-2143 ext. 202.

This institution is an equal opportunity employer.

#### Forest County Sheriff's Office Job Notice

Forest County Sheriff's Office is now accepting applications for Full-Time 911 Dispatcher positions

\*No experience needed, we offer on the job training <u>\$20.41/hr and 80 hours</u> of vacation after 1 year of employment <u>QUALIFICATIONS:</u> Must be age 18 or older, no felony convictions, have a high school diploma or GED, and have a valid Wisconsin driver's license. <u>SALARY & BENEFITS:</u> 40 Hours of Vacation after 90 days, Pay Wage and Vacation time increases with longevity. Benefits include: Wisconsin Retirement Fund, Health Insurance, Life Insurance, Sick Leave, Vacation Time, 9 Paid Holidays, Uniform Allowance, and Deferred Compensation. <u>APPLY:</u> Application and background packet available at the Forest County Sheriff's Department or Submit Wisconsin Law Enforcement Standards Board Form DJ-LE-330 Application. Email applications to: jmarvin@forestcountysheriff.org or awalrath@forestcountysheriff.org. <u>Or Mail applications to:</u> Chief DeputyAlex Walrath

<u>5:</u> Criter Deputy Alex Wairath Forest County Sheriff's Office 100 South Park Avenue Crandon, WI 54520

Applications are available at the Forest County Sheriff's Office or online at https://wilenet.widoj.gov/employment/employment-opportunities/780 or at https://wilenet.widoj.gov/training-standards/officer-training-employmentand-reciprocity

All questions on the application must be completed, including Section 6 -Questions A, B & C. Please supply your social security number on the application.

Please supply a valid phone number & email address on your application.

<u>NOTE</u>: Successful applicants will be required to submit to a written examination, oral interviews, background investigation, physical fitness test and drug testing.

AN EQUAL OPPORTUNITY EMPLOYER

## Help Wanted Public Health Staff Nurse

Forest County Health Department is accepting applications for a full-time (40 hours per week, 4-10 hour days) Public Health Staff Nurse. Qualified candidates must have an Associate's Degree in Nursing. Preferred applicants will have experience in community health and public health competencies.

This position has a starting wage of \$27.29 based on experience.

Application and position description may be obtained at <u>www.co.forest.wi.gov</u> or in the County Clerk's Office, Forest County Courthouse, 200 East Madison Street, Crandon, WI 54520. Applications will be accepted until the position is filled.

Forest County is an Equal Opportunity Employer

# WHAT'S TO EAT

# HELP WANTED

## SCHOOL DISTRICT OF LAONA VACANCY READING SPECIALIST

Due to an upcoming retirement, the School District of Laona is seeking a K-12 Reading Specialist. The position will begin in the 2024-2025 school year. The reading specialist works collaboratively with teachers and administrators assisting in implementing and monitoring the reading curriculum. This position focuses on elementary students and will be responsible for coaching teachers in the latest strategies, offer teacher classroom support and perform student assessments, evaluations and interventions.

Applicants must have or be eligible to obtain a Wisconsin Department of Public Instruction (DPI) Reading Specialist License (17/5017). Please submit a letter of interest, resume, transcripts, copy of license and 3 current letters of reference or you may apply on WECAN. This position will remain open until filled.

School District of Laona Attn: Larry Palubicki – District Administrator 5216 Forest Ave Suite A Laona, WI 54541 This institution is an equal opportunity employer.

#### Forest County Sheriff's Office Job Notice

Forest County Sheriff's Office is now accepting applications for Full-Time Correctional Officers \*No experience needed\*

<u>\$20.41/hr and 80 hours</u> of vacation after 1 year of employment <u>QUALIFICATIONS</u>: Must be age 18 or older, no felony convictions, have a high school diploma or GED, and have a valid Wisconsin driver's license. <u>SALARY & BENEFITS</u>: 40 Hours of Vacation after 90 days, Pay Wage and Vacation time increases with longevity. Benefits include: Wisconsin Retirement Fund, Health Insurance, Life Insurance, Sick Leave, Vacation Time, 9 Paid Holidays, Uniform Allowance, and Deferred Compensation. <u>APPLY</u>: Application and background packet available at the Forest County Sheriff's Department or Submit Wisconsin Law Enforcement Standards Board Form DJ-LE-330 Application. Email applications to: jmarvin@forestcountysheriff.org or awalrath@forestcountysheriff.org.

Mail applications to: Chief Deputy Alex Walrath Forest County Sheriff's Office 100 South Park Avenue

Crandon, WI 54520

Applications also available at the Forest County Sheriff's Office or online at https://wilenet.widoj.gov/employment/employment-opportunities/780 or at https://wilenet.widoj.gov/training-standards/officer-training-employment-and-reciprocity

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Please supply a valid phone number & email address on your application.

<u>NOTE</u>: Successful applicants will be required to submit to a written examination, oral interviews, background investigation, physical fitness test and drug testing.

AN EQUAL OPPORTUNITY EMPLOYER

#### Baldwin brings home \$1.5 Million for Wildfire Research

## Findings will help improve early detection, support emergency response, and keep communities safe

U.S. Senator Tammy Baldwin (D-WI) announced that the University of Wisconsin, in partnership with the Cooperative Institute for Meteorological Satellite Studies, will receive \$1.49 million to conduct research into how to better forecast, detect, and respond to wildfires through the Baldwin-backed Bipartisan Infrastructure Law.

"For decades, the University of Wisconsin has been a pioneer in satellite forecasting and I am proud to help our world-class researchers continue that legacy to meet the challenges communities across the country are facing today," said Senator Baldwin. "As Wisconsin sees increased rates of drought and wildfire, having the ability to forecast, monitor, and support emergency response to these events will protect our treasured outdoors and keep our PIONEER EXPRESS PAGE 11, JANUARY 22, 2024



# 

HEALTH & REHABILITATION CENTER

## NOW HIRING

### RNS, LPNS, ADON

additional 40 Hours of PTO to start with for Full-time RN/LPN and continue to accrue PTO as you work

<u>CNA</u>

Sign on Bonus o \$10,000 (Full Time Only)

## **HOUSEKEEPING DIRECTOR**

Sign on bonus of **\$1,000** (Full Time Only)

**PM COOK** - (Part Time)

## **HOUSEKEEPING**

Sign on bonus of **\$1,000** (Full Time Only)

## **MDS Coordinator**

(Part Time) Medical background needed

## Maintenance Apprentice

(Full Time)

For more information, contact HR at 715-674-4477 or e-mail: bom@nuroc-health.com

www.nuroc-health.com

Where Compassion and Healing Come Together.

# HELP WANTED FOREST TOOL

Forest Tool in Crandon is accepting applications for several positions: General Machinist

#### CNC 3 Axis Mill Operator/ Programmer CNC Lathe Operator

Applicants with machining and CNC experience are welcome to apply. Full time hours with Benefits and Competitive pay based on experience. Will to learn and have ability to plan and complete projects on time for customer schedules is required.

Forest - Tool builds Injection Molds, Stamping Dies and also provides production machining. Manual and CNC machines are commonly utilized.

Please call 715-478-5870 for more information.

## Help Wanted Public Health Nurse

Forest County Health Department is accepting applications for a full-time (40 hours per week, 4-10 hour days) Public Health Nurse. There will be an occasional need to work evening and/or weekend hours. Qualified candidates must have a Bachelor's Degree in Nursing. Preferred applicants will have experience in community health and public health competencies.

Wabeno School
Breakfast Menu
Jan. 22-26
Monday - Breakfast tacos,
apple churros, tropical
fruit, fruit juice, milk
Tuesday - Assorted
cereal, grapes, fruit juice,
milk
Wednesday - NO
SCHOOL
Thursday - French toast
sticks, bacon, kiwi, fruit
juice, milk
Friday - Breakfast
sandwich, banana, fruit
juice, milk

Wabeno School	0
Lunch Menu	١,
Jan. 22-26	
Monday -Chicken	0
dumpling soup, W.G. bread	
sticks, apple slices, garden	1
bar, milk	H
<b>Tuesday</b> – Turkey	f
croissant, chips, green	
beans, berry cup, garden	1
bar, milk	
Wednesday - NO	1
SCHOOL	0
Thursday - Crispito,	1
Spanish rice, corn, tropical	
fruit, garden bar, milk	1
Friday - Assorted pizza,	
garlic bread, California	
blend, Mandarin oranges,	6
garden bar, milk	t

communities safe for years to come."

This award will support research at the University of Wisconsin-Madison, which may include developing early detection and forecasting tools, including satellite-based fire detection systems that send alerts as soon as a fire starts. These advances will help firefighters, emergency managers, local officials, and frontline communities protect life and property by detecting fires earlier and expanding lead times for fire weather warnings and alerts.

Since 1980, the University of Wisconsin-Madison and the National Oceanic and Atmospheric Administration (NOAA) have partnered through the Cooperative Institute for Meteorological Satellite Studies to advance weather and climate research and improve forecasts and climate trend analyses.

NOAA announced the funding along with 16 other research awards to academic partners at six Cooperative Institutes, totaling \$34.3 million in Bipartisan Infrastructure Law funds. The Bipartisan Infrastructure Law, which Senator Baldwin supported, provides nearly \$3 billion for NOAA to take action over five years in the areas of habitat restoration, coastal resilience, and weather forecasting infrastructure. The wage for this position is \$29.29 per hour.

Application and position description may be obtained at <u>www.co.forest.wi.gov</u> or in the County Clerk's Office, Forest County Courthouse, 200 East Madison Street, Crandon, WI 54520. Applications will be accepted until the position is filled.

Forest County is an Equal Opportunity Employer



New legislation on has made it easier for individuals and families to secure affordable coverage through the marketplace, even if they are offered employer coverage. Coverage for family members is determined based on the cost of family coverage.

We would like to take this time to remind you, if you missed the December Open Enrollment you can still secure health coverage for 2023 starting February 1st.

germinate. This propagation condition is known as stratification. In the fall, try sowing

cycles. If you've ever put water in the freezer, you've likely noticed that it expands when it turns to ice. This also happens to soil water in the frost layer. As water in the ground becomes solid, it expands and squeezes soil materials together. Ice also pushes soils upward, causing the ground to heave. Freeze-thaw cycles can severely damage plants by

The frost layer can be several feet deep, though many factors influence how far down it goes. If a lot of snow falls on the ground early in the winter, it can serve as a blanket for the soil underneath.

Organic matter plays a role in insulating soil, holding in heat stored below ground during the warmer months. The organic matter can be mulch or compost. Gardeners add organic matter around the plants, or allow leaves that fall naturally to remain around the plants. Dried leaves from plants, if left for spring removal, also provide soil and root insulation.

Perennial plants that grow in colder climates, such as many grasses, trees, and shrubs, are able to withstand freezing. They develop root systems below the frost layer. The root systems of these plants perform a number of tasks that protect them from the cold. Roots can release a lot of water from their cells into the surrounding soil. This allows roots to endure colder temperatures without the risk of internal water expanding and damaging root cells. Water within root cells also contains higher concentrations of sugars and salts. They both assist in lowering the freezing point of water inside and between the cells - much like antifreeze!

While winter soil may freeze to depths beyond which the bulbs are planted, soil temperature will rarely fall below 29-30° F. At these temperatures, water in the cells of the bulb may freeze, but the cells will not be harmed. The cold temperature triggers starches in the bulbs to break down into glucose and other molecules which acts to lower the temperature at which water freezes and protects the cells of the bulbs. Many soil-dwelling animals burrow below the frost layer to survive the winter months. These include insects, frogs, snakes, turtles, worms, and gophers. Some will hibernate. Others simply live on the food that they have collected for their long "vacation" deep underground. A great number of soil animals have evolved to withstand temperatures below freezing. At least five frog species in North America make their own natural antifreeze. This allows them to become completely frozen for long times without suffering any serious damage to the structures of their cells.

Contact Cheri and she can help you secure health coverage based on your needs at NO CHARGE to you!

**CHERI WILSON** | ACCOUNT EXECUTIVE 715-478-2215 | CWILSON@ROBERTSONRYAN.COM

100 S Lake Avenue, Crandon, WI 54520 | 715-478-2215 | www.northwoodsinsurance.com

Soil Microbes — bacteria and fungi that live in the soil year-round — can be active in winter months. In Wisconsin, once spring comes, the microbes become even more active. This ensures the biodiversity that is so important to keep plant and animal life healthy.

For more information contact Steve Kircher, County Conservationist-Land Information/GIS Director at 715-478-1387 or by e-mail at Icc@co.forest.wi.us.

